

SUNDAY	
<b>9:00AM</b>	<b>Hope Ignited</b> , Virginia Beach Recovery Club, 1900 Baltic Avenue (O, DISC, WC & ) <i>Dale 757-202-9693, Christine D 757-374-1348</i>
<b>9:00AM</b>	<b>Men's Rap</b> , Maryview Behavioral Center, First Floor side entrance, 3636 High Street (O, DISC, M, WC & ) <i>Joe B 757-397-6279</i>
<b>9:30AM</b>	<b>Surrender To Live</b> , C. Waldo Scott Center, 3100 Wickham Avenue (O, WC & )
<b>11:00AM</b>	<b>We Need A Meeting</b> , Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street (O, BT, DISC, JFT, SPK, STEP, WC & ) <i>Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)</i>
<b>NOON</b>	<b>Faith</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC & )
<b>3:00PM</b>	<b>Wecover</b> , Great Bridge United Methodist Church, 201 Stadium Drive (O, DISC) <i>Chris 757-377-9236</i>
<b>5:00PM</b>	<b>The Journey Continues</b> , St. Francis Episcopal Church, 509 S Rosemont Road (C, LIT) <i>Donna V 757-619-3737 (Living Clean Study)</i>
<b>6:00PM</b>	<b>It's About Time</b> , Norview United Methodist Church, 1112 Norview Avenue (O, SPK, WC & ) <i>Jerome F 757-202-6163</i>
<b>7:00PM</b>	<b>A Clear Message</b> , Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard (O, BT, DISC, SPK, AB) <i>Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK)</i>
<b>7:00PM</b>	<b>A Gift Called Life</b> , Warwick United Church of Christ, 10 Matoaka Lane (O, WC & )
<b>7:00PM</b>	<b>New Phase Four</b> , Saint John's Episcopal Church, 424 Washington Street (O, DISC, SPK, TOP) <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>
<b>7:00PM</b>	<b>The Lie Is Dead</b> , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC & )
<b>7:30PM</b>	<b>Recovery Group</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC & )
<b>8:00PM</b>	<b>Mixed Group</b> , First Lutheran Church, 1301 Colley Ave (O, DISC) <i>Mike J 757-409-1676</i>
<b>8:00PM</b>	<b>Nature Of Recovery</b> , 5477 Mooretown Road (O, WC & )
<b>8:00PM</b>	<b>Sunday Sanity</b> , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, DISC) <i>Karla W 757-434-6446, Pat O 757-633-2820</i>
MONDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, 1153 Harmony Road (O, WC & ) <i>Rick K 757-753-0048</i>
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC & )
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O, VAR, WC & )
<b>NOON</b>	<b>Help Me Think</b> , Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd. (O) <i>Carlton J 757-589-3564</i>
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC & )
<b>3:00PM</b>	<b>Change I Must Or Die I Will</b> , Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd (O, WC & )
<b>6:45PM</b>	<b>Honesty Group</b> , Ivy Memorial Baptist Church, 2200 Coliseum Dr. (O, WC & )
<b>7:00PM</b>	<b>Beyond Our Wildest Dreams</b> , First Baptist Church, 318 Hall Street (O, SPK, WC & ) <i>Charlene J 434-632-1972</i>
<b>7:00PM</b>	<b>Monday Night Candlelight</b> , Haygood United Methodist Church, 4713 Haygood Rd (O, BT) <i>Eric D 757-580-2849</i>
<b>7:00PM</b>	<b>New Attitude</b> , 3509 Chestnut Avenue (O, WC & )
<b>7:00PM</b>	<b>New Beginnings</b> , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane (O, WC & ) <i>Greg C 757-636-3745</i>
<b>7:00PM</b>	<b>Women in Recovery</b> , St, Martin's Church, 1333 Jamestown Road (O)
<b>7:30PM</b>	<b>How It Works</b> , Mt. Sinai United Holy Church, Off Watts Avenue, 2710 Columbus Avenue (O) <i>Tommy M 757-537-5186</i>

