

HAMPTON ROADS METRO



MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

OCTOBER 2018

REGIONAL HELPLINE

800-777-1515

TIDEWATER HELPLINE

866-972-5055

FRIDAY (CONT)			
9:30AM	Trust The Process (O, WC &) [P] St. Augustine's Episcopal Church, 2515 Marshall Avenue, <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>	Newport News	
NOON	A Meeting at Lunch (O) [P] First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, <i>Deborah 757-238-0330 Eugene 757-243-6845</i>	Hampton	
NOON	High Noon (O, WC &) [P] Recovery Baptist Church, 303 Blair Avenue, <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>	Newport News	
NOON	The Continuing Quest (O, DISC, SPK, SWG) [T] First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue, <i>Dave E 757-663-2723</i>	Norfolk	
NOON	Write Now (C, JFT, SWG, ME) [B] Providence Presbyterian Church, 5497 Providence Rd, <i>Writing during meeting, Fred R 757-695-6500</i>	Virginia Beach	
6:00PM	How & Why (C, WC &) [P] Riverside Behavioral Health Center, 2244 Executive Drive, <i>Tee J. 757-788-9475</i>	Hampton	
6:00PM	The Happy Hour (C, O, JFT) [T] Faith Community Church, 100 East 30th Street, <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>	Norfolk	
6:00PM	Wounded Healers (O) [T] Great Awakening United Church of Christ, 1520 High St	Portsmouth	
6:30PM	Change We Must (O, WC &) [P] Living Faith Christian Center, 14901 Warwick Blvd, <i>Danny A. 757-696-2318 Darlene A. 757-998-1177</i>	Newport News	
7:00PM	Agape (O, DISC, IP, STEP, TW) [T] St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd, <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>	Chesapeake	
7:00PM	Keep Coming Back (O, WC &) [P] Newport News Community Center, 605 South Avenue, <i>Lorenzo 757-320-6224</i>	Newport News	
7:00PM	Life & Hopedline (O, DISC, STEP) [T] Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Diane W 717-887-0279</i>	Suffolk	
7:00PM	Thank God I'm Free (T.G.I.F.) (O) [O] Courtland United Methodist Church, 22416 Main Street, <i>Scott C 434-594-5819</i>	Courtland	
7:30PM	Better Days (O, CAN, DISC, AB) [T] Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd, <i>1st-AB, Liz S 757-681-0711</i>	Chesapeake	
7:30PM	Closer To Home (O, DISC, WC &) [P] Riverside Walter Reed Hospital, 7515 Hospital Drive, <i>Sam B. 804-296-8592</i>	Gloucester	
7:30PM	Good Orderly Direction (O, WC &) [P] Warwick United Church of Christ, 10 Matoaka Lane, <i>Jeff H. 757-630-3806</i>	Newport News	
7:30PM	Running On Faith (O) [P] Carrollton Church of God, 16144 Carrollton Boulevard, <i>Tim A. 757-434-7178 Ken H. 757-535-5151</i>	Carrollton	
8:00PM	Kempsville Crossroads (O, DISC, TRAD, WC &) [B] Providence Presbyterian Church, 5497 Providence Road, <i>Mark N 757-478-1839</i>	Virginia Beach	
8:00PM	Miracle On 9th Bay (O, SPK, STEP) [T] East Ocean View Baptist Church, 9609 9th Bay Street, <i>Larry W 757-701-0446</i>	Norfolk	
8:00PM	NOTHING TO FEAR (O, IP, SPK, TOP, WC &, AB) [P] Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle, <i>Ryan D. 804-240-9100</i>	Williamsburg	
8:00PM	Wave of Recovery (O, DISC) [B] Virginia Beach Christian Church, 2225 Rose Hall Drive, <i>Pat C 757-735-8934</i>	Virginia Beach	
8:30PM	HOW Group (C, DISC) [B] Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Lance G 757-692-7864, Neal G 757-328-6485</i>	Virginia Beach	
11:00PM	The Road Less Traveled (O, DISC, WC &) [T] Old Donation Episcopal Church, 4449 N. Witchduck Road, <i>Teresa D 757-724-3685</i>	Virginia Beach	
SATURDAY			
9:00AM	Fresh Start (O) [B] Foundry United Methodist Church, 2801 Virginia Beach Blvd., <i>Madison B 757-506-6986 Pat C 757-735-8934</i>	Virginia Beach	
9:30AM	Morning Meditation (O, DISC, VAR, WC &) [T] EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, <i>Mike M 757-305-2212, Rick K 757-753-0048</i>	Norfolk	
10:00AM	Living Life On Life's Terms (O, WC &) [P] Wesley Foundation, 526 Jamestown Road, <i>Thayne F. 757-603-2131 Brian G. 757-879-2344 Don 804-413-4222</i>	Williamsburg	
10:00AM	No More Excuses (O, WC &) [P] Warwick United Church of Christ, 10 Matoaka Lane, <i>Debra R. 757-238-0330</i>	Newport News	
11:00AM	The Phoenix Group (O, BT) [T] Maryview Hospital, 2nd floor Conf Room A, 3636 High Street, <i>Sam D 757-353-2094</i>	Portsmouth	
NOON	Basic Math 12 & 12 (O, SPK, STEP, TRAD) [T] First Baptist Church, across from the Scope, 418 E Bute Street, <i>Carlton D 757-515-3331</i>	Norfolk	
NOON	Women & Men In Recovery (O) [P] Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St, <i>Pamela H. 732-670-5887 Al W. 757-541-9218</i>	Newport News	
5:00PM	When at the End of the Road (O, DISC) [B] St. Francis Episcopal Church, 509 S Rosemont Road, <i>Romaine P 757-513-9004, Dana S 757-831-1701</i>	Virginia Beach	

