

SUNDAY		
9:00AM	<b>Hope Ignited (O, DISC, WC &amp; )</b> Virginia Beach Recovery Club, 1900 Baltic Avenue, Dale 757-202-9693, Christine D 757-374-1348	Virginia Beach
9:00AM	<b>Men's Rap (O, DISC, M, WC &amp; )</b> Maryview Behavioral Center, First Floor side entrance, 3636 High Street, Joe B 757-397-6279	Portsmouth
9:30AM	<b>Surrender To Live (O, WC &amp; )</b> C. Waldo Scott Center, 3100 Wickham Avenue	Newport News
11:00AM	<b>We Need A Meeting (O, BT, DISC, JFT, SPK, STEP, WC &amp; )</b> Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street, Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)	Portsmouth
NOON	<b>Faith (O, WC &amp; )</b> Riverside Behavioral Health Center, 2244 Executive Drive	Hampton
3:00PM	<b>Wecovery (O, DISC)</b> Great Bridge United Methodist Church, 201 Stadium Drive, Chris 757-377-9236	Chesapeake
5:00PM	<b>The Journey Continues (C, LIT)</b> St. Francis Episcopal Church, 509 S Rosemont Road, Donna V 757-619-3737 (Living Clean Study)	Virginia Beach
6:00PM	<b>It's About Time (O, SPK, WC &amp; )</b> Norview United Methodist Church, 1112 Norview Avenue, Jerome F 757-202-6163	Norfolk
7:00PM	<b>A Clear Message (O, BT, DISC, SPK, AB)</b> Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard, Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK)	Suffolk
7:00PM	<b>A Gift Called Life (O, WC &amp; )</b> Warwick United Church of Christ, 10 Matoaka Lane	Newport News
7:00PM	<b>New Phase Four (O, DISC, SPK, TOP)</b> Saint John's Episcopal Church, 424 Washington Street, Ron E 757-582-1070, Lloyd P 757-638-7157	Portsmouth
7:00PM	<b>The Lie Is Dead (O, WC &amp; )</b> North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane	Hampton
7:30PM	<b>Recovery Group (O, WC &amp; )</b> Riverside Behavioral Health Center, 2244 Executive Drive	Hampton
8:00PM	<b>Mixed Group (O, DISC)</b> First Lutheran Church, 1301 Colley Ave, Mike J 757-409-1676	Norfolk
8:00PM	<b>Nature Of Recovery (O, WC &amp; )</b> 5477 Mooretown Road	Williamsburg
8:00PM	<b>Sunday Sanity (O, DISC)</b> VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Karla W 757-434-6446, Pat O 757-633-2820	Virginia Beach
MONDAY		
6:45AM	<b>Jump Start the Day (O)</b> First Lutheran Church, Washington & King, 600 King Street, Teresa D 757-724-3685	Portsmouth
9:30AM	<b>Morning Meditation (O, WC &amp; )</b> EZ Does It Service Center, 1153 Harmony Road, Rick K 757-753-0048	Norfolk
9:30AM	<b>Trust The Process (O, WC &amp; )</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News
NOON	<b>A Meeting at Lunch (O, VAR, WC &amp; )</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton
NOON	<b>Help Me Think (O)</b> Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd., Carlton J 757-589-3564	Norfolk
NOON	<b>High Noon (O, WC &amp; )</b> Recovery Baptist Church, 303 Blair Avenue	Newport News
3:00PM	<b>Change I Must Or Die I Will (O, WC &amp; )</b> Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd	Hampton
6:45PM	<b>Honesty Group (O, WC &amp; )</b> Ivy Memorial Baptist Church, 2200 Coliseum Dr.	Hampton
7:00PM	<b>Beyond Our Wildest Dreams (O, SPK, WC &amp; )</b> First Baptist Church, 318 Hall Street, Charlene J 434-632-1972	Franklin
7:00PM	<b>Monday Night Candlelight (O, BT)</b> Haygood United Methodist Church, 4713 Haygood Rd, Eric D 757-580-2849	Virginia Beach
7:00PM	<b>New Attitude (O, WC &amp; )</b> 3509 Chestnut Avenue	Newport News
7:00PM	<b>New Beginnings (O, WC &amp; )</b> Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane, Greg C 757-636-3745	Portsmouth
7:00PM	<b>Women in Recovery (O)</b> St. Martin's Church, 1333 Jamestown Road	Williamsburg
7:30PM	<b>How It Works (O)</b> Mt. Sinai United Holy Church, Off Watts Avenue, 2710 Columbus Avenue, Tommy M 757-537-5186	Portsmouth
7:30PM	<b>In Step (O)</b> Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy	Yorktown
7:30PM	<b>Living The Program (O)</b> Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Lance G 757-692-7864, Steve K 757-715-1075	Virginia Beach
7:30PM	<b>The Out of Ordinary Meeting (O, WC &amp; )</b> White Marsh Baptist Church, 5123 George Washington Memorial Highway	Gloucester
7:30PM	<b>The Winding Road (C)</b> Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd, Justin K 757-773-4403, Rich B 757-737-4267	Chesapeake
8:00PM	<b>Rac Recovery (O)</b> Homeless Shelter (Judeo-Christian Outreach Ctr.), E of Birdneck Rd, 1053 Virginia Beach Blvd, Earl H 757-235-4877	Virginia Beach
8:00PM	<b>Recovery on the Hill (O)</b> Ocean View Christian Reformed Church, 1241 Hillside Avenue, Fred R 757-695-6500	Norfolk
8:30PM	<b>Who is an Addict? (O)</b> 3279 Lake Powell Road	Williamsburg
10:30PM	<b>End of the Night (O)</b> Old Donation Church, 4449 N. Witchduck Road, Ann V 757-270-1141	Virginia Beach

