

Sunday / Domingo

Beach Area
NOON O, D
2:00PM O, JT, \$
6:00PM O, SD
6:30PM O, TO, WC
7:30PM O, JT, WC, \$
7:30PM O, CL
9:00PM O, CL, D

Central Area
8:30AM O, D, WC
9:00AM O, JT, WC
NOON O, D, WC, \$
NOON O, D, \$
5:00PM O, WC, LC
6:30PM O, WC, L, \$
7:00PM O, D, \$
7:30PM O, JT, WC, \$
8:00PM O, D, GL, \$
8:15PM O, D, WC

Habla Hispana Area
9:00AM O, BL, M, \$
NOON O, D, JT, WC, ES, SB, \$
7:00PM O, JT, WC, ES, SB, \$
7:00PM O, BL, JT, WC, \$
7:00PM O, D, JT, WC, ES, SB, \$
7:30PM O, D, JT, ES, SB, \$

Imperial Valley Area
9:00AM O, D, WC

North Coastal Area
9:00AM O, D, WC
1:30PM O, TO, WC
5:00PM C, SD, W, WC
6:30PM O, D, WC
7:00PM O, D
7:00PM O, CL, D, WC
7:30PM O, SD, TO

North County Inland Area
9:00AM C, D, WC
12:30PM O, D, TO
6:30PM C, D, TO
6:30PM O, D, TO
7:00PM O, D, TO
7:15PM O, TO, SB

South Bay Area
10:30AM O, D, WC, \$
5:00PM O, D, WC, \$
7:30PM O, D, WC
8:00PM O, CL, D

South East Barrio Area
9:00AM C, M
5:00PM O, BT, W
6:30PM O, D, WC
7:30PM O, D, TO

United East County Area
10:00AM O, TO, WC, \$
10:15AM O, TO, WC
10:30AM O, D, WC, \$
3:30PM C, BT, IW, WC
5:00PM O, D, WC
7:00PM O, SD, WC, \$
7:00PM O, TO, WC, \$
7:30PM O, TO, WC
8:00PM O, IW, ST, TR, WC, \$
8:00PM O, D, WC

Monday / Lunes

Beach Area
NOON O, JT, \$
4:00PM O, JT
5:30PM C, D, M, \$
5:45PM O, D, WC, \$
6:00PM C, TO, W, \$
6:30PM O, D, ST, WC
9:30PM O, CL, D, WC, \$

Central Area
8:30AM O, D
9:00AM O, D, \$
NOON O, D, \$
NOON O, D, WC, \$
1:30PM O, TO, \$
4:00PM O, D, WC, \$
6:00PM O, D, M, WC
6:30PM C, TO
6:30PM C, IW, ST, \$
6:30PM O, D

Monday / Lunes (cont)

Central Area
7:15PM C, D, WC, L
8:00PM O, D, GL
10:00PM O, D
2877 Governor Dr, University City, 92122
1050 Thomas Ave, Pacific Beach, 92109, upstairs alley (church)
4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117 (shop)

Habla Hispana Area
7:00PM O, D, JT, WC, ES, SB, 2004 Ocean View Boulevard, San Diego, 92113
7:00PM O, BL, JT, TO, ES, SB, 73 N 2nd Avenue, Chula Vista, 91910, rear alley
7:00PM O, BL, JT, WC, \$ 1324 3rd Ave. #2, Chula Vista, 91911
7:00PM O, JT, WC, ES, SB, \$ 120 National City Boulevard, National City, 91950
7:30PM O, D, SG, ST, ES, SB, \$ 4776 El Cajon Boulevard, San Diego, 92115, Suite 204

Imperial Valley Area
7:00PM O, BL
Pine Avenue & W 7th Street, Holtville, 92250, house next to church

North Coastal Area
7:00AM O, BT, D, JT
9:00AM O
6:45PM C, WC, L
7:00PM O, D
7:45PM O, D
7:45PM O, D, JT, WC
8:00PM C, BT, CL
605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri)
2821 Oceanside Blvd, Oceanside, 92054, ctr (Mon-Fri)
258 Beech Ave, Carlsbad, 92008, barn
Oceanside Pier, Oceanside, 92054, fire ring south of
987 Civic Center Dr, Vista, 92083
3985 Mission Ave, Oceanside, 92057, church
552 S El Camino Real, Encinitas, 92024, upstairs

North County Inland Area
NOON O, D, WC
7:00PM O, D, \$
7:00PM O, JT, WC, SB
7:30PM O, D
7:30PM O, D
795 N Rose St, Escondido, 92027, church; rm 9
404 8th St, Ramona, 92065, church (8th & D St)
2000 Reche Rd, Fallbrook, 92028, church
845 Chestnut Street, Escondido, 92025 (Church)
1690 E Valley Parkway, Escondido, 92026

South Bay Area
10:00AM O, D, WC, \$

NOON O, JT, WC, \$
6:30PM C, ST, W, WC, \$
7:30PM O, D
8:00PM O, ST, WC, \$
10:00PM O, D, WC

South East Barrio Area
6:30PM O, D, SD, W
7:00PM C, M, WC, L
1415 Roosevelt Avenue, National City, 91950, church/club
5065 Logan Ave #103, San Diego, 92113 (Club)

United East County Area
9:00AM O, D, WC
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
1153 East Madison Avenue, El Cajon, 92021, Wells Park
9940 River Street, Lakeside, 92040, Lakeside Hotel
8790 Cuyamaca Street Suite D, Santee, 92071, Step by Step Serenity Shop
1777 Buckman Springs Road, Campo, 91906, Freedom Ranch
201 E Douglas Avenue, El Cajon, 92020, Library
490 Farragut Circle, El Cajon, 92020, Church
8350 Lake Murray Boulevard, San Diego, 92119, upstairs, church
9940 River Street, Lakeside, 92040, Lakeside Hotel