SATURDAY (CONT)			
5:30PM	Back to Life (O, BT, DISC, SPK, TRAD) [T] First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue, <i>Cornell W 757-729-4089</i>	Norfolk	
5:30PM	Saturday Night Live (O, WC &) [P] First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St.	Newport News	
6:00PM	Saturday Night Alternative (O, WC &) [P] First Presbyterian Church, 514 S. Armistead Avenue, <i>Jimmy R. 757-335-0921 Hawk 757-289-7663</i>	Hampton	
6:00PM	Saturday Night Men's Meeting (C, DISC) [B] Virginia Beach Christian Church, 2225 Rose Hall Drive, <i>Robert D 757-343-3423</i>	Virginia Beach	
7:00PM	Life & Hopedline (O, DISC, STEP) [T] Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Marvin C 757-729-4089</i>	Suffolk	
7:00PM	Saturday Night Live (O) [B] St. Nicholas Fellowship Hall, 621 First Colonial Road, <i>Ted L 757-717-2669</i>	Virginia Beach	
7:30PM	A New Approach to Life (O) [P] North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane, <i>Josh 757-284-9367</i>	Hampton	
7:30PM	Never Alone (O, WC &) [P] Hillton Christian Church, 100 James River Drive, <i>Butch L. 757-320-3221</i>	Newport News	
8:00PM	Back to Basics (O, BT, DISC) [T] Port Norfolk Baptist Church, 401 Broad Street, <i>Ty H 757-235-3175</i>	Portsmouth	
8:00PM	Freedom of Choice (O, DISC, STEP) [T] Church of the Accension, 4853 Princess Anne Road, <i>James P 757-619-2273</i>	Virginia Beach	
8:00PM	Surrender to Live (O, BT, DISC, WC &) [T] Norview United Methodist Church, park behind church, 1112 Norview Avenue, <i>Fred R 757-695-6500 We split into 3 mtg rooms & alternate in 1.</i>	Norfolk	
NORTH CAROLINA MEETINGS			
Sun 7:00PM	Over & Beyond (O, LIT) [T] Saint Phillips Chapel, West side of Street, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City	
Mon NOON	More Will be Revealed (O, DISC) [T] Serenity House, 300 Pearl Street, <i>Michael S 757-359-8841</i>	Elizabeth City	
Mon 7:00PM	Clean & Serene (O, BT) [T] Riverside United Methodist Church, 1400 Edgewood Drive	Elizabeth City	
Mon 7:00PM	Keeping it Simple (O, DISC) [T] Serenity House, 300 Pearl Street, <i>Tim C 252-548-8863</i>	Elizabeth City	
Mon 7:30PM	Freedom to Live (C, DISC, WC &) [T] Liberty Christian Fellowship, 244 Williams Drive, <i>Rana D 252-423-0755</i>	Kill Devil Hills	
Tue 7:00PM	Over & Beyond (O, VAR) [T] Saint Phillips Chapel, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City	
Tue 7:30PM	Stick & Stay (O, DISC, WC &) [T] Colington Methodist Church, 1949 Colington Rd, <i>Clare D 252-944-6971</i>	Kill Devil Hills	
Wed 7:30PM	Miracles Happen (O, DISC, STEP, TW) [T] St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, <i>Kim K 252-573-0822, Jim H 252-489-9895</i>	Nags Head	
Thu 7:00PM	Over & Beyond (O, DISC) [T] Saint Phillips Chapel, 201 S McMorrine St, <i>Michael S 757-359-8841</i>	Elizabeth City	
Thu 7:30PM	Surrender to Win (O, DISC) [T] Manteo Baptist Church, 406 US Highway 64, <i>Keith B 252-573-9615, Jim 252-489-9895</i>	Manteo	
Fri 7:00PM	Keeping it Simple (O, DISC) [T] Serenity House, 300 Pearl Street, <i>Neal W 252-202-2754</i>	Elizabeth City	
Fri 7:30PM	Miracles Happen (O) [T] St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail	Nags Head	
Fri 7:30PM	Serenity in the Sand (O, DISC) [T] Cape Hatteras Baptist Church, 50195 Buccaneer Drive	Frisco	
Sat 7:30PM	Freedom to Live (O) [T] Liberty Christian Fellowship, 244 Williams Drive, <i>Kim K 252-753-0822</i>	Kill Devil Hills	