TUESDAY		
6:45AM	<b>Jump Start the Day (O)</b> First Lutheran Church, Washington & King, 600 King Street, Teresa D 757-724-3685	Portsmouth
9:30AM	<b>Morning Meditation (O, WC &amp; )</b> EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Rick K 757-753-0048	Norfolk
9:30AM	<b>Trust The Process (O, WC &amp; )</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News
NOON	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton
NOON	<b>High Noon (O, WC &amp; )</b> Recovery Baptist Church, 303 Blair Avenue	Newport News
NOON	<b>The Emergency Unit (O)</b> Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd, Dora H 757-735-7615	Portsmouth
5:30PM	<b>Just For Today (O)</b> First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue, Bill A 757-647-7707	Norfolk
5:30PM	<b>Serenity Group (O, WC &amp; )</b> Riverside Behavioral Health Center, 2244 Executive Drive	Hampton
6:00PM	<b>I Can't We Can (O, WC &amp; )</b> YWCA, 2702 Orcutt Avenue	Newport News
7:00PM	<b>A New Way of Life (O)</b> 9228 George Washington Memorial Highway	Gloucester
7:00PM	<b>A Proven Program (O)</b> York River Baptist Church, 8201 Croaker Road	Williamsburg
7:00PM	<b>Awesome Life (O)</b> Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive, Carrie L 757-560-8177	Chesapeake
7:00PM	<b>Count Your Blessings (O)</b> Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklette, 520 Oaklette Dr, Daniel A 757-418-1690	Chesapeake
7:00PM	<b>Earthbound Group (O, DISC)</b> Fellowship Around The World, 400 N. High St., Stephen B 757-613-5531	Franklin
7:00PM	<b>Keep Coming Back (O)</b> New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road, Francis P 757-679-1151	Portsmouth
7:00PM	<b>Let It Be (O)</b> Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave, Jessica P 757-822-4559	Norfolk
7:00PM	<b>We Can Change (O)</b> First Church of Newport News, 2300 Wickham Avenue	Newport News
7:00PM	<b>We Can Change (O)</b> Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd., Edward A 757-818-2737	Norfolk
7:00PM	<b>Women Do Recover (O, WC &amp; )</b> Hilton Christian Church, Entrance In The Rear, 100Janes River Dr.	Newport News
7:30PM	<b>Freedom Group (O)</b> St. Nicholas Fellowship Hall, 621 First Colonial Road, Kristina D 757-270-9509	Virginia Beach
7:30PM	<b>In Times of Illness (O)</b> VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Bill S 757-717-1815	Virginia Beach
7:30PM	<b>New Genesis Group (O)</b> Weslley United Methodist Church, 2510 N. Armistead Avenue	Hampton
7:30PM	<b>There's A Light (O)</b> Ocean Lakes Church of Christ, 1200 Dam Neck Road, Ian B 757-717-7900, Geoff L 757-641-3159	Virginia Beach
7:30PM	<b>Young, Clean &amp; Living (O)</b> North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane	Hampton
8:00PM	<b>A Gift Called Life (O)</b> United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Brian L 757-619-7375, Sean H 757-438-1688	Portsmouth
8:00PM	<b>Enjoying the Journey (O)</b> Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Billy B 757-681-4341	Virginia Beach
8:15PM	<b>Let's Recover Together (O, WC &amp; )</b> Hampton Christian Church, 151 East Mercury Boulevard	Hampton
10:30PM	<b>End of the Night (O)</b> Old Donation Church, 4449 N. Witchduck Road, Ann V 757-270-1141	Virginia Beach
WEDNESDAY		
6:45AM	<b>Jump Start the Day (O)</b> First Lutheran Church, Washington & King, 600 King Street, Julia S 804-614-6603	Portsmouth
9:30AM	<b>Morning Meditation (O, WC &amp; )</b> EZ Does It Service Center, 1153 Harmony Road	Norfolk
9:30AM	<b>Trust The Process (O, WC &amp; )</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News
NOON	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton
NOON	<b>High Noon (O, WC &amp; )</b> Recovery Baptist Church, 303 Blair Avenue	Newport News
NOON	<b>Visible Changes (O)</b> Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road	Virginia Beach
7:00PM	<b>Daily Recovery (O, VAR)</b> Mount Gilead Church, 1057 Kennedy St	Norfolk
7:00PM	<b>End Of The Road (O, WC &amp; )</b> 1707 Jefferson Avenue	Newport News
7:00PM	<b>Hope (O)</b> Warwick Conference Center, Building #6, 12420 Warwick Blvd	Newport News
7:00PM	<b>Hugs Not Drugs (O)</b> Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road	Hampton

