

SUNDAY			
9:00AM	Hope Ignited (O, DISC, WC &) [B] Virginia Beach Recovery Club, 1900 Baltic Avenue, <i>Dale 757-202-9693, Christine D 757-374-1348</i>	Virginia Beach	
9:00AM	Men's Rap (O, DISC, M, WC &) [T] Maryview Behavioral Center, First Floor side entrance, 3636 High Street, <i>Joe B 757-397-6279</i>	Portsmouth	
9:30AM	Surrender To Live (O, WC &) [P] C. Waldo Scott Center, 3100 Wickham Avenue	Newport News	
11:00AM	We Need A Meeting (O, BT, DISC, JFT, SPK, STEP, WC &) [T] Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street, <i>Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)</i>	Portsmouth	
NOON	Faith (O, WC &) [P] Riverside Behavioral Health Center, 2244 Executive Drive	Hampton	
3:00PM	Wecoverly (O, DISC) [T] Great Bridge United Methodist Church, 201 Stadium Drive, <i>Chris 757-377-9236</i>	Chesapeake	
5:00PM	The Journey Continues (C, LIT) [B] St. Francis Episcopal Church, 509 S Rosemont Road, <i>Donna V 757-619-3737 (Living Clean Study)</i>	Virginia Beach	
6:00PM	It's About Time (O, SPK, WC &) [T] Norview United Methodist Church, 1112 Norview Avenue, <i>Jerome F 757-202-6163</i>	Norfolk	
7:00PM	A Clear Message (O, BT, DISC, SPK, AB) [T] Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard, <i>Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK)</i>	Suffolk	
7:00PM	A Gift Called Life (O, WC &) [P] Warwick United Church of Christ, 10 Matoaka Lane	Newport News	
7:00PM	New Phase Four (O, DISC, SPK, TOP) [T] Saint John's Episcopal Church, 424 Washington Street, <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>	Portsmouth	
7:00PM	The Lie Is Dead (O, WC &) [P] North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane	Hampton	
7:30PM	Recovery Group (O, WC &) [P] Riverside Behavioral Health Center, 2244 Executive Drive	Hampton	
8:00PM	Mixed Group (O, DISC) [T] First Lutheran Church, 1301 Colley Ave, <i>Mike J 757-409-1676</i>	Norfolk	
8:00PM	Nature Of Recovery (O, WC &) [P] 5477 Mooretown Road	Williamsburg	
8:00PM	Sunday Sanity (O, DISC) [B] VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, <i>Karla W 757-434-6446, Pat O 757-633-2820</i>	Virginia Beach	
MONDAY			
6:45AM	Jump Start the Day (O) [T] First Lutheran Church, Washington & King, 600 King Street, <i>Teresa D 757-724-3685</i>	Portsmouth	
9:30AM	Morning Meditation (O, WC &) [T] EZ Does It Service Center, 1153 Harmony Road, <i>Rick K 757-753-0048</i>	Norfolk	
9:30AM	Trust The Process (O, WC &) [P] St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News	
NOON	A Meeting at Lunch (O, VAR, WC &) [P] First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton	
NOON	Help Me Think (O) [T] Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd., <i>Carlton J 757-589-3564</i>	Norfolk	
NOON	High Noon (O, WC &) [P] Recovery Baptist Church, 303 Blair Avenue	Newport News	
3:00PM	Change I Must Or Die I Will (O, WC &) [P] Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd	Hampton	
6:45PM	Honesty Group (O, WC &) [P] Ivy Memorial Baptist Church, 2200 Coliseum Dr.	Hampton	
7:00PM	Beyond Our Wildest Dreams (O, SPK, WC &) [O] First Baptist Church, 318 Hall Street, <i>Charlene J 434-632-1972</i>	Franklin	
7:00PM	Monday Night Candlelight (O, BT) [T] Haygood United Methodist Church, 4713 Haygood Rd, <i>Eric D 757-580-2849</i>	Virginia Beach	
7:00PM	New Attitude (O, WC &) [P] 3509 Chestnut Avenue	Newport News	
7:00PM	New Beginnings (O, WC &) [T] Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane, <i>Greg C 757-636-3745</i>	Portsmouth	
7:00PM	Women in Recovery (O) [P] St. Martin's Church, 1333 Jamestown Road	Williamsburg	