Tuesday / Martes

Beach Area
NOON O, JT, \$
4:00PM O, D, \$
6:00PM O, D, W
6:30PM O, D, \$
6:30PM O, D, WC, \$
7:30PM O, D
8:00PM O, ST, TR, \$

Central Area
8:30AM O, D
9:00AM O, D, \$
NOON O, D, \$
NOON O, D, \$
4:00PM O, D, \$
4:00PM O, D, WC, \$
4:00PM O, BT, \$
5:30PM O, TO, W, \$
6:00PM O, W, \$
6:30PM O, D, WC
6:45PM O, D
7:30PM O, D, WC, SB, \$
7:45PM O, D
9:00PM O, D

Habla Hispana Area
7:00PM O, JT, WC, ES, SB, \$ 120 National City Boulevard, National City, 91950
7:00PM O, BL, JT, WC, ES, \$ 8086 Lemon Grove Way, San Diego, 91945
7:00PM O, BL, WC, ES, \$ 1324 3rd Ave., #2, Chula Vista, 91911
7:00PM O, BL, JT, TO, ES, \$ 73 N 2nd Avenue, Chula Vista, 91910, rear alley
7:00PM O, D, JT, WC, ES, SB, \$ 2004 Ocean View Boulevard, San Diego, 92113
7:30PM O, JT, ES, SB, \$ 4776 El Cajon Boulevard, San Diego, 92115, Suite 204

Imperial Valley Area
5:30PM O, D, WC
7:00PM O, BT, IW, WC
H Street & S 3rd Street, Brawley, 92227, church - rear rm
564 Broadway Street, El Centro, 92243, Club

North Coastal Area
7:00AM O, BT, D, JT
9:00AM O
5:00PM O, LC
6:00PM C, D
7:00PM C, D, M, WC
7:00PM O, D, W
7:30PM C, D, WC
7:30PM O, D, WC
7:30PM M, ST
7:30PM C, 5
8:00PM O, D, YP
NOON O, D
6:30PM O, D
7:00PM O, TO, L
7:00PM O, B, D
7:30PM O, B, TO, WC
10:00AM O, D, WC, \$
605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri)
2821 Oceanside Blvd, Oceanside, 92054, ctr (Mon-Fri)
258 Beech Ave, Carlsbad, 92008, barn
510 W. Vista Way, Vista, 92083 (Rm. 2)
Pacific St & Tyson St, Oceanside, 92054, park
3220 Mission Avenue, Oceanside, 92058, center
102 N Freeman, Oceanside, 92054, church
1501 Kelly St, Oceanside, 92054, church
4002 Vista Way, Oceanside, 92056, hospital basement - classroom 5
987 Civic Center Dr, Vista, 92083
215 Ninth St, Del Mar, 92014, school
795 N Rose St, Escondido, 92027, church; rm 9
Hwy 79 & School House Cyn Rd, Santa Ysabel, 92065
13939 Poway Rd., Poway, 92064, Poway Alano Club (Suites 10 & 11)
1690 E. Valley Parkway, Escondido, 92026, club
404 8th St., Ramona, 92065, church (8th & D St)
845 Chestnut St, Escondido, 92025, church
810 Imperial Beach Boulevard, Imperial Beach, 91932, I.B. Library
494 E Street, Chula Vista, 91910
750 Ada Street, Chula Vista, 91911, Rec Center
1829 K Avenue, National City, 91950, Apt #3
455 Palm Avenue, Imperial Beach, 91932, Basement Hall
Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, pier (2nd-3rd Lgt Pole)
641 S. Boudry, San Diego, 92113, Rec Center (Front Craft Room)
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
9940 River Street, Lakeside, 92040, Lakeside Hotel
1153 East Madison Avenue, El Cajon, 92021, Wells Park
8360 Lemon Avenue, La Mesa, 91941, Church
938 E Washington Avenue, El Cajon, 92020, El Cajon Alano Club
NOON O, D, JT, WC, \$
NOON O, TO, WC, \$
7:30PM C, CL, TO, WC, \$
8:00PM O, B, D, JT, WC
NOON O, D, JT, \$
4:00PM O, BT, \$
5:45PM C, JT, WC, \$
6:30PM O, D, WC
7:00PM O, D, \$
7:30PM C, WC, 5
8:00PM O, D, WC
8:00PM O
9:00PM O, CL, D, \$
8:30AM O, D
9:00AM O, D, \$
NOON O, D, WC, \$
NOON O, D, \$
1:30PM O, TO, \$
2:00PM D, W, WC
4:00PM O, JT, WC, \$
5:30PM O, D, W
5:45PM C, D, WC, L
6:45PM C, M
7:00PM O, D, \$
7:15PM C, BT, ST, WC
8:00PM O, D, TO, WC
8:15PM O, D, GL, WC, \$
Habla Hispana Area
7:00PM O, JT, WC, ES, SB, \$ 120 National City Boulevard, National City, 91950
7:00PM BL, CL, JT, WC, \$ 1324 3rd Ave., #2, Chula Vista, 91911
7:00PM O, D, JT, WC, ES, SB, \$ 2004 Ocean View Boulevard, San Diego, 92113
7:30PM O, D, JT, TR, ES, SB, \$ 4776 El Cajon Boulevard, San Diego, 92115, Suite 204
North Coastal Area
7:00AM O, BT, D, JT
9:00AM O
5:00PM O, LC
6:00PM C, D
7:00PM C, D, M, WC
7:00PM O, D, W
7:30PM C, D, WC
7:30PM O, D, WC
7:30PM M, ST
7:30PM C, 5
8:00PM O, D, YP
North County Inland Area
NOON O, D
6:30PM O, D
7:00PM O, TO, L
7:00PM O, B, D
7:30PM O, B, TO, WC
South Bay Area
10:00AM O, D, WC, \$
810 Imperial Beach Boulevard, Imperial Beach, 91932, I.B. Library
494 E Street, Chula Vista, 91910
750 Ada Street, Chula Vista, 91911, Rec Center
1829 K Avenue, National City, 91950, Apt #3
455 Palm Avenue, Imperial Beach, 91932, Basement Hall
Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, pier (2nd-3rd Lgt Pole)
641 S. Boudry, San Diego, 92113, Rec Center (Front Craft Room)
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
9940 River Street, Lakeside, 92040, Lakeside Hotel
1153 East Madison Avenue, El Cajon, 92021, Wells Park
8360 Lemon Avenue, La Mesa, 91941, Church
938 E Washington Avenue, El Cajon, 92020, El Cajon Alano Club
NOON O, D, JT, WC, \$
NOON O, TO, WC, \$
7:30PM C, CL, TO, WC, \$
8:00PM O, B, D, JT, WC
NOON O, D, JT, WC, \$
NOON O, D, WC, \$
6:00PM O, D, \$
6:30PM O, D, \$
7:15PM O, D
8:00PM O, D, WC
8:00PM O, D, WC, \$
8:00PM O, D, WC
9:00AM O, D, WC
NOON O, D, JT, WC, \$
NOON O, TO, WC, \$
6:00PM O, D, WC
6:30PM O, TO, WC
7:00PM LC
4:00PM O, \$
5:00PM O, D, WC
6:30PM O, SO, \$
6:30PM O, D, WC, \$
8:15PM O, GL, TO
8:15PM O, D, \$
10:00PM O, D
7:00PM O, JT, ES, SB, \$
7:00PM O, BL, JT, TO, WC, ES, \$
7:00PM O, JT, WC, ES, SB, \$
7:00PM O, BL, JT, WC, \$
7:30PM O, JT, ES, SB, \$
Imperial Valley Area
6:00PM O, BL, D, WC
H Street & S 3rd Street, Brawley, 92227, church - rear rm
North Coastal Area
7:00AM O, BT, D, JT
9:00AM O
1:30PM O, TO, WC
6:30PM C, TO, WC
7:00PM O, BT, IW, WC
7:00PM O, D, WC, ES
7:00PM O, D, SD, WC
8:00PM O, D
6:00PM O, D, W
7:00PM O, D
7:30PM O, D
8:00PM O, BT
10:00AM O, D, WC
NOON O, JT, WC, \$
6:30PM O, D, WC, \$
7:30PM O, D, WC
9:00PM O, D, WC
South East Barrio Area
4:00PM O, D, WC
6:15PM O, TO, WC
6:30PM O, D, WC
8:00PM O, D
6:30PM O, D, WC
8:00PM O, D
9:00AM O, D, WC
NOON O, TO, WC, \$
NOON O, D, JT, WC, \$
1:00PM O, D, W, WC
6:00PM O, D, W, WC
6:30PM O, TO, WC
7:30PM C, D, M, WC, \$
7:30PM C, D, JT, WC
United East County Area
9:00AM O, D, WC
NOON O, TO, WC, \$
NOON O, D, JT, WC, \$
1:00PM O, D, W, WC
6:00PM O, D, W, WC
6:30PM O, TO, WC
7:30PM C, D, M, WC, \$
7:30PM C, D, JT, WC