MONDAY (CONT)	
<b>7:30PM</b>	<b>In Step</b> , Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy (O)
<b>7:30PM</b>	<b>Living The Program</b> , Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road (O) <i>Lance G 757-692-7864, Steve K 757-715-1075</i>
<b>7:30PM</b>	<b>The Out of Ordinary Meeting</b> , White Marsh Baptist Church, 5123 George Washington Memorial Highway (O, WC & )
<b>7:30PM</b>	<b>The Winding Road</b> , Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd (C) <i>Justin K 757-773-4403, Rich B 757-737-4267</i>
<b>8:00PM</b>	<b>Raw Recovery</b> , Homeless Shelter (Judeo-Christian Outreach Ctr.), E of Birdneck Rd, 1053 Virginia Beach Blvd (O) <i>Earl H 757-235-4877</i>
<b>8:00PM</b>	<b>Recovery on the Hill</b> , Ocean View Christian Reformed Church, 1241 Hillside Avenue (O) <i>Fred R 757-695-6500</i>
<b>8:30PM</b>	<b>Who is an Addict?</b> , 3279 Lake Powell Road (O)
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Church, 4449 N. Witchduck Road (O) <i>Ann V 757-270-1141</i>
TUESDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, WC & ) <i>Rick K 757-753-0048</i>
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC & )
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC & )
<b>NOON</b>	<b>The Emergency Unit</b> , Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd (O) <i>Dora H 757-735-7615</i>
<b>5:30PM</b>	<b>Just For Today</b> , First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue (O) <i>Bill A 757-647-7707</i>
<b>5:30PM</b>	<b>Serenity Group</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC & )
<b>6:00PM</b>	<b>I Can't We Can</b> , YWCA, 2702 Orcutt Avenue (O, WC & )
<b>7:00PM</b>	<b>A New Way of Life</b> , 9228 George Washington Memorial Highway (O)
<b>7:00PM</b>	<b>A Proven Program</b> , York River Baptist Church, 8201 Croaker Road (O)
<b>7:00PM</b>	<b>Awesome Life</b> , Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive (O) <i>Carrie L 757-560-8177</i>
<b>7:00PM</b>	<b>Count Your Blessings</b> , Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr (O) <i>Daniel A 757-418-1690</i>
<b>7:00PM</b>	<b>Earthbound Group</b> , Fellowship Around The World, 400 N. High St. (O, DISC) <i>Stephen B 757-613-5531</i>
<b>7:00PM</b>	<b>Keep Coming Back</b> , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road (O) <i>Francis P 757-679-1151</i>
<b>7:00PM</b>	<b>Let It Be</b> , Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave (O) <i>Jessica P 757-822-4559</i>
<b>7:00PM</b>	<b>We Can Change</b> , First Church of Newport News, 2300 Wickham Avenue (O)
<b>7:00PM</b>	<b>We Can Change</b> , Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd. (O) <i>Edward A 757-818-2737</i>
<b>7:00PM</b>	<b>Women Do Recover</b> , Hilton Christian Church, Entrance In The Rear, 100James River Dr. (O, WC & )
<b>7:30PM</b>	<b>Freedom Group</b> , St. Nicholas Fellowship Hall, 621 First Colonial Road (O) <i>Kristina D 757-270-9509</i>
<b>7:30PM</b>	<b>In Times of Illness</b> , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O) <i>Bill S 757-717-1815</i>