MONDAY (CONT)			
7:30PM	How It Works (O) [T] Mt. Sinai United Holy Church, Off Watts Avenue, 2710 Columbus Avenue, <i>Tommy M 757-537-5186</i>	Portsmouth	
7:30PM	In Step (O) [P] Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy	Yorktown	
7:30PM	Living The Program (O) [B] Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, <i>Lance G 757-692-7864, Steve K 757-715-1075</i>	Virginia Beach	
7:30PM	The Out of Ordinary Meeting (O, WC &) [P] White Marsh Baptist Church, 5123 George Washington Memorial Highway	Gloucester	
7:30PM	The Winding Road (C) [T] Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd, <i>Justin K 757-773-4403, Rich B 757-737-4267</i>	Chesapeake	
8:00PM	Raw Recovery (O) [T] Homeless Shelter (Judeo-Christian Outreach Ctr.), E of Birdneck Rd, 1053 Virginia Beach Blvd, <i>Earl H 757-235-4877</i>	Virginia Beach	
8:00PM	Recovery on the Hill (O) [T] Ocean View Christian Reformed Church, 1241 Hillside Avenue, <i>Fred R 757-695-6500</i>	Norfolk	
8:30PM	Who is an Addict? (O) [P] 3279 Lake Powell Road	Williamsburg	
10:30PM	End of the Night (O) [T] Old Donation Church, 4449 N. Witchduck Road, <i>Ann V 757-270-1141</i>	Virginia Beach	
TUESDAY			
6:45AM	Jump Start the Day (O) [T] First Lutheran Church, Washington & King, 600 King Street, <i>Teresa D 757-724-3685</i>	Portsmouth	
9:30AM	Morning Meditation (O, WC &) [T] EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, <i>Rick K 757-753-0048</i>	Norfolk	
9:30AM	Trust The Process (O, WC &) [P] St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News	
NOON	A Meeting at Lunch (O) [P] First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton	
NOON	High Noon (O, WC &) [P] Recovery Baptist Church, 303 Blair Avenue	Newport News	
NOON	The Emergency Unit (O) [T] Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd, <i>Dora H 757-735-7615</i>	Portsmouth	
5:30PM	Just For Today (O) [T] First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue, <i>Bill A 757-647-7707</i>	Norfolk	
5:30PM	Serenity Group (O, WC &) [P] Riverside Behavioral Health Center, 2244 Executive Drive	Hampton	
6:00PM	I Can't We Can (O, WC &) [P] YWCA, 2702 Orcutt Avenue	Newport News	
7:00PM	A New Way of Life (O) [P] 9228 George Washington Memorial Highway	Gloucester	
7:00PM	A Proven Program (O) [P] York River Baptist Church, 8201 Croaker Road	Williamsburg	
7:00PM	Awesome Life (O) [T] Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive, <i>Carrie L 757-560-8177</i>	Chesapeake	
7:00PM	Count Your Blessings (O) [T] Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklette, 520 Oaklette Dr, <i>Daniel A 757-418-1690</i>	Chesapeake	
7:00PM	Earthbound Group (O, DISC) [O] Fellowship Around The World, 400 N. High St., <i>Stephen B 757-613-5531</i>	Franklin	
7:00PM	Keep Coming Back (O) [T] New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road, <i>Francis P 757-679-1151</i>	Portsmouth	
7:00PM	Let It Be (O) [T] Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave, <i>Jessica P 757-822-4559</i>	Norfolk	
7:00PM	We Can Change (O) [P] First Church of Newport News, 2300 Wickham Avenue	Newport News	
7:00PM	We Can Change (O) [T] Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd., <i>Edward A 757-818-2737</i>	Norfolk	
7:00PM	Women Do Recover (O, WC &) [P] Hilton Christian Church, Entrance In The Rear, 100James River Dr.	Newport News	
7:30PM	Freedom Group (O) [T] St. Nicholas Fellowship Hall, 621 First Colonial Road, <i>Kristina D 757-270-9509</i>	Virginia Beach	

TUESDAY (CONT)			