Tuesday / Martes (cont)

North Coastal Area
9:00AM O
1:30PM O, TO, WC
1:45PM O, BT, D, JT
6:30PM O, D, WC
6:30PM O, D, GL, JT, WC
6:30PM O, BT, D, W, WC
7:00PM O, D, JT, WC
7:30PM C, D, M, WC
7:30PM C, ST, TR, W, WC
8:00PM O, D, WC

North County Inland Area
NOON O, D, WC
6:00PM O, D, L
6:00PM O, D
6:30PM O, D, W
7:00PM O, CL, \$
7:30PM O, D

South Bay Area
10:00AM O, D, WC, \$
NOON O, JT, WC, \$
6:30PM O, D, WC, YP, \$
7:15PM O, D, WC, \$
7:30PM O, JT, WC
9:00PM O, D, WC
810 Imperial Beach Boulevard, Imperial Beach, 91932, I.B. Library
494 E Street, Chula Vista, 91910
750 Ada Street, Chula Vista, 91911, Rec Center
1829 K Avenue, National City, 91950, Apt #3
455 Palm Avenue, Imperial Beach, 91932, Basement Hall
Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, pier (2nd-3rd Lgt Pole)
641 S. Boudry, San Diego, 92113, Rec Center (Front Craft Room)

United East County Area
9:00AM O, D, WC
NOON O, D, JT, WC, \$
NOON O, TO, WC, \$
7:30PM C, CL, TO, WC, \$
8:00PM O, B, D, JT, WC
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
9940 River Street, Lakeside, 92040, Lakeside Hotel
1153 East Madison Avenue, El Cajon, 92021, Wells Park
8360 Lemon Avenue, La Mesa, 91941, Church
938 E Washington Avenue, El Cajon, 92020, El Cajon Alano Club
NOON O, D, JT, WC, \$
NOON O, TO, WC, \$
7:30PM C, CL, TO, WC, \$
8:00PM O, B, D, JT, WC

South East Barrio Area
6:15PM C, M
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
9940 River Street, Lakeside, 92040, Lakeside Hotel
1153 East Madison Avenue, El Cajon, 92021, Wells Park
8360 Lemon Avenue, La Mesa, 91941, Church
938 E Washington Avenue, El Cajon, 92020, El Cajon Alano Club
NOON O, D, JT, WC, \$
NOON O, TO, WC, \$
7:30PM C, CL, TO, WC, \$
8:00PM O, B, D, JT, WC