TUESDAY (CONT)	
<b>7:30PM</b>	<b>New Genesis Group</b> , Weslley United Methodist Church, 2510 N. Armistead Avenue (O)
<b>7:30PM</b>	<b>There's A Light</b> , Ocean Lakes Church of Christ, 1200 Dam Neck Road (O) <i>Ian B 757-717-7900, Geoff L 757-641-3159</i>
<b>7:30PM</b>	<b>Young, Clean &amp; Living</b> , North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane (O)
<b>8:00PM</b>	<b>A Gift Called Life</b> , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>
<b>8:00PM</b>	<b>Enjoying the Journey</b> , Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road (O) <i>Billy B 757-681-4341</i>
<b>8:15PM</b>	<b>Let's Recover Together</b> , Hampton Christian Church, 151 East Mercury Boulevard (O, WC & )
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Church, 4449 N. Witchduck Road (O) <i>Ann V 757-270-1141</i>
WEDNESDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Julia S 804-614-6603</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, 1153 Harmony Road (O, WC & )
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC & )
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC & )
<b>NOON</b>	<b>Visible Changes</b> , Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road (O)
<b>7:00PM</b>	<b>Daily Recovery</b> , Mount Gilead Church, 1057 Kennedy St (O, VAR)
<b>7:00PM</b>	<b>End Of The Road</b> , 1707 Jefferson Avenue (O, WC & )
<b>7:00PM</b>	<b>Hope</b> , Warwick Conference Center, Building #6, 12420 Warwick Blvd (O)
<b>7:00PM</b>	<b>Hugs Not Drugs</b> , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O)
<b>7:00PM</b>	<b>Surrender and Recovery</b> , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O) <i>Thomas G 757-647-1481</i>
<b>7:00PM</b>	<b>The Stand</b> , New Calvary Baptist Church, 800 E Virginia Beach Blvd (O) <i>Doris T 757-961-7325</i>
<b>7:15PM</b>	<b>Straight Ahead</b> , Christ Presbyterian, 709 Aragona Blvd (O) <i>Chris P 757-535-7227</i>
<b>7:30PM</b>	<b>Bright New Life</b> , Franklin Baptist Church, 208 N High Street (O) <i>DeWayne L 757-641-8022</i>
<b>7:30PM</b>	<b>Change We Must</b> , Great Bridge Evangelical Free Church, across from old high school, 173 Mt. Pleasant Road (C) <i>Katie K 757-405-8464</i>
<b>7:30PM</b>	<b>Life &amp; Hopeline</b> , Suffolk Christian Church, by courthouse, 216 North Main St. (O) <i>Rob T 757-923-5461</i>
<b>7:30PM</b>	<b>Living The Program</b> , Warwick United Church of Christ, 10 Matoaka Lane (C, WC & )
<b>7:30PM</b>	<b>What Can I Do</b> , Holy Communion Lutheran Church, Hodges Ferry, 6220 Portsmouth Blvd (O) <i>Sabrina P 757-228-0730</i>
<b>8:00PM</b>	<b>Better by the Bay</b> , Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street (O, WC & ) <i>Ryan D 757-651-5316</i>
<b>8:00PM</b>	<b>Trusted Servants</b> , St. Francis Episcopal Church, 509 S Rosemont Road (O) <i>Kevin F 757-777-2363</i>
<b>8:00PM</b>	<b>Where's Lot 14?</b> , Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive (O) <i>Gary 757-237-4507, Juanita 757-685-8848</i>
<b>8:30PM</b>	<b>Stepping into Recovery</b> , Old Donation Church, 4449 N. Witchduck Road (O) <i>Mary P 757-739-1726</i>
<b>8:30PM</b>	<b>Who is an Addict?</b> , 3279 Lake Powell Road (O)
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Church, 4449 N. Witchduck Road (O) <i>Ann V 757-270-1142</i>

THURSDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, WC & ) <i>Rick K 757-753-0048</i>
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC & )
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC & )
<b>NOON</b>	<b>Lunch Time Recovery</b> , Ocean View Christian Reformed Church, 1 Block from Ocean View Avenue & Beach View Street, 1241 Hillside Avenue (O) <i>LaTrisha 757-285-1964, Jerome F 757-202-6163</i>
<b>NOON</b>	<b>Reason To Believe</b> , Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd (O) <i>Johnny D 757-287-4430</i>
<b>5:30PM</b>	<b>The Warriors</b> , Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd (O, WC & )
<b>5:30PM</b>	<b>We Do Recover</b> , Franklin District Building, 161 Steward Drive (O) <i>Keith J 757-344-3189</i>
<b>6:30PM</b>	<b>Got to Have It</b> , Queen Street Baptist Church, 413 E. Brambleton Avenue (O) <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>
<b>7:00PM</b>	<b>Freebird</b> , Craddock Baptist Church, and Harris Road, 96 Afton Parkway (O) <i>Roland C 757-328-2243, Jen J. 757-582-4947</i>
<b>7:00PM</b>	<b>Let's Get Spiritual</b> , St. Paul AME Church, 2500 Chestnut Avenue (O, WC & ) <i>Teddie 757-503-0528</i>
<b>7:00PM</b>	<b>Second Chance</b> , Great Bridge United Methodist Church, @S. Battlefield, 201 Stadium Drive (O) <i>Bernard 757-778-1755, Louie L 757-560-8172</i>
<b>7:00PM</b>	<b>Shattering the Illusion</b> , St. Michaels Lutheran Church, 2208 Princess Anne Road (O) <i>Bryan M 757-635-7414, Tim B 714-3132</i>
<b>7:00PM</b>	<b>Show Me How To Live</b> , Sacred Heart Church, 520 Graydon Avenue (C)
<b>7:00PM</b>	<b>We Do Recover</b> , Reformation Lutheran Church, 13100 Warwick Blvd (O, WC & , LIT)
<b>7:30PM</b>	<b>12 + 12 = Change!!</b> , Wesley Foundation (across from W&M soccer field), 526 Jamestown Road (O, WC & )
<b>7:30PM</b>	<b>Caring and Sharing</b> , Unity Renaissance Church, behind Greenbriar Mall, 1120 Eden Way N (O)
<b>7:30PM</b>	<b>Fresh Start for Open Hearts</b> , Poquoson Baptist Church, 283 Wythe Creek Road (O)
<b>7:30PM</b>	<b>Girls Nite Out</b> , First Friends Church, 5307 Portsmouth Blvd. (O) <i>Kat 757-359-3793, Missy 757-753-6223</i>
<b>7:30PM</b>	<b>Serenity Circle</b> , Haygood United Methodist Church, 4713 Haygood Road (O) <i>Pam 757-636-2364, Trish 757-575-9350</i>
<b>8:00PM</b>	<b>Branching Out</b> , Aldersgate United Methodist Church, western branch, 4320 Bruce Rd (O) <i>Joe B 757-397-6279</i>
<b>8:00PM</b>	<b>Choose Life</b> , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O) <i>Phil S 757-771-6763</i>
<b>8:00PM</b>	<b>Junks &amp; Drunks</b> , East Ocean View Baptist Church, Social Hall, 9609 9th Bay Street (O) <i>Marsha N 757-470-6128</i>
<b>8:00PM</b>	<b>Raw Recovery</b> , Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd (O) <i>April M 757-322-7038</i>
<b>8:00PM</b>	<b>Time To Surrender</b> , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC & )
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Church, 4449 N. Witchduck Road (O) <i>Ann V 757-270-1141</i>
FRIDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, King & Washington, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>