7:30PM	In Times of Illness (O) [B] VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, <i>Bill S 757-717-1815</i>	Virginia Beach	
7:30PM	New Genesis Group (O) [P] Weslley United Methodist Church, 2510 N. Armistead Avenue	Hampton	
7:30PM	There's A Light (O) [B] Ocean Lakes Church of Christ, 1200 Dam Neck Road, <i>Ian B 757-717-7900, Geoff L 757-641-3159</i>	Virginia Beach	
7:30PM	Young, Clean & Living (O) [P] North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane	Hampton	
8:00PM	A Gift Called Life (O) [T] United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, <i>Brian L 757-619-7375, Sean H 757-438-1688</i>	Portsmouth	
8:00PM	Enjoying the Journey (O) [B] Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road, <i>Billy B 757-681-4341</i>	Virginia Beach	
8:15PM	Let's Recover Together (O, WC &) [P] Hampton Christian Church, 151 East Mercury Boulevard	Hampton	
10:30PM	End of the Night (O) [T] Old Donation Church, 4449 N. Witchduck Road, <i>Ann V 757-270-1141</i>	Virginia Beach	
WEDNESDAY			
6:45AM	Jump Start the Day (O) [T] First Lutheran Church, Washington & King, 600 King Street, <i>Julia S 804-614-6603</i>	Portsmouth	
9:30AM	Morning Meditation (O, WC &) [T] EZ Does It Service Center, 1153 Harmony Road	Norfolk	
9:30AM	Trust The Process (O, WC &) [P] St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News	
NOON	A Meeting at Lunch (O) [P] First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton	
NOON	High Noon (O, WC &) [P] Recovery Baptist Church, 303 Blair Avenue	Newport News	
NOON	Visible Changes (O) [B] Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road	Virginia Beach	
7:00PM	Daily Recovery (O, VAR) [T] Mount Gilead Church, 1057 Kennedy St	Norfolk	
7:00PM	End Of The Road (O, WC &) [P] 1707 Jefferson Avenue	Newport News	
7:00PM	Hope (O) [P] Warwick Conference Center, Building #6, 12420 Warwick Blvd	Newport News	
7:00PM	Hugs Not Drugs (O) [P] Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road	Hampton	
7:00PM	Surrender and Recovery (O) [T] United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, <i>Thomas G 757-647-1481</i>	Portsmouth	
7:00PM	The Stand (O) [T] New Calvary Baptist Church, 800 E Virginia Beach Blvd, <i>Doris T 757-961-7325</i>	Norfolk	
7:15PM	Straight Ahead (O) [B] Christ Presbyterian, 709 Aragona Blvd, <i>Chris P 757-535-7227</i>	Virginia Beach	
7:30PM	Bright New Life (O) [O] Franklin Baptist Church, 208 N High Street, <i>DeWayne L 757-641-8022</i>	Franklin	
7:30PM	Change We Must (C) [T] Great Bridge Evangelical Free Church, across from old high school, 173 Mt. Pleasant Road, <i>Katie K 757-405-8464</i>	Chesapeake	
7:30PM	Life & Hopeline (O) [T] Suffolk Christian Church, by courthouse, 216 North Main St., <i>Rob T 757-923-5461</i>	Suffolk	
7:30PM	Living The Program (C, WC &) [P] Warwick United Church of Christ, 10 Matoaka Lane	Newport News	
7:30PM	What Can I Do (O) [T] Holy Communion Lutheran Church, Hodges Ferry, 6220 Portsmouth Blvd, <i>Sabrina P 757-228-0730</i>	Portsmouth	
8:00PM	Better by the Bay (O, WC &) [T] Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street, <i>Ryan D 757-651-5316</i>	Norfolk	
8:00PM	Trusted Servants (O) [B] St. Francis Episcopal Church, 509 S Rosemont Road, <i>Kevin F 757-777-2363</i>	Virginia Beach	
8:00PM	Where's Lot 14? (O) [T] Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive, <i>Gary 757-237-4507, Juanita 757-685-8848</i>	Norfolk	
8:30PM	Stepping into Recovery (O) [T] Old Donation Church, 4449 N. Witchduck Road, <i>Mary P 757-739-1726</i>	Virginia Beach	
8:30PM	Who is an Addict? (O) [P] 3279 Lake Powell Road	Williamsburg	