WEDNESDAY (CONT)		
7:00PM	<b>Surrender and Recovery (O)</b> United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Thomas G 757-647-1481	Portsmouth
7:00PM	<b>The Stand (O)</b> New Calvary Baptist Church, 800 E Virginia Beach Blvd, Doris T 757-961-7325	Norfolk
7:15PM	<b>Straight Ahead (O)</b> Christ Presbyterian, 709 Aragona Blvd, Chris P 757-535-7227	Virginia Beach
7:30PM	<b>Bright New Life (O)</b> Franklin Baptist Church, 208 N High Street, DeWayne L 757-641-8022	Franklin
7:30PM	<b>Change We Must (C)</b> Great Bridge Evangelical Free Church, across from old high school, 173 Mt. Pleasant Road, Katie K 757-405-8464	Chesapeake
7:30PM	<b>Life &amp; Hopeline (O)</b> Suffolk Christian Church, by courthouse, 216 North Main St., Rob T 757-923-5461	Suffolk
7:30PM	<b>Living The Program (C, WC &amp; )</b> Warwick United Church of Christ, 10 Matoaka Lane	Newport News
7:30PM	<b>What Can I Do (O)</b> Holy Communion Lutheran Church, Hodges Ferry, 6220 Portsmouth Blvd, Sabrina P 757-228-0730	Portsmouth
8:00PM	<b>Better by the Bay (O, WC &amp; )</b> Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street, Ryan D 757-651-5316	Norfolk
8:00PM	<b>Trusted Servants (O)</b> St. Francis Episcopal Church, 509 S Rosemont Road, Kevin F 757-777-2363	Virginia Beach
8:00PM	<b>Where's Lot 147 (O)</b> Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive, Gary 757-237-4507, Juanita 757-685-8848	Norfolk
8:30PM	<b>Stepping into Recovery (O)</b> Old Donation Church, 4449 N. Witchduck Road, Mary P 757-739-1726	Virginia Beach
8:30PM	<b>Who is an Addict? (O)</b> 3279 Lake Powell Road	Williamsburg
10:30PM	<b>End of the Night (O)</b> Old Donation Church, 4449 N. Witchduck Road, Ann V 757-270-1142	Virginia Beach
THURSDAY		
6:45AM	<b>Jump Start the Day (O)</b> First Lutheran Church, Washington & King, 600 King Street, Teresa D 757-724-3685	Portsmouth
9:30AM	<b>Morning Meditation (O, WC &amp; )</b> EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Rick K 757-753-0048	Norfolk
9:30AM	<b>Trust The Process (O, WC &amp; )</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News
NOON	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton
NOON	<b>High Noon (O, WC &amp; )</b> Recovery Baptist Church, 303 Blair Avenue	Newport News
NOON	<b>Lunch Time Recovery (O)</b> Ocean View Christian Reformed Church, 1 Block from Ocean View Avenue & Beach View Street, 1241 Hillside Avenue, LaTrisha H 757-285-1964, Jerome F 757-202-6163	Norfolk
NOON	<b>Reason To Believe (O)</b> Church of Saint Therese, Across from Chesapeake Square Mall @ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd, Johnny D 757-287-4430	Chesapeake
5:30PM	<b>The Warriors (O, WC &amp; )</b> Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd	Hampton
5:30PM	<b>We Do Recover (O)</b> Franklin District Building, 161 Steward Drive, Keith J 757-344-3189	Franklin
6:30PM	<b>Got to Have It (O)</b> Queen Street Baptist Church, 413 E. Brambleton Avenue, Frederick J 757-374-1577, Juanita S 757-685-8848	Norfolk
7:00PM	<b>Freebird (O)</b> Craddock Baptist Church, and Harris Road, 96 Afton Parkway, Roland C 757-328-2243, Jen J. 757-582-4947	Portsmouth
7:00PM	<b>Let's Get Spiritual (O, WC &amp; )</b> St. Paul AME Church, 2500 Chestnut Avenue, Teddie 757-503-0528	Newport News
7:00PM	<b>Second Chance (O)</b> Great Bridge United Methodist Church, @S. Battlefield, 201 Stadium Drive, Bernard 757-778-1755, Louie L 757-560-8172	Chesapeake
7:00PM	<b>Shattering the Illusion (O)</b> St. Michaels Lutheran Church, 2208 Princess Anne Road, Bryan M 757-635-7414, Tim B 714-3132	Virginia Beach
7:00PM	<b>Show Me How To Live (C)</b> Sacred Heart Church, 520 Graydon Avenue	Norfolk
7:00PM	<b>We Do Recover (O, WC &amp; , LIT)</b> Reformation Lutheran Church, 13100 Warwick Blvd	Newport News
7:30PM	<b>12 + 12 = Change!! (O, WC &amp; )</b> Wesley Foundation (across from W&M soccer field), 526 Jamestown Road	Williamsburg
7:30PM	<b>Caring and Sharing (O)</b> Unity Renaissance Church, behind Greenbriar Mall, 1120 Eden Way N	Chesapeake
7:30PM	<b>Fresh Start for Open Hearts (O)</b> Poquoson Baptist Church, 283 Wythe Creek Road	Poquoson
7:30PM	<b>Girls Nite Out (O)</b> First Friends Church, 5307 Portsmouth Blvd., Kat 757-359-3793, Missy 757-753-6223	Portsmouth
7:30PM	<b>Serenity Circle (O)</b> Haygood United Methodist Church, 4713 Haygood Road, Pam 757-636-2364, Trish 757-575-9350	Virginia Beach
8:00PM	<b>Branching Out (O)</b> Aldersgate United Methodist Church, western branch, 4320 Bruce Rd, Joe B 757-397-6279	Chesapeake