# HAMPTON ROADS METRO



## MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

## MARCH 2018

### REGIONAL HELPLINE

**800-777-1515**

### TIDEWATER HELPLINE

**866-972-5055**

Meeting Format Legend			
AB	Ask-It-Basket	BT	Basic Text
C	Closed	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SPK	Speaker	STEP	Step
TOP	Topic	VAR	Format Varies
WC &	Wheelchair		

Meetings Weekly: 171

### FRIDAY (CONT)

**9:30AM Trust The Process**, St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)

**NOON A Meeting at Lunch**, First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)

**NOON High Noon**, Recovery Baptist Church, 303 Blair Avenue (O, WC &)

**NOON The Continuing Quest**, First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue (O) *Dave E 757-663-2723*

**NOON Write Now Meeting**, Providence Presbyterian Church, 5497 Providence Rd (C) *Christine O 757-729-3282*

**6:00PM How & Why**, Riverside Behavioral Health Center, 2244 Executive Drive (C, WC &)

**6:00PM The Happy Hour**, Faith Community Church, 100 East 30th Street (C) *Lafayette R 757-696-7534, Jerome F 757-202-6163*

**6:30PM Change We Must**, Living Faith Christian Center, 14901 Warwick Blvd (O, WC &)

**7:00PM Agape**, St. Paul, @ Dunbarton, 437 Providence Rd (O) *Julius K 757-470-7494*

**7:00PM Keep Coming Back**, Newport News Community Center, 605 South Avenue (O, WC &)

**7:00PM Life and Hopeline**, Sentara Obici Hospital, 2800 Godwin Boulevard (O) *Benjamin B 757-537-5055*

**7:30PM Better Days**, Church Of Saint Therese, @ Coffman Blvd across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd (O) *Liz S 757-681-0711*

**7:30PM Closer To Home**, Riverside Walter Reed Hospital, 7515 Hospital Drive (O, WC &)

**7:30PM Good Orderly Direction**, Warwick United Church of Christ, 10 Matoaka Lane (O, WC &)

**7:30PM Running On Faith**, Carrollton Church of God, 16144 Carrollton Boulevard (O)

**7:30PM Thank God I'm Free (T.G.I.F.)**, Courtland United Methodist Church, 22416 Main Street (O) *Scott C 434-594-5819*

**8:00PM Kempsville Crossroads**, Providence Presbyterian Church, 5497 Providence Road (C) *Mark N 757-478-1839*

**8:00PM Miracle On 9th Bay**, Lighthouse Community Church, 9609 9th Bay Street (O) *Larry W 757-701-0446*

**8:00PM NOTHING TO FEAR**, Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle (O, IP, SPK, TOP, WC &, AB)

**8:00PM Wave of Recovery**, Virginia Beach Christian Church, 2225 Rose Hall Drive (O) *Pat C 757-735-8934*

**8:00PM We Do Recover**, Norview United Methodist Church, 1112 Norview Avenue (O) *Troy B 757-395-7376, Wanda P 757-324-9170*