WEDNESDAY (CONT)			
10:30PM	End of the Night (O) [T] Old Donation Church, 4449 N. Witchduck Road, <i>Ann V 757-270-1142</i>	Virginia Beach	
THURSDAY			
6:45AM	Jump Start the Day (O) [T] First Lutheran Church, Washington & King, 600 King Street, <i>Teresa D 757-724-3685</i>	Portsmouth	
9:30AM	Morning Meditation (O, WC &) [T] EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, <i>Rick K 757-753-0048</i>	Norfolk	
9:30AM	Trust The Process (O, WC &) [P] St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News	
NOON	A Meeting at Lunch (O) [P] First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton	
NOON	High Noon (O, WC &) [P] Recovery Baptist Church, 303 Blair Avenue	Newport News	
NOON	Lunch Time Recovery (O) [T] Ocean View Christian Reformed Church, 1 Block from Ocean View Avenue & Beach View Street, 1241 Hillside Avenue, <i>LaTrisha 757-285-1964, Jerome F 757-202-6163</i>	Norfolk	
NOON	Reason To Believe (O) [T] Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd, <i>Johnny D 757-287-4430</i>	Chesapeake	
5:30PM	The Warriors (O, WC &) [P] Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd	Hampton	
5:30PM	We Do Recover (O) [O] Franklin District Building, 161 Steward Drive, <i>Keith J 757-344-3189</i>	Franklin	
6:30PM	Got to Have It (O) [T] Queen Street Baptist Church, 413 E. Brambleton Avenue, <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>	Norfolk	
7:00PM	Freebird (O) [T] Craddock Baptist Church, and Harris Road, 96 Afton Parkway, <i>Roland C 757-328-2243, Jen J. 757-582-4947</i>	Portsmouth	
7:00PM	Let's Get Spiritual (O, WC &) [P] St. Paul AME Church, 2500 Chestnut Avenue, <i>Teddie 757-503-0528</i>	Newport News	
7:00PM	Second Change (O) [T] Great Bridge United Methodist Church, @S. Battlefield, 201 Stadium Drive, <i>Bernard 757-778-1755, Louie L 757-560-8172</i>	Chesapeake	
7:00PM	Shattering the Illusion (O) [B] St. Michaels Lutheran Church, 2208 Princess Anne Road, <i>Bryan M 757-635-7414, Tim B 714-3132</i>	Virginia Beach	
7:00PM	Show Me How To Live (C) [T] Sacred Heart Church, 520 Graydon Avenue	Norfolk	
7:00PM	We Do Recover (O, WC & , LIT) [P] Reformation Lutheran Church, 13100 Warwick Blvd	Newport News	
7:30PM	12 + 12 = Change! (O, WC &) [P] Wesley Foundation (across from W&M soccer field), 526 Jamestown Road	Williamsburg	
7:30PM	Caring and Sharing (O) [T] Unity Renaissance Church, behind Greenbriar Mall, 1120 Eden Way N	Chesapeake	
7:30PM	Fresh Start for Open Hearts (O) [P] Poquoson Baptist Church, 283 Wythe Creek Road	Poquoson	
7:30PM	Girls Nite Out (O) [T] First Friends Church, 5307 Portsmouth Blvd., <i>Kat 757-359-3793, Missy 757-753-6223</i>	Portsmouth	
7:30PM	Serenity Circle (O) [B] Haygood United Methodist Church, 4713 Haygood Road, <i>Pam 757-636-2364, Trish 757-575-9350</i>	Virginia Beach	
8:00PM	Branching Out (O) [T] Aldersgate United Methodist Church, western branch, 4320 Bruce Rd, <i>Joe B 757-397-6279</i>	Chesapeake	
8:00PM	Choose Life (O) [B] VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, <i>Phil S 757-771-6763</i>	Virginia Beach	
8:00PM	Junks & Drunks (O) [T] East Ocean View Baptist Church, Social Hall, 9609 9th Bay Street, <i>Marsha N 757-470-6128</i>	Norfolk	
8:00PM	Raw Recovery (O) [T] Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd, <i>April M 757-322-7038</i>	Virginia Beach	
8:00PM	Time To Surrender (O, WC &) [P] North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane	Hampton	
10:30PM	End of the Night (O) [T] Old Donation Church, 4449 N. Witchduck Road, <i>Ann V 757-270-1141</i>	Virginia Beach	