# HAMPTON ROADS METRO



## MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

## MARCH 2018

### REGIONAL HELPLINE

804-965-1871

### TIDEWATER HELPLINE

866-972-5055

THURSDAY (CONT)		
8:00PM	<b>Choose Life (O)</b> VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, <i>Phil S 757-771-6763</i>	Virginia Beach
8:00PM	<b>Junks &amp; Drunks (O)</b> East Ocean View Baptist Church, Social Hall, 9609 9th Bay Street, <i>Marsha N 757-470-6128</i>	Norfolk
8:00PM	<b>Raw Recovery (O)</b> Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd, <i>April M 757-322-7038</i>	Virginia Beach
8:00PM	<b>Time To Surrender (O, WC &amp;)</b> North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane	Hampton
10:30PM	<b>End of the Night (O)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Ann V 757-270-1141</i>	Virginia Beach

FRIDAY		
6:45AM	<b>Jump Start the Day (O)</b> First Lutheran Church, King & Washington, 600 King Street, <i>Teresa D 757-724-3685</i>	Portsmouth
9:30AM	<b>Morning Meditation (O)</b> EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, <i>Mike M 757-305-2212, Rick K 757-753-0048</i>	Norfolk
9:30AM	<b>Trust The Process (O, WC &amp;)</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News
NOON	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton
NOON	<b>High Noon (O, WC &amp;)</b> Recovery Baptist Church, 303 Blair Avenue	Newport News
NOON	<b>The Continuing Quest (O)</b> First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue, <i>Dave E 757-663-2723</i>	Norfolk
NOON	<b>Write Now Meeting (C)</b> Providence Presbyterian Church, 5497 Providence Rd, <i>Christine O 757-729-3282</i>	Virginia Beach
6:00PM	<b>How &amp; Why (C, WC &amp;)</b> Riverside Behavioral Health Center, 2244 Executive Drive	Hampton
6:00PM	<b>The Happy Hour (C)</b> Faith Community Church, 100 East 30th Street, <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>	Norfolk
6:30PM	<b>Change We Must (O, WC &amp;)</b> Living Faith Christian Center, 14901 Warwick Blvd	Newport News
7:00PM	<b>Agape (O)</b> St. Paul, @ Dunbarton, 437 Providence Rd, <i>Julius K 757-470-7494</i>	Chesapeake
7:00PM	<b>Keep Coming Back (O, WC &amp;)</b> Newport News Community Center, 605 South Avenue	Newport News
7:00PM	<b>Life and Hopedine (O)</b> Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Benjamin B 757-537-5055</i>	Suffolk
7:30PM	<b>Better Days (O)</b> Church of Saint Therese, @ Coffman Blvd across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd, <i>Liz S 757-681-0711</i>	Chesapeake