Wednesday / Miércoles

Beach Area
NOON O, JT, \$
4:00PM O, BT, \$
5:45PM C, JT, WC, \$
6:30PM O, D, WC
7:00PM O, D, \$
7:30PM C, WC, 5
8:00PM O, D, WC
1050 Thomas Ave, Pacific Beach, 92109 (Mon-Sat)
4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117
1008 Santa Clara Pl, Mission Beach, 92109, rec ctr
615 Prospect St, La Jolla, 92037, rec ctr
4141 Pacific Coast Hwy, San Diego, 92140
4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117
8322 Clairemont Mesa Blvd Suite 114, Clairemont Mesa, 92111, Kearny Office Park Building
4861 Cass St, Pacific Beach, San Diego, 92109, clubhouse
4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117 (shop)

Central Area
8:30AM O, D
9:00AM O, D, \$
NOON O, D, WC, \$
NOON O, D, \$
1:30PM O, TO, \$
2:00PM D, W, WC
3295 Meade Ave, Normal Heights, 92116, Chapel facing 33rd Street (Mon-Fri)
1944 30th St, South Park, 92102, club (Mon-Sat)
3636 Ruffin Rd, Kearny Mesa, 92123, back bldg (Mon-Fri)
Oregon @ Howard St, North Park, 92104, park (Mon-Sun)
1944 30th St, South Park, 92102, club
8665 Gibbs Drive Suite 150, San Diego, 92123 (Childcare Provided)
1550 Market Street, San Diego, 92101, NW Corner (Use Handicapped Entrance on Market)
6244 El Cajon Blvd. #22, San Diego, 92115, L.I.F.E Community Center
2804 Adams Avenue, San Diego, 92116 (Side of Coffee Shop)
1944 30th St, South Park, 92102, club
3030 Thorn St, San Diego, 92104, church
6244 El Cajon Blvd #22, San Diego, 92115, L.I.F.E Community Center
4590 Park Blvd, San Diego, 92116, Next to Coffee Shop
1730 Monroe Avenue, San Diego, 92116, Alano Club (Corner of Monroe and Park Blvd)

Habla Hispana Area
7:00PM O, JT, WC, ES, SB, \$ 120 National City Boulevard, National City, 91950
7:00PM O, ES, SB, \$ 73 N 2nd Avenue, Chula Vista, 91910, rear alley
7:00PM BL, CL, JT, WC, \$ 1324 3rd Ave., #2, Chula Vista, 91911
7:00PM O, D, JT, WC, ES, SB, \$ 2004 Ocean View Boulevard, San Diego, 92113
7:30PM O, D, JT, TR, ES, SB, \$ 4776 El Cajon Boulevard, San Diego, 92115, Suite 204
605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri)
2821 Oceanside Blvd, Oceanside, 92054, ctr (Mon-Fri)
1430 N Coast Highway 101, Encinitas, 92024, club
102 N Freeman, Oceanside, 92054, church
2260 Watson Way, Vista, 92083, ctr
987 Civic Center Drive, Vista, 92083
258 Beech Ave, Carlsbad, 92008, barn
1400 Vale Terrace Dr., Vista, 92084, park (Across the street from the Seniors Center)
504 West Vista Way, Vista, 92083
2821 Oceanside Blvd, Oceanside, 92054, ctr
Fire Ring South of Pier, Oceanside, 92054

Wednesday / Miércoles (cont)

South Bay Area
NOON O, JT, WC, \$
7:30PM O, D, WC, \$
9:00PM O, D, WC
494 E Street, Chula Vista, 91910
580 Hilltop Drive, Chula Vista, 91910, Church
Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, pier (2nd-3rd Lgt Pole)

South East Barrio Area
6:15PM O, D, TO
7:45PM O, D, WC
6145 Imperial Ave., San Diego, 92114
1127 S 38th Street, San Diego, 92113

United East County Area
9:00AM O, D, WC
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
9940 River Street, Lakeside, 92040, Lakeside Hotel
1153 East Madison Avenue, El Cajon, 92021, Wells Park
1777 Buckman Springs Road, Campo, 91906, Freedom Ranch
6901 Central Avenue, Lemon Grove, 91945, Lemon Grove Alano Club
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
1400 North Johnson Avenue Suite 101, El Cajon, 92020, Rear Entrance
9940 River Street, Lakeside, 92040, Lakeside Hotel

Beach Area
5:45AM O, D, \$
NOON O, JT, \$
4:00PM O, D
6:00PM O, D, \$
6:30PM O, D, \$
7:15PM O, D
8:00PM O, D, WC
8:00PM O, D, WC, \$
8:00PM O, D, WC
4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117
1050 Thomas Ave, Pacific Beach, 92109 (Mon-Sat)
4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117
2088 Beryl Street, Pacific Beach, 92109, church
4124 Mt Abraham Ave, Clairemont Mesa, 92111, church hall
4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117
3350 LA Jolla Village Drive, San Diego, 92138, hosp day rm 2
2088 Beryl Street, Pacific Beach, 92109, church
Marion Way @ USD, Linda Vista, 92123, Hall

