

SUNDAY	
9:00AM	Hope Ignited , Virginia Beach Recovery Club, 1900 Baltic Avenue (O, DISC, WC &) <i>Dale 757-202-9693, Chuck K 757-469-9365</i>
9:00AM	Men's Rap , Maryview Behavioral Center, First Floor side entrance, 3636 High Street (O, DISC, M, WC &) <i>Joe B 757-397-6279</i>
9:30AM	Surrender To Live , C. Waldo Scott Center, 3100 Wickham Avenue (O, WC &) <i>Dee W. 757-503-0739 - Tony H. 757-696-6654</i>
11:00AM	We Need A Meeting , Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street (O, BT, DISC, JFT, SPK, STEP, WC &) <i>Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)</i>
NOON	Faith , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
3:00PM	Wecovery , Great Bridge United Methodist Church, 201 Stadium Drive (O, DISC) <i>Chris 757-377-9236</i>
5:00PM	The Journey Continues , St. Francis Episcopal Church, 509 S Rosemont Road (C, LIT) <i>Lucinda W 757-502-5176 (Living Clean Study)</i>
6:00PM	It's About Time , Norview United Methodist Church, 1112 Norview Avenue (O, SPK, WC &) <i>Jerome F 757-202-6163</i>
7:00PM	A Clear Message , Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard (O, BT, DISC, SPK, AB) <i>Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK)</i>
7:00PM	A Gift Called Life , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &)
7:00PM	New Phase Four , Saint John's Episcopal Church, 424 Washington Street (O, DISC, SPK, TOP) <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>
7:00PM	The Lie Is Dead , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &)
7:30PM	Recovery Group , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
8:00PM	Mixed Group , First Lutheran Church, 1301 Colley Ave (O, DISC) <i>Mike J 757-409-1676</i>
8:00PM	Nature Of Recovery , 5477 Mooretown Road (O, WC &)
8:00PM	Sunday Sanity , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, DISC) <i>Karla W 757-434-6446, Pat O 757-633-2820</i>

MONDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road (O, WC &) <i>Rick K 757-753-0048</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O, VAR, WC &)
NOON	Help Me Think , Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd. (O, BT, JFT, STEP, TOP) <i>1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, Carlton J 757-589-3564</i>
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
3:00PM	Change I Must Or Die I Will , Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd (O, WC &)
6:45PM	Honesty Group , Ivy Memorial Baptist Church, 2200 Coliseum Dr. (O, WC &)
7:00PM	Beyond Our Wildest Dreams , First Baptist Church, 318 Hall Street (O, SPK, WC &) <i>Charlene J 434-632-1972</i>
7:00PM	Monday Night Candlelight , Haygood United Methodist Church, 4713 Haygood Rd (O, BT) <i>Eric D 757-580-2849</i>
7:00PM	New Attitude , 3509 Chestnut Avenue (O, WC &)
7:00PM	New Beginnings , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane (O, IW, WC &) <i>Greg C 757-636-3745. Kathy K 757-403-7409</i>
7:00PM	The Winding Road , Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd (C) <i>Jacob M 757-831-8249, Rich B 757-288-0650</i>

MONDAY (CONT)	
7:00PM	Women in Recovery , St, Martin's Church, 3279 Lake Powell Rd (O)
7:30PM	In Step , Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy (O)
7:30PM	Living The Program , Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road (O, BT, DISC) <i>Lance G 757-692-7864, Steve K 757-715-1075</i>
7:30PM	The Out of Ordinary Meeting , White Marsh Baptist Church, 5123 George Washington Memorial Highway (O, WC &)
8:00PM	Raw Recovery , Homeless Shelter, Judeo-Christian Outreach Ctr, E of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) <i>April M 757-323-7038</i>
8:00PM	Recovery on the Hill , Ocean View Christian Reformed Church, 1241 Hillside Avenue (O, BT, CAN, SPK, STEP, WC &) <i>Fred R 757-695-6500</i>
8:30PM	Who is an Addict? , 3279 Lake Powell Road (O)
10:30PM	End of the Night , Old Donation Church, 4449 N. Witchduck Road (O, DISC, VAR) <i>Ann L 757-270-1141</i>

TUESDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O, DISC) <i>Teresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048, Mike M 757-305-2212</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
NOON	The Emergency Unit , Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd (O, BT, DISC) <i>Dora H 757-735-7615</i>
5:30PM	Just For Today , First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue (O, DISC, IP, SPK, STEP, TOP) <i>Bill A 757-647-7707</i>
5:30PM	Serenity Group , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
6:00PM	I Can't We Can , YWCA, 2702 Orcutt Avenue (O, WC &)
6:30PM	Serenity In The Sand , On the Beach, at the end of 3rd Bay Street, East Ocean View and 3rd Bay Street (O, DISC) <i>Seasonal - May through September Only, April 757-322-7038</i>
7:00PM	A New Way of Life , 9228 George Washington Memorial Highway (O)
7:00PM	A Proven Program , York River Baptist Church, 8201 Croaker Road (O)
7:00PM	Count Your Blessings , Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr (O, DISC, JFT) <i>Daniel A 757-418-1690</i>
7:00PM	Earthbound Group , Fellowship Around The World, 400 N. High St. (O, DISC) <i>Stephen B 757-613-5531</i>
7:00PM	Keep Coming Back , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road (O, BT, DISC, SPK, STEP, TOP) <i>Francis P 757-679-1151</i>
7:00PM	Let It Be , Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave (O, DISC) <i>Brandi M 757-581-3178</i>
7:00PM	We Can Change , First Church of Newport News, 2300 Wickham Avenue (O)
7:00PM	We Can Change , Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd. (O, BT, DISC, IW, SPK) <i>Olena P 757-359-5580</i>
7:00PM	Women Do Recover , Hilton Christian Church, Entrance In The Rear, 100James River Dr. (O, WC &)
7:30PM	Awesome Life , Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive (O, CAN, DISC, IP) <i>Carrie L 757-560-8177</i>

TUESDAY (CONT)	
7:30PM	Freedom Group , Nicholas Greek Church, Fellowship Hall, 621 First Colonial Road (O, DISC) <i>Living Clean Study, Kristina D 757-270-9509, Mary K 757-650-0783</i>
7:30PM	In Times of Illness , VA Beach Psych Center, next to hospital, those with illness in recovery are welcome, 1100 First Colonial Rd (O, DISC) <i>Bill S 757-717-1815</i>
7:30PM	New Genesis Group , Weslley United Methodist Church, 2510 N. Armistead Avenue (O)
7:30PM	There's A Light , Ocean Lakes Church of Christ, 1200 Dam Neck Road (O, DISC) <i>Ian B 757-717-7900, Geoff L 757-641-3159</i>
7:30PM	Young, Clean & Living , North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane (O)
8:00PM	A Gift Called Life , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>
8:00PM	Enjoying the Journey , Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road (O, DISC, SPK, STEP, TOP) <i>Billy B 757-681-4341</i>
8:15PM	Let's Recover Together , Hampton Christian Church, 151 East Mercury Boulevard (O, WC &)
10:30PM	End of the Night , Old Donation Church, 4449 N. Witchduck Road (O, DISC, WC &) <i>Ann L 757-270-1141</i>

WEDNESDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O, DISC) <i>Theresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-7530048</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
NOON	Visible Changes , Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road (O, DISC) <i>Julia S 804-614-6603</i>
5:30PM	Midweek Peak , Thalia Lynn Baptist Church, 4392 Virginia Beach Blvd (O, DISC) <i>John B 7576354318 Sarah H 7572988224</i>
6:00PM	Becoming A Winner , Loving Kindness Worship Center, 2002 N. Armisted Ave. (O)
6:30PM	Last House on the Block , Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave (O, DISC) <i>Lafayette R 757-696-7534, Rudolph S 757-714-0783</i>
7:00PM	End Of The Road , 1707 Jefferson Avenue (O, WC &)
7:00PM	Hope , Warwick Conference Center, Building #6, 12420 Warwick Blvd (O)
7:00PM	Hugs Not Drugs , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O)
7:00PM	Surrender and Recovery , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Thomas G 757-647-1481</i>
7:15PM	Straight Ahead , Christ Presbyterian, 709 Aragona Blvd (O, DISC, STEP) <i>Chris P 757-535-7227</i>
7:30PM	Bright New Life , Franklin Baptist Church, 208 N High Street (O) <i>DeWayne L 757-641-8022</i>
7:30PM	Change We Must , Oak Grove UMC, across from water tower, 472 North Battlefield Blvd. (O, C, BT) <i>Katie K 757-405-8464</i>
7:30PM	Life & Hopeline , Suffolk Christian Church, by courthouse, 216 North Main St. (O, DISC, STEP, WC &) <i>Rob T 757-923-5461</i>
7:30PM	Living The Program , Warwick United Church of Christ, 10 Matoaka Lane (C, WC &)
7:30PM	What Can I Do , Wesley Community Service Center, 1701 Elm St (O, BT, IP, STEP, TW) <i>Sabrina P 757-228-0730</i>
8:00PM	Better by the Bay , Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street (O, BT, DISC, WC &) <i>Ryan D 757-651-5316</i>