7:30PM	<b>Closer To Home (O, WC &amp;)</b> Riverside Walter Reed Hospital, 7515 Hospital Drive	Gloucester Courthouse
7:30PM	<b>Good Orderly Direction (O, WC &amp;)</b> Warwick United Church of Christ, 10 Matoaka Lane	Newport News
7:30PM	<b>Running On Faith (O)</b> Carrollton Church of God, 16144 Carrollton Boulevard	Carrollton
7:30PM	<b>Thank God I'm Free (T.G.I.F.) (O)</b> Courtland United Methodist Church, 22416 Main Street, <i>Scott C 434-594-5819</i>	Courtland
8:00PM	<b>Kempsville Crossroads (C)</b> Providence Presbyterian Church, 5497 Providence Road, <i>Mark N 757-478-1839</i>	Virginia Beach
8:00PM	<b>Miracle On 9th Bay (O)</b> Lighthouse Community Church, 9609 9th Bay Street, <i>Larry W 757-701-0446</i>	Norfolk
8:00PM	<b>NOTHING TO FEAR (O, IP, SPK, TOP, WC &amp;, AB)</b> Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle	Williamsburg
8:00PM	<b>Wave of Recovery (O)</b> Virginia Beach Christian Church, 2225 Rose Hall Drive, <i>Pat C 757-735-8934</i>	Virginia Beach
8:00PM	<b>We Do Recover (O)</b> Norview United Methodist Church, 1112 Norview Avenue, <i>Troy B 757-395-7376, Wanda P 757-324-9170</i>	Norfolk
8:30PM	<b>HOW Group (C)</b> Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Lance G 757-692-7864, Neal G 757-328-6485</i>	Virginia Beach
11:00PM	<b>The Road Less Traveled (O)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Teresa D 757-724-3685</i>	Virginia Beach

SATURDAY		
9:00AM	<b>Fresh Start (O)</b> Foundry United Methodist Church, 2801 Virginia Beach Blvd., <i>Madison B 757-506-6986</i>	Virginia Beach
10:00AM	<b>No More Excuses (O, WC &amp;)</b> Warwick United Church of Christ, 10 Matoaka Lane	Newport News
10:30AM	<b>Living Life On Life's Terms (O, WC &amp;)</b> Wesley Foundation, 526 Jamestown Road	Williamsburg
11:00AM	<b>The Phoenix Group (O)</b> Maryview Hospital, 2nd floor Conference Room A, 3636 High Street, <i>Sam D 757-353-2094</i>	Portsmouth
NOON	<b>Basic Math 12 &amp; 12 (O)</b> First Baptist Church, across from the Scope, 418 E Bute Street, <i>Carlton D 757-515-3331</i>	Norfolk
NOON	<b>Women &amp; Men In Recovery (O)</b> Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St	Newport News
1:00PM	<b>New Beginnings (C)</b> Martin Luther King Center, 683 Oak Street	Franklin Street
5:00PM	<b>When at the End of the Road (O)</b> St. Francis Episcopal Church, 509 S Rosemont Road, <i>Donna S 757-343-5897</i>	Virginia Beach