Thursday / Jueves

Central Area
8:30AM O, D
9:00AM O, D, \$
NOON O, D, WC, \$
NOON O, D, \$
3:00PM LC
4:00PM O, \$
5:00PM O, D, WC
6:30PM O, SO, \$
6:30PM O, D, WC, \$
8:15PM O, GL, TO
8:15PM O, D, \$
10:00PM O, D
3295 Meade Ave, Normal Heights, 92116, Chapel facing 33rd Street (Mon-Fri)
1944 30th St, South Park, 92102, club (Mon-Sat)
3636 Ruffin Rd, Kearny Mesa, 92123, back bldg
Oregon @ Howard St, North Park, 92104, park (Mon-Sun)
4590 Park Blvd, University Heights, 92116
72 17th St, San Diego, 92101, ring buzzer 4 back rm
6244 El Cajon Blvd. #22, San Diego, 92115, Life Community Center
4590 Park Blvd, University Heights, 92116, coffee house
1944 30th St, South Park, 92102, club
3767 Central Ave, San Diego, 92105, ctr
950 Orange Ave, Coronado, 92118, Club behind coffee shop
6244 El Cajon Blvd, San Diego, L.I.F.E. Community Center (Suite 22)

Habla Hispana Area
7:00PM O, JT, ES, SB, \$
7:00PM O, D, JT, WC, ES, SB, \$
7:00PM O, BL, JT, TO, WC, ES, \$
7:00PM O, JT, WC, ES, SB, \$
7:00PM O, BL, JT, WC, \$
7:30PM O, JT, ES, SB, \$
3288 El Cajon Boulevard, San Diego, 92104, Suite 3 /10
2004 Ocean View Boulevard, San Diego, 92113
2821 Oceanside Blvd., suite L, Oceanside, 92054
120 National City Boulevard, National City, 91950
1324 3rd Ave., #2, Chula Vista, 91911
4776 El Cajon Boulevard, San Diego, 92115, Suite 204

Imperial Valley Area
6:00PM O, BL, D, WC
H Street & S 3rd Street, Brawley, 92227, church - rear rm
North Coastal Area
7:00AM O, BT, D, JT
9:00AM O
1:30PM O, TO, WC
6:30PM C, TO, WC
7:00PM O, BT, IW, WC
7:00PM O, D, WC, ES
7:00PM O, D, SD, WC
8:00PM O, D
605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri)
2821 Oceanside Blvd, Oceanside, 92054, ctr (Mon-Fri)
258 Beech Ave, Carlsbad, 92008, park
3256 Madison St, Carlsbad, 92008, hall
715 Valley Avenue, Solana Beach, 92075, rec ctr
2821 Oceanside Blvd, Oceanside, 92054, ctr
4700 N. River Road, Oceanside, 92057, center (Speaker & Potluck 1st Thur)
987 Civic Center Drive, Vista, 92083

North County Inland Area
6:00PM O, D, W
7:00PM O, D
7:00PM O, D
7:30PM O, D
8:00PM O, BT
13939 Poway Rd., Poway, 92064, Poway Alano Club (suite 10 & 11 (small room))
795 N Rose St, Escondido, 92027, church rm 9
3064 Borrego Valley Rd., Borrego, 92004
Lilac & Valley Center Rd, Valley Center, 92082, comm hall
12196 E Pala Mission Rd, Pala, 92059, hall
1710 Montecito Rd., Ramona, 92065, RRC Bldg.

South Bay Area
10:00AM O, D, WC
NOON O, JT, WC, \$
6:30PM O, D, WC, \$
7:30PM O, D, WC
9:00PM O, D, WC
810 Imperial Beach Boulevard, Imperial Beach, 91932
494 E Street, Chula Vista, 91910
226 Church Avenue, Chula Vista, 91910
1829 K Avenue, National City, 91950, Apt #3
Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, pier (2nd-3rd Lgt Pole)

South East Barrio Area
4:00PM O, D, WC
6:15PM O, TO, WC
6:30PM O, D, WC
8:00PM O, D
5065 Logan Ave #103, San Diego, 92113
641 S Boundary Street, San Diego, 92113, West Corner (Rec Center)
6443 Imperial Ave, San Diego, 92114
73 N 2nd Avenue, Chula Vista, 91910, Center (speaker, 3rd Thursday)

United East County Area
9:00AM O, D, WC
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
1153 East Madison Avenue, El Cajon, 92021, Wells Park
9940 River Street, Lakeside, 92040, Lakeside Hotel
4490 Williams Ave., La Mesa, 91941, Parent Care East Treatment Center
9940 River Street, Lakeside, 92040, Lakeside Hotel
9573 Los Coches Road, Lakeside, 92040, Church
8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
20047 Viejas Grade Rd, Alpine, 91901, Nativity of The Blessed Virgin Mary Catholic Church (Utility Room)

San Diego Imperial Counties Region

Meeting Schedule (398 Meetings a Week)

Printed on: MAY 21 2018



Regional Contact Info
 WebServant@sandiegona.org
 www.sandiegona.org
 Literature Sales (619) 584-2004

24 Hr Phonelines
 English (619) 584-1007
 Toll Free (800) 479-0062
 Espanol (619) 546-0774
 North County (866) 331-1958

Regional Service Office: 4689 Felton St., San Diego, CA. 92116
 Mailing Address: P.O. Box 16505 San Diego, CA. 92176
 Business Line: (619) 584-1010 Fax Line: (619) 584-6269
 World Service Office: P.O. Box 9999, Van Nuys, CA. 91409
 www.na.org (818) 773-9999 FAX: (818) 700-0700

Any addict is welcome at any meeting at any time!

Legend
 O Open for the general public to attend
 C Closed meeting for addicts only or those who may have a drug problem

5	5th & 10th Step	B	Beginners
BL	Bi-Lingual	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	ES	Spanish Speaking Meeting
GL	Gay/Lesbian/Transgender	IW	It Works - How and Why
JT	Just for Today	L	Literature Study
LC	Living Clean Book Study	M	Men
O	Open	SB	Smoke Break
SD	Speaker/Discussion	SG	Step Working Guide
SO	Speaker Only	ST	Step
TO	Topic	TR	Tradition
W	Women	WC	Wheelchair
YP	Young People	§	Stamp

Note: Child care is NOT provided by Narcotics Anonymous!

"Take my will and my life. Guide me in my recovery. Show me how to live."

Cualquier adicto es bienvenido en cualquier reunión en cualquier momento!

Simbología

O Reuniones abiertas al público en general
 C Reuniones cerradas, sólo para adictos o para quienes crean tener un problema de drogas

B	Para el recién llegado	BL	Bilingüe
BT	Texto Básico	C	Cerrado
CL	Luz de vela	D	Discusión
ES	Hablando español	GL	Gay/Lesbiana
IW	Funciona - Cómo y Porqué	JT	Solo por Hoy
M	Hombres	O	Abierta
SB	Rotura del humo	SD	Orador/Discusión
SG	Guía Para Trabajar los Pasos	SO	Solamente Orador
ST	Paso	TO	Tema
TR	Tradición	W	Mujeres
WC	Silla de Ruedas	YP	Jovenes
§	Sello		

Nota: cuidado de niños no es proporcionada por Narcóticos Anónimos!

"Toma mi voluntad y mi vida. Guíame en mi recuperación. Enséñame cómo vivir."

REGIONAL SUBCOMMITTEES - Held at the RSO - 4689 Felton St. San Diego, CA 92116		
Activities Subcommittee:	1st Wednesday	6:30pm
Board of Trustees:	1st Thursday	7:30pm
Convention Subcommittee:	3rd Sunday	6:30pm
H&I Subcommittee:	4th Thursday	6:30pm
NA Behind the Walls:	1st Monday	6:00pm
NA Youth Committee:	3rd Tuesday	7:00pm
Outreach Subcommittee:	1st Tuesday	7:30pm
Phoneline Orientation:	1st Sunday	11:00am
Phoneline Workgroup:	1st Sunday	Noon
Policy Subcommittee:	1st Thursday	6:30pm
Public Information Subcommittee:	2nd Wednesday	6:30pm
Public Relations Subcommittee:	1st Monday	6:30pm
RSO Board of Directors:	1st & 3rd Saturday	10:30am
Regional Service Committee:	2nd Saturday	1:00pm
Website Workgroup:	2nd Saturday	10:30am

AREA SUBCOMMITTEES -- All GSR Orientations 1/2 hour prior to ASC

**Beach Area		
ASC:	Tom R 619-884-2005	1st Sat 3:00pm
H&I:	Bob G 619-884-5250	2nd Wed 6:00pm Jan, April, July & Oct
Activities:	Patrick 619-992-5933	T-Shirts: Randy V 619-408-3233
Conv Liaison:	Vacant	Outreach: Willie 858-717-3685
Lit Sales:	Michelle E 619-507-2435	Asst Lit Sales: Vacant
Lit Review:	Heather S 619-517-2192	RSO Liaison: Dianne H 858-935-9066
**Central Area		
ASC:	Michelle V. 858-568-1293	4th Sat 9:30am
H&I:	Catherine C. 619-634-4559	3rd Wed 6:00pm
Activities:	Jenn 619-301-6062	2&4th Sun 5:30pm
Outreach:	Richard 619-208-9723	4th Sat 9:15am
Public Info:	Roy D. 619-888-8911	
Vice Chair:	Vacant	RCM:
Lit Sales:		
**Area Habla Hispana		
ASC:	Mario G. (619) 408-2131	4th Sun 3pm
Activities:	Guillermo (619) 761-1878	Lit Sales: Silvia R. (619) 655-7337
Merchandise:	Vacant	Outreach: Raquel S. (619) 931-8220
Phonelines:	Maria F. (619) 274-1121	Public Info: Gerardo J.
RCM:	Maria F. (619) 274-1121	Sched Chg: Raquel S. (619) 931-8220
**Imperial Valley Area		
ASC	Pam T. 760-356-2487	Last Sat 9am
RCM:	Denise F (760-641-6324)	Every Odd Month 564 Broadway, El Centro 92243
**North Coastal Area		
ASC	David K (760) 717-5867	Last Sat 6:30pm
Activities	Chauntel B. (760) 908-4316	2&4th Sun 5:30pm
H&I	Jerry A. (760) 214-0666	1st Mon 7:00pm
T-Shirts	Brett (760) 518-8664	3rd Mon 7:00 pm
Outreach	Rafael M. (760) 500-8237	3rd Wed 9:00pm
Public Info	Will B. (760) 672-6732	3rd Sat 11:45 am
Newsletter	Eric (760) 525-9411	2nd Tues 6pm
Policy&Admin	Jeff H. (760) 691-9169	Last Sat 5:30pm
Phonelines	Jozette (760) 586-4443	Treasurer
Sched. Updates	Rafael M. (760) 500-8237	Lit Sales
RCM	Kasi (760) 304-2696	RCM Alt
**North County Inland Area		
ASC	Mike C. 760-755-0138	4th Sun 6:30pm
Activities	Holly C. 760-877-2816	2&4th Sun 5pm
H&I	Cheryl P. 760-270-2829	2nd Mon 6:00pm
Merchandise:	Vacant	1st Sun 5:00pm
Public Info:	Terry C. 858-254-2967	3rd Wed 7:00pm
Outreach:	Leilani A. 760-707-8555	4th Sun 6:00pm
Policy:	Doug D. 760-505-7338	3rd Sun 5:00pm
Convention:	Margarito C. 760-498-9320	1&3rd Sun 6:30pm
RCM:	Jonathan S. 619-841-8067	Website:
Lit Sales:	Doug D. 760-505-7338	
**South East Barrio Area		
ASC	Lee 619-564-2378	1st Sat 10:00am
Lit Sales	Mari 619-933-2846	1st Sat B4 ASC
Public Info:	Vacant	6:30pm 4th Fri
Activities:	Roy B (619-212-2290)	TBD
H&I	DW 619-248-2620	3rd Thurs 7:30pm
Merchandise:	Delane (619-838-4568)	TBD
Outreach:	Vacant	1st Sat 9:20am
RCM:	Ruben G. (619-962-0348)	
**South Bay Area		
ASC	Max A. 619-818-3882	2nd Thur 6:00pm
Activities	Dave H. 619-779-1547	1st & 3rd Tues 5:45pm
H&I:	Randy S (619 651-5919)	3rd Thur 6:30pm
Merchandise:	Reggie W (619 846-3299)	1st Thur 6:00pm
Outreach:	Anna C (619-867-5432)	Lit Sales:
RCM:	Open	Website:
Public Info:	Mac (303-217-0999)	1st Thur 6:30pm
**United East County		
ASC	Drew A. (619) 383-5959	4th Tues 6:00pm
Activities	Tom M. (619) 865-5879	3rd Tue 6:00pm
H&I:	HannahLei (619) 889-5970	2nd Sun 6:00pm
Lit Sales:	Wayne (619) 922-1779	Lit. Sales Alt
Merch/T-Shirt	Jeanette W. (619) 396-8281	3rd Sun 6:00pm
Public Info:	Paula (619) 328-7985	1st Thurs 7:00pm
Outreach:	Jim M. (619)312-5985	1st Sun 6:00pm
NA Youth	Vacant	3rd Tues 7:00pm
Convention:	Susan R. (619) 357-0878	1st&3rd Sun 6:30pm
Vice Chair:	Steve R. (619) 709-1932	Website / Policy:
Treasurer:	Heather C. (619) 971-1277	Secretary:
Lit Review:	Vacant	RCM / RCM2:

Saturday / Sábado (cont)

Central Area		
5:00PM	O, TO, §	4590 Park Blvd, University Heights, 92116, coffee house
6:00PM	O, D, §	5107 Waring Rd, Allied Gardens, 92120, office bldg west side
6:30PM	O, D, M, §	1944 30th St, San Diego, 92102, club
7:00PM	O, D, §	5855 Streamview Dr., San Diego, 92105
8:30PM	O, D, WC, §	7850 Vista Hill Ave, Linda Vista, 92123, park in lot (@ Meadowlark Dr)
Habla Hispana Area		
NOON	O, JT, WC, SB, §	120 National City Boulevard, National City, 91950
3:00PM	JT, SG, W, ES, §	2004 Ocean View Boulevard, San Diego, 92113
7:00PM	O, BL, JT, WC, §	1324 3rd Ave., #2, Chula Vista, 91911
7:00PM	O, D, JT, WC, ES, SB, §	2004 Ocean View Boulevard, San Diego, 92113
7:30PM	O, JT, ES, SB, §	4776 El Cajon Boulevard, San Diego, 92115, Suite 204
Imperial Valley Area		
11:30AM	O, W, WC	564 Broadway Street, El Centro, 92243, Alano Club
6:45PM	O, WC	564 Broadway Street, El Centro, 92243, Alano Club
North Coastal Area		
9:00AM	C, D, W, WC	2020 Chestnut Ave, Carlsbad, 92008, church
10:00AM	O, D, WC, SB	2821 Oceanside Blvd, Oceanside, 92054, ctr
3:00PM	O, D, WC	605 San Diego St, Oceanside, 92054, rec ctr
5:00PM	O, BT	1430 N Coast Highway 101, Encinitas, 92024, club
7:00PM	O, D, JT	987 Civic Center Dr, Vista, 92083, ctr
7:00PM	O, SO	605 San Diego St, Oceanside, 92054, ctr
9:30PM	O, D	1430 N Coast Highway 101, Encinitas, 92024, club
9:30PM	O, CL, D, WC	1745 E. Vista Way #16, Vista, 92084, ctr
North County Inland Area		
7:30PM	O, WC, L	990 East Mission Rd, Fallbrook, 92028
7:30PM	O, SO	550 W Washington Ave, Escondido, 92025, enter off alley
South Bay Area		
10:00AM	O, D, WC	Seacoast Drive and Daisy Avenue, Imperial Beach, 91932
11:00AM	O, D, WC, §	333 Oxford Street, Chula Vista, 91911, Park
5:30PM	O, D, WC, §	940 Hilltop Drive, Chula Vista, 91911, Hall
7:00PM	O, SO, WC, §	495 H Street, Chula Vista, 91910
9:00PM	O, D, WC	Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, pier (2nd-3rd Lgt Pole)
South East Barrio Area		
2:00PM	O	5065 Logan Avenue, San Diego, 92113, #103 (Club)
4:00PM	O, D, W, WC	5065 Logan Ave #103, San Diego, 92113
7:00PM	O, D	1726 Kearney Ave, San Diego, 92113, Quonset hut at north end of church property (No children, speaker 4th Saturday)
8:00PM	D, TO, WC	5065 Logan Ave., San Diego
11:59PM	O, D	1415 Roosevelt Avenue, National City, 91950 (1st Sat of Month)
United East County Area		
8:00AM	O, D, WC	8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
10:00AM	C, M, SD, WC, §	6901 Central Avenue, Lemon Grove, 91945, Lemon Grove Alano Club
11:00AM	O, TO, WC	1153 East Madison Avenue, El Cajon, 92021, Wells Park
4:00PM	O, D, WC	6901 Central Avenue, Lemon Grove, 91945, Lemon Grove Alano Club
5:00PM	O, D, WC	9940 River Street, Lakeside, 92040, Lakeside Hotel
7:00PM	O, D, WC	8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
8:00PM	O, SD, WC, SB, §	1465 East Madison Avenue, El Cajon, 92019, Church
9:45PM	O, CL, D, WC	938 E. Washington Avenue, El Cajon, 92020, El Cajon Alano Club