**8:30PM HOW Group**, Good Shepherd Lutheran Church, 1489 Laskin Road (C) *Lance G 757-692-7864, Neal G 757-328-6485*

**11:00PM The Road Less Traveled**, Old Donation Church, 4449 N. Witchduck Road (O) *Teresa D 757-724-3685*

### SATURDAY

**9:00AM Fresh Start**, Foundry United Methodist Church, 2801 Virginia Beach Blvd. (O) *Madison B 757-506-6986*

**10:00AM No More Excuses**, Warwick United Church of Christ, 10 Matoaka Lane (O, WC &)

**10:30AM Living Life On Life's Terms**, Wesley Foundation, 526 Jamestown Road (O, WC &)

**11:00AM The Phoenix Group**, Maryview Hospital, 2nd floor Conference Room A, 3636 High Street (O) *Sam D 757-353-2094*

**NOON Basic Math 12 & 12**, First Baptist Church, across from the Scope, 418 E Bute Street (O) *Carlton D 757-515-3331*

**NOON Women & Men In Recovery**, Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St (O)

**1:00PM New Beginnings**, Martin Luther King Center, 683 Oak Street (C)

**5:00PM When at the End of the Road**, St. Francis Episcopal Church, 509 S Rosemont Road (O) *Donna S 757-343-5897*

### SATURDAY (CONT)

**5:30PM Back to Life**, 1st Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue (O) *Cedric H 757-535-5807, Cornell W 757-729-4089*

**5:30PM Saturday Night Live**, First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St. (O, WC &)

**6:00PM Saturday Night Alternative**, First Presbyterian Church, 514 S. Armistead Avenue (O, WC &)

**6:00PM Saturday Night Men's Meeting**, Virginia Beach Christian Church, 2225 Rose Hall Drive (C) *Robert D 757-343-3423*

**7:00PM Life and Hopeline**, Sentara Obici Hospital, 2800 Godwin Boulevard (O) *Travis B 757-618-9246*

**7:00PM Saturday Night Live**, St. Nicholas Fellowship Hall, 621 First Colonial Road (O) *Ted L 757-717-2669*

**7:30PM A New Approach to Life**, North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane (O)

**7:30PM Never Alone**, Hillton Christian Church, 100 James River Drive (O, WC &)

**8:00PM Back to Basics**, Broad Street United Methodist Church, 300 Broad Street (O) *Ty H 757-235-3175*

**8:00PM Freedom of Choice**, Church of the Accension, 4853 Princess Anne Road (O) *James P 757-619-2273*

**8:00PM Surrender to Live**, Norview United Methodist Church, 1112 Norview Avenue (O, BT, DISC, IW, WC &) *Fred R 757-695-6500. We break up into 3 meeting rooms, and alternate in 1.*

### NORTH CAROLINA MEETINGS

**Sun Over & Beyond**, Saint Phillips Chapel, West side of Street, 201 S McMorrine St (O, DISC) *Linda T 252-333-7983*

**Mon Freedom to Live**, Liberty Christian Fellowship, 244 Williams Drive (C) *Mary K 252-619-5080*

**Tue Stick & Stay**, Colington Methodist Church, 1949 Colington Rd (O, WC &) *Clare D 252-944-6971*

**Tue Over & Beyond**, Saint Phillips Chapel, 201 S McMorrine St (O) *Linda T 252-333-7983*

**Wed Miracles in Progress**, Melton Grove Missionary Baptist Church, 163 Melton Grove Road (O)

**Wed Miracles Happen**, St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O) *Kim K 252-573-0822, Jim H 252-489-9895*

**Thu Surrender to Win**, Manteo Baptist Church, 406 US Highway 64 (O) *Keith B 252-573-9615, Jim 252-489-9895*

**Thu Over & Beyond**, Saint Phillips Chapel, 201 S McMorrine St (O) *Linda T 252-333-7983*

**Fri Miracles Happen**, St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O)

**Sat Freedom to Live**, Liberty Christian Fellowship, 244 Williams Drive (O) *Kim K 252-753-0822*

### BEACH AREA SERVICE COMMITTEES

**Beach Area Service Committee**  
P.O. Box 1377 Virginia Beach, VA 23451 - <http://virginiabeachna.org>  
1st Saturday - 1:00 PM, 1200 Dam Neck Rd, Virginia Beach

**Hospitals and Institutions Subcommittee**  
1st Saturday - 11:00 AM, 1200 Dam Neck Rd, Virginia Beach

**Emergent Needs Subcommittee**  
1st Saturday - 12:00 PM, 1200 Dam Neck Rd, Virginia Beach

**Serenity on the Shore Subcommittee**  
1st Sunday - Subcommittees: 5:00PM, Main: 6:00PM, 1100 First Colonial Rd Virginia Beach

### TIDEWATER AREA SERVICE COMMITTEES

**Tidewater Area Service Committee**  
1112 Norview Ave, Norfolk, VA - <http://tidewaterareana.org>  
2nd Sunday - 2:00 pm, 1112 Norview Ave, Norfolk

**Hospitals and Institutions Subcommittee**  
3rd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk

**Literