

SUNDAY	
9:00AM	Hope Ignited , Virginia Beach Recovery Club, 1900 Baltic Avenue (O, DISC, WC &) <i>Dale 757-202-9693, Chuck K 757-469-9365</i>
9:00AM	Men's Rap , Maryview Behavioral Center, First Floor side entrance, 3636 High Street (O, DISC, M, WC &) <i>Joe B 757-397-6279</i>
9:30AM	Surrender To Live , C. Waldo Scott Center, 3100 Wickham Avenue (O, WC &) <i>Dee W. 757-503-0739 - Tony H. 757-696-6654</i>
11:00AM	We Need A Meeting , Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street (O, BT, DISC, JFT, SPK, STEP, WC &) <i>Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)</i>
NOON	Faith , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
1:00PM	Dopeless Hopefiends , GHR Center, Suite B, 850 Tidewater Dr, <i>William M 757-851-8395</i>
3:00PM	Wecovery , Great Bridge United Methodist Church, 201 Stadium Drive (O, DISC) <i>Chris 757-377-9236</i>
5:00PM	The Journey Continues , St. Francis Episcopal Church, 509 S Rosemont Road (C, LIT) <i>Lucinda W 757-502-5176 (Living Clean Study)</i>
6:00PM	It's About Time , Norview United Methodist Church, 1112 Norview Avenue (O, SPK, WC &) <i>Jerome F 757-202-6163</i>
7:00PM	A Clear Message , Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard (O, BT, DISC, SPK, AB) <i>Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK)</i>
7:00PM	A Gift Called Life , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &)
7:00PM	New Phase Four , Saint John's Episcopal Church, 424 Washington Street (O, DISC, SPK, TOP) <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>
7:00PM	The Lie Is Dead , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &)
7:30PM	Recovery Group , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
8:00PM	Mixed Group , First Lutheran Church, 1301 Colley Ave (O, DISC) <i>Mike J 757-409-1676</i>
8:00PM	Nature Of Recovery , 5477 Mooretown Road (O, WC &)
8:00PM	Sunday Sanity , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, DISC) <i>Karla W 757-434-6446, Pat O 757-633-2820</i>
MONDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road (O, WC &) <i>Rick K 757-753-0048</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O, VAR, WC &)
NOON	Help Me Think , Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd. (O, BT, JFT, STEP, TOP) <i>1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, Carlton J 757-589-3564</i>
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
3:00PM	Change I Must Or Die I Will , Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd (O, WC &)
6:45PM	Honesty Group , Ivy Memorial Baptist Church, 2200 Coliseum Dr. (O, WC &)
7:00PM	Beyond Our Wildest Dreams , First Baptist Church, 318 Hall Street (O, SPK, WC &) <i>Charlene J 434-632-1972</i>
7:00PM	Monday Night Candlelight , Haygood United Methodist Church, 4713 Haygood Rd (O, BT, CAN, WC &) <i>Eric D 757-580-2849</i>
7:00PM	New Attitude , 3509 Chestnut Avenue (O, WC &)
7:00PM	New Beginnings , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane (O, IW, WC &) <i>Greg C 757-636-3745. Kathy K 757-403-7409</i>