Thursday / Jueves (cont)

United East County Area		
8:00PM	O, SD, WC, §	1430 Melody Lane, El Cajon, 92019, Church
Friday / Viernes		
Beach Area		
NOON	O, JT, §	1050 Thomas Ave, Pacific Beach, 92109 (Mon-Sat)
5:00PM	O, D, §	4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117 (shop)
7:00PM	O, D, SD	3250 Fordham, Point Loma, 92140, BldgA conf rm
8:00PM	O, D, §	1140 Evergreen Street, Point Loma, 92106, door on Avenida de Portugal (church)
8:00PM	O, D, WC	1561 Thomas Ave, Pacific Beach, 92109, church
10:00PM	O, CL, D, §	4736 Clairemont Mesa Blvd, Clairemont Mesa, 92117 (shop)
Central Area		
8:30AM	O, D	3295 Meade Ave, Normal Heights, 92116, Chapel facing 33rd Street (Mon-Fri)
9:00AM	O, D, §	1944 30th St, South Park, 92102, club (Mon-Sat)
NOON	O, D, §	Oregon @ Howard St, North Park, 92104, park (Mon-Sun)
NOON	O, D, WC, §	3636 Ruffin Rd, Kearny Mesa, 92123, back bldg (Mon-Fri)
1:30PM	O, TO, §	1944 30th St, South Park, 92102, club
4:00PM	O, D, WC, §	1550 Market Street, San Diego, 92101, NW Corner (Use Handicapped Entrance on Market)
6:00PM	O, D, §	741 11th Avenue, San Diego, 92101, Back yard of House (Smoking O.K.)
6:30PM	O, WC, §	4380 Landis St, San Diego, 92105, rec center
7:00PM	C, CL, M, SD, §	3060 54th St, San Diego, 92105, rear door; south side
7:00PM	O, CL, YP, §	5107 Waring Rd, Allied Gardens, 92120
7:00PM	O, D, WC, §	4126 Menlo Avenue, San Diego, 92105
7:15PM	O, D, WC, §	7850 Vista Hill Ave, Linda Vista, 92123, hosp; rear pkg lot
7:30PM	O, B, GL, SO, WC	3767 Central Ave, San Diego, 92105, Recovery Center
7:30PM	O, SO, TO, §	4773 Marlborough Dr, Kensington, 92116, church upstairs (speaker last Fr)
8:00PM	D, M	4161 Marlborough Ave, San Diego, 92116, back room
8:00PM	O, CL, D, GL, M, §	3725 30th Street, San Diego, 92104 (Church Downstairs)
8:15PM	M, §	4161 Marlborough Ave., San Diego, 92105
Habla Hispana Area		
7:00PM	O, BL, JT, §	1324 3rd Ave., #2, Chula Vista, 91911
7:00PM	O, JT, ES, SB, §	120 National City Boulevard, National City, 91950
7:00PM	O, D, JT, WC, ES, SB, §	2004 Ocean View Boulevard, San Diego, 92113
7:30PM	O, JT, ES, SB, §	4776 El Cajon Boulevard, San Diego, 92115, Suite 204
Imperial Valley Area		
6:30PM	O, D, WC	564 Broadway Street, El Centro, 92243, Club
North Coastal Area		
7:00AM	O, BT, D, JT	605 San Diego St., Oceanside, 92054, rec ctr (Mon-Fri)
9:00AM	O	2821 Oceanside Blvd, Oceanside, 92054, ctr (Mon-Fri)
7:00PM	O, SD, W, WC	1100 Sportfisher Dr, Oceanside, 92054, ctr
7:30PM	O, D	987 Civic Center Drive, Vista, 92083
7:30PM	O, D, SD, WC	4002 Vista Way, Oceanside, 92056, hospital basement
8:00PM	O, D, WC	715 Valley Aveune, Solana Beach, 92075, rec ctr
North County Inland Area		
NOON	O, D, WC	795 N Rose St, Escondido, 92027, church; rm 9
6:30PM	O, D, W	1690 E. Valley Parkway, Escondido, 92027 (club)
6:30PM	O, D, M	1170 S. Broadway & 13th, Escondido, 92025, Church Catechumen Room (side of sanctuary, facing 13th)
7:30PM	O, D	1800 N Broadway, Escondido, 92026, club
7:30PM	O, D	13094 Civic Center Dr., Poway, 92064, senior ctr (sprk 1st Fri)
South Bay Area		
10:00AM	O, D, WC	810 Imperial Beach Boulevard, Imperial Beach, 91932
NOON	O, JT, WC, §	494 E Street, Chula Vista, 91910
7:00PM	C, D, §	494 E Street, Chula Vista, 91910
7:30PM	O, CL, D	940 Hilltop Drive, Chula Vista, 91911, church
8:00PM	O, D, SO, §	73 North Second Avenue, Chula Vista, 91910, Casa Nosotros
8:15PM	O, D	455 Palm Avenue, Imperial Beach, 91932, church
9:00PM	O, D, WC	Seacoast Dr & Evergreen Ave, Imperial Beach, 91932, Pier (2nd-3rd Lgt Pole)
South East Barrio Area		
6:00PM	O, D, WC	641 S. Boundary St, San Diego, 92113, Rec Center
6:00PM	C, D, W, WC	2600 Golfcourse Drive, San Diego, 92102, Center (speaker, 3rd Friday)
7:15PM	O, D, WC	2600 Golfcourse Drive, San Diego, 92102, Center (Speaker, 4th Friday)
United East County Area		
9:00AM	O, D, WC	8790 Cuyamaca Street, Santee, 92071, Step by Step Serenity & Beyond Shop
NOON	O, TO, WC, §	