SATURDAY (CONT)		
5:30PM	<b>Back to Life (O)</b> 1st Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue, <i>Cedric H 757-535-5807, Cornell W 757-729-4089</i>	Norfolk
5:30PM	<b>Saturday Night Live (O, WC &amp;)</b> First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St.	Newport News
6:00PM	<b>Saturday Night Alternative (O, WC &amp;)</b> First Presbyterian Church, 514 S. Armistead Avenue	Hampton
6:00PM	<b>Saturday Night Men's Meeting (C)</b> Virginia Beach Christian Church, 2225 Rose Hall Drive, <i>Robert D 757-343-3423</i>	Virginia Beach
7:00PM	<b>Life and Hopedine (O)</b> Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Travis B 757-618-9246</i>	Suffolk
7:00PM	<b>Saturday Night Live (O)</b> St. Nicholas Fellowship Hall, 621 First Colonial Road, <i>Ted L 757-717-2669</i>	Virginia Beach
7:30PM	<b>A New Approach to Life (O)</b> North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane	Hampton
7:30PM	<b>Never Alone (O, WC &amp;)</b> Hillton Christian Church, 100 James River Drive	Newport News
8:00PM	<b>Back to Basics (O)</b> Broad Street United Methodist Church, 300 Broad Street, <i>Ty H 757-235-3175</i>	Portsmouth
8:00PM	<b>Freedom of Choice (O)</b> Church of the Accension, 4853 Princess Anne Road, <i>James P 757-619-2273</i>	Virginia Beach
8:00PM	<b>Surrender to Live (O, BT, DISC, IW, WC &amp;)</b> Norview United Methodist Church, 1112 Norview Avenue, <i>Fred R 757-695-6500. We break up into 3 meeting rooms, and alternate in 1.</i>	Norfolk

NORTH CAROLINA MEETINGS		
Sun 7:00PM	<b>Over &amp; Beyond (O, DISC)</b> Saint Phillips Chapel, West side of Street, 201 S McMorrine St, <i>Linda T 252-333-7983</i>	Elizabeth City
Mon 7:30PM	<b>Freedom to Live (C)</b> Liberty Christian Fellowship, 244 Williams Drive, <i>Mary K 252-619-5080</i>	Kill Devil Hills
Tue 7:30PM	<b>Stick &amp; Stay (O, WC &amp;)</b> Colington Methodist Church, 1949 Colington Rd, <i>Clare D 252-944-8971</i>	Kill Devil Hills
Tue 8:00PM	<b>Over &amp; Beyond (O)</b> Saint Phillips Chapel, 201 S McMorrine St, <i>Linda T 252-333-7983</i>	Elizabeth City
Wed 6:00PM	<b>Miracles in Progress (O)</b> Melton Grove Missionary Baptist Church, 163 Melton Grove Road	Winfall
Wed 7:30PM	<b>Miracles Happen (O)</b> St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, <i>Kim K 252-573-0822, Jim H 252-489-9895</i>	Nags Head
Thu 7:30PM	<b>Surrender to Win (O)</b> Manteo Baptist Church, 406 US Highway 64, <i>Keith B 252-573-9615, Jim 252-489-9895</i>	Manteo
Thu 8:00PM	<b>Over &amp; Beyond (O)</b> Saint Phillips Chapel, 201 S McMorrine St, <i>Linda T 252-333-7983</i>	Elizabeth City
Fri 7:30PM	<b>Miracles Happen (O)</b> St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail	Nags Head
Sat 7:30PM	<b>Freedom to Live (O)</b> Liberty Christian Fellowship, 244 Williams Drive, <i>Kim K 252-753-0822</i>	Kill Devil Hills

Meeting Format Legend	
AB	Ask-It-Basket
BT	Basic Text
C	Closed
DISC	Discussion
IP	IP Study
IW	It Works Study
JFT	Just for Today Study
LIT	Literature Study
M	Men
O	Open
SPK	Speaker
STEP	Step
TOP	Topic
VAR	Format Varies
WC &	Wheelchair

<b>Beach Area Service</b> P.O. Box 1377 Virginia Beach, VA 23451	<a href="http://virginiabeachna.org">http://virginiabeachna.org</a>
<b>Peninsula Area Service</b> P.O. Box 16009, Newport News, VA 23608	<a href="http://peninsulaareana.org">http://peninsulaareana.org</a>
<b>Outerlimits Area Service</b> P.O. Box 1164, Franklin, Va. 23851	<a href="http://outerlimitsareana.org/">http://outerlimitsareana.org/</a>
<b>Tidewater Area Service</b> 1112 Norview Ave, Norfolk, VA	<a href="http://tidewaterareana.org">http://tidewaterareana.org</a>
<b>Central Atlantic Regional Service</b> P. O. Box 1959, Chesterfield, VA 23832	<a href="http://www.car-na.org">http://www.car-na.org</a>
<b>Narcotics Anonymous World Service</b>	<a href="http://www.na.org">http://www.na.org</a>

Meetings Weekly: 171