MONDAY (CONT)	
7:00PM	The Winding Road , Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd (C) <i>Jacob M 757-831-8249, Rich B 757-288-0650</i>
7:00PM	Women in Recovery , St, Martin's Church, 3279 Lake Powell Rd (O)
7:30PM	In Step , Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy (O)
7:30PM	Living The Program , Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road (O, BT, DISC) <i>Lance G 757-692-7864, Steve K 757-715-1075</i>
7:30PM	The Out of Ordinary Meeting , White Marsh Baptist Church, 5123 George Washington Memorial Highway (O, WC &)
8:00PM	Raw Recovery , Homeless Shelter, Judeo-Christian Outreach Ctr, E of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) <i>April M 757-323-7038</i>
8:00PM	Recovery on the Hill , Ocean View Christian Reformed Church, 1241 Hillside Avenue (O, BT, CAN, SPK, STEP, WC &) <i>Fred R 757-695-6500</i>
8:30PM	Who is an Addict? , 3279 Lake Powell Road (O)
10:30PM	End of the Night , Old Donation Episcopal Church, 4449 N Witchduck Road (O, DISC, WC &, LIT) <i>Ann V 757-270-1141</i>
TUESDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O, DISC) <i>Teresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048, Mike M 757-305-2212</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
NOON	The Emergency Unit , Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd (O, BT, DISC) <i>Dora H 757-735-7615</i>
5:30PM	Just For Today , First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue (O, DISC, IP, SPK, STEP, TOP) <i>Bill A 757-647-7707</i>
5:30PM	Serenity Group , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
6:00PM	I Can't We Can , YWCA, 2702 Orcutt Avenue (O, WC &)
6:30PM	Serenity In The Sand , On the Beach, 3rd Bay Street Public Beach Access, East Ocean View and 3rd Bay Street (O, DISC, VAR, SMOK) <i>Seasonal - May through September Only, Aimee 757-998-0843</i>
7:00PM	A New Way of Life , 9228 George Washington Memorial Highway (O)
7:00PM	A Proven Program , York River Baptist Church, 8201 Croaker Road (O)
7:00PM	Count Your Blessings , Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr (O, DISC, JFT) <i>Daniel A 757-418-1690</i>
7:00PM	Earthbound Group , Fellowship Around The World, 400 N. High St. (O, DISC) <i>Stephen B 757-613-5531</i>
7:00PM	Keep Coming Back , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road (O, BT, DISC, SPK, STEP, TOP) <i>Francis P 757-679-1151</i>
7:00PM	Let it Be , Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave (O, DISC) <i>Brandi M 757-581-3178</i>
7:00PM	We Can Change , First Church of Newport News, 2300 Wickham Avenue (O)
7:00PM	We Can Change , Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd. (O, BT, DISC, IW, SPK) <i>Olena P 757-359-5580</i>

TUESDAY (CONT)	
7:00PM	Women Do Recover , Hilton Christian Church, Entrance In The Rear, 100James River Dr. (O, WC &)
7:30PM	Awesome Life , Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive (O, CAN, DISC, IP) <i>Carrie L 757-560-8177</i>
7:30PM	Freedom Group , Nicholas Greek Church, Fellowship Hall, 621 First Colonial Road (O, DISC) <i>Living Clean Study, Kristina D 757-270-9509, Mary K 757-650-0783</i>
7:30PM	In Times of Illness , VA Beach Psych Center, next to hospital, those with illness in recovery are welcome, 1100 First Colonial Rd (O, DISC) <i>Bill S 757-717-1815</i>
7:30PM	New Genesis Group , Weslley United Methodist Church, 2510 N. Armistead Avenue (O)
7:30PM	There's A Light , Ocean Lakes Church of Christ, 1200 Dam Neck Road (O, DISC) <i>Ian B 757-717-7900, Geoff L 757-641-3159</i>
7:30PM	Young, Clean & Living , North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane (O)
8:00PM	A Gift Called Life , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>
8:00PM	Enjoying the Journey , Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road (O, DISC, SPK, STEP, TOP) <i>Billy B 757-681-4341</i>
8:15PM	Let's Recover Together , Hampton Christian Church, 151 East Mercury Boulevard (O, WC &)
10:30PM	End of the Night , Old Donation Episcopal Church, 4449 N Witchduck Road (O, DISC, IW, WC &) <i>Ann V 757-270-1141</i>
WEDNESDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O, DISC) <i>Theresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-7530048</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
NOON	High Noon , New Life Providence Church, 1420 Colonial Ave (O) <i>Lafayette 757-696-7534, Michelle M 757-381-5881</i>
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
NOON	Recovery At Noon , 3279 Lake Powell Rd (O)
NOON	Visible Changes , Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road (O, DISC) <i>Charles D. 757-729-6176 Deborah J. 757-320-6341</i>
5:30PM	Midweek Peak , Thalia Lynn Baptist Church, 4392 Virginia Beach Blvd (O, DISC) <i>John B 7576354318 Sarah H 7572988224</i>
6:00PM	Becoming A Winner , Loving Kindness Worship Center, 2002 N. Armisted Ave. (O)
6:30PM	Last House on the Block , Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave (O, DISC) <i>Lafayette R 757-696-7534, Rudolph S 757-714-0783</i>
7:00PM	End Of The Road , 1707 Jefferson Avenue (O, WC &)
7:00PM	Hope , Warwick Conference Center, Building #6, 12420 Warwick Blvd (O)
7:00PM	Hugs Not Drugs , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O)
7:00PM	Surrender and Recovery , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Thomas G 757-647-1481</i>
7:15PM	Straight Ahead , Christ Presbyterian, 709 Aragona Blvd (O, DISC, STEP) <i>Chris P 757-535-7227</i>
7:30PM	Bright New Life , Franklin Baptist Church, 208 N High Street (O) <i>DeWayne L 757-641-8022</i>
7:30PM	Change We Must , Oak Grove UMC, across from water tower, 472 North Battlefield Blvd. (O, C, BT) <i>Katie K 757-405-8464</i>

WEDNESDAY (CONT)	
7:30PM	Life & Hopeline , Suffolk Christian Church, by courthouse, 216 North Main St. (O, DISC, STEP, WC &) <i>Rob T 757-923-5461</i>
7:30PM	Living The Program , Warwick United Church of Christ, 10 Matoaka Lane (C, WC &)
7:30PM	What Can I Do , Wesley Community Service Center, 1701 Elm St (O, BT, IP, STEP, TW) <i>Sabrina P 757-228-0730</i>
8:00PM	Better by the Bay , Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street (O, BT, DISC, WC &) <i>Ryan D 757-651-5316</i>
8:00PM	Trusted Servants , St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC, WC &) <i>Barbara H 845-905-9126</i>
8:00PM	Where's Lot 14? , Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive (O, DISC) <i>Gary 757-237-4507, Juanita 757-685-8848</i>
8:30PM	Stepping into Recovery , Old Donation Church, 4449 N. Witchduck Road (O, BT, DISC) <i>Living Clean Study, Mary P 757-739-1726</i>
8:30PM	Who is an Addict? , 3279 Lake Powell Road (O)
10:30PM	End of the Night , Old Donation Episocal Church, 4449 N Witchduck Road (O, BT, DISC, WC &) <i>Ann V 757-270-1142</i>
THURSDAY	
6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O, DISC) <i>Teresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
NOON	Reason To Believe , Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd (O, BT, DISC) <i>Johnny D 757-287-4430</i>
NOON	Recovery 'N' EOv , Ocean View Reformed Christian Church, block in for Ocean View Ave at Beach St, 1241 Hillside Ave (O, BT, DISC, IP, SPK) <i>LaTrisha 757-285-7964, Jerome F 757-202-6163</i>
5:30PM	The Warriors , Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd (O, WC &)
5:30PM	We Do Recover , Franklin District Building, 161 Steward Drive (O) <i>Keith J 757-344-3189</i>
6:30PM	Got to Have It , Queen Street Baptist Church, 413 E. Brambleton Avenue (O, BT, IP, SPK, STEP, WC &) <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>
7:00PM	Freebird , Craddock Baptist Church, and Harris Road, 96 Afton Parkway (O, BL, BT) <i>Roland C 757-328-2243, Jen J. 757-582-4947</i>
7:00PM	Girls Nite Out , First Friends Church, 5307 Portsmouth Blvd. (O, IP, JFT, SWG, STEP, W) <i>Vickie 757-375-0067, Kat 757-359-3793, Missy 757-753-6223</i>
7:00PM	Let's Get Spiritual , St. Paul AME Church, 2500 Chestnut Avenue (O, WC &)
7:00PM	Second Chance , Great Bridge United Methodist Church, corner of S. Battlefield Blvd and Stadium Dr, 201 Stadium Drive (O, DISC, STEP, TW) <i>Bernard 757-778-1755, Louie L 757-560-8172</i>
7:00PM	Shattering the Illusion , St. Michaels Lutheran Church, 2208 Princess Anne Road (O, BT) <i>Kristine A. 757-202-2702</i>
7:00PM	We Do Recover , Reformation Lutheran Church, 13100 Warwick Blvd (O, WC &, LIT)
7:30PM	12 + 12 = Change!! , Wesley Foundation (across from W&M soccer field), 526 Jamestown Road (O, WC &)
7:30PM	Fresh Start for Open Hearts , Poquoson Baptist Church, 283 Wythe Creek Road (O)

HAMPTON ROADS METRO



MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

JULY 2018

REGIONAL HELPLINE

800-777-1515

TIDEWATER HELPLINE

866-972-5055

Meeting Format Legend

AB	Ask-It-Basket	BL	Bi-Lingual
BT	Basic Text	C	Closed
CAN	Candlelight	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SMOK	Smoking	SPK	Speaker
STEP	Step	SWG	Step Working Guide Study
TOP	Topic	TRAD	Tradition
TW	Traditions Workshop	VAR	Format Varies
W	Women	WC ♿	Wheelchair