WEDNESDAY (CONT)	
8:00PM	Trusted Servants , St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC, WC &) <i>Barbara H 845-905-9126</i>
8:00PM	Where's Lot 14? , Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive (O, DISC) <i>Gary 757-237-4507, Juanita 757-685-8848</i>
8:30PM	Stepping into Recovery , Old Donation Church, 4449 N. Witchduck Road (O, BT, DISC) <i>Living Clean Study, Mary P 757-739-1726</i>
8:30PM	Who is an Addict? , 3279 Lake Powell Road (O)
10:30PM	End of the Night , Old Donation Church, 4449 N. Witchduck Road (O, BT, DISC) <i>Ann L 757-270-1142</i>
THURSDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O, DISC) <i>Teresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
NOON	Reason To Believe , Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd (O, BT, DISC) <i>Johnny D 757-287-4430</i>
NOON	Recovery 'N' EOv , Ocean View Reformed Christian Church, block in for Ocean View Ave at Beach St, 1241 Hillside Ave (O, BT, DISC, IP, SPK) <i>LaTrisha 757-285-7964, Jerome F 757-202-6163</i>
5:30PM	The Warriors , Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd (O, WC &)
5:30PM	We Do Recover , Franklin District Building, 161 Steward Drive (O) <i>Keith J 757-344-3189</i>
6:30PM	Got to Have It , Queen Street Baptist Church, 413 E. Brambleton Avenue (O, BT, IP, SPK, STEP, WC &) <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>
7:00PM	Freebird , Craddock Baptist Church, and Harris Road, 96 Afton Parkway (O, BL, BT) <i>Roland C 757-328-2243, Jen J. 757-582-4947</i>
7:00PM	Girls Nite Out , First Friends Church, 5307 Portsmouth Blvd. (O, IP, JFT, SWG, STEP, W) <i>Vickie 757-375-0067, Kat 757-359-3793, Missy 757-753-6223</i>
7:00PM	Let's Get Spiritual , St. Paul AME Church, 2500 Chestnut Avenue (O, WC &)
7:00PM	Second Chance , Great Bridge United Methodist Church, corner of S. Battlefield Blvd and Stadium Dr, 201 Stadium Drive (O, DISC, STEP, TW) <i>Bernard 757-778-1755, Louie L 757-560-8172</i>
7:00PM	Shattering the Illusion , St. Michaels Lutheran Church, 2208 Princess Anne Road (O, BT) <i>Bryan M 757-635-7414, Tim B 714-3132</i>
7:00PM	We Do Recover , Reformation Lutheran Church, 13100 Warwick Blvd (O, WC &, LIT)
7:30PM	12 + 12 = Change!! , Wesley Foundation (across from W&M soccer field), 526 Jamestown Road (O, WC &)
7:30PM	Fresh Start for Open Hearts , Poquoson Baptist Church, 283 Wythe Creek Road (O)
7:30PM	Serenity Circle , Haygood United Methodist Church, 4713 Haygood Road (O, DISC) <i>Pam 757-636-2364, Trish 757-575-9350</i>
8:00PM	Branching Out , Aldersgate United Methodist Church, western branch, 4320 Bruce Rd (O, BT, STEP) <i>Joe B 757-397-6279</i>
8:00PM	Choose Life , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, BT, IP, SPK) <i>Candace J 7575856609 Dickie B 7574125029</i>
8:00PM	Junks & Drunks , Ocean View Reformed Church, 1241 Hillside Ave (O, STEP) <i>Marsha N 757-470-6128</i>