BEACH AREA SERVICE COMMITTEES	
Beach Area Service Committee - http://virginiabeachna.org P.O. Box 1377 Virginia Beach, VA 23451 1st Saturday - 1:00 PM, 1200 Dam Neck Rd, Virginia Beach	
Hospitals and Institutions Subcommittee (11:00 AM) Emergent Needs Subcommittee (12:00 PM) 1st Saturday - 1200 Dam Neck Rd, Virginia Beach	
Serenity on the Shore Subcommittee 1st Sunday - Subcommittees: 5:00PM, Main: 6:00PM, 1100 First Colonial Rd Virginia Beach	
TIDEWATER AREA SERVICE COMMITTEES	
Tidewater Area Service Committee - http://tidewaterareana.org 1112 Norview Ave, Norfolk, VA 2nd Sunday - 2:00 pm, 1112 Norview Ave, Norfolk	
Hospitals and Institutions Subcommittee 3rd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk	
Literature, Policy, Public Relations, Phoneline, Special Events Subcommittees 2nd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk	
PENINSULA AREA SERVICE COMMITTEES	
Peninsula Area Service Committee - http://peninsulaareana.org P.O. Box 16009, Newport News, VA 23608 1st Saturday - 4:00 pm, 10 Matoaka Lane, Newport News	
Activities Subcommittee (2:00 PM) Literature (2:00 PM) Public Relations (2:00 PM) 1st Saturday - 10 Matoaka Lane, Newport News	
Area Inventory (1:00 PM) Hospitals & Institutions Subcommittee (2:00 PM) Sunday following Area - 2244 Executive Drive, Hampton	
OUTER LIMITS AREA SERVICE COMMITTEES	
Outer Limits Area Service Committee - http://outerlimitsareana.org/ P.O. Box 1164, Franklin, Va. 23851 TBD	
Hospitals and Institutions Subcommittee TBD	
Activities Subcommittee TBD	
Public Relations TBD	
Central Atlantic Regional Service P. O. Box 1959, Chesterfield, VA 23832 http://www.car-na.org	
Narcotics Anonymous World Service http://www.na.org	
Phone Numbers	

Meeting Format Legend			
AB	Ask-It-Basket	BL	Bi-Lingual
BT	Basic Text	C	Closed
CAN	Candlelight	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	ME	Meditation
NC	No Children	O	Open
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	W	Women
WC &	Wheelchair	WR	Writing Meeting

[B] Beach Area, [O] Outer Limits Area, [P] Peninsula Area, [T] Tidewater Area

Meetings Weekly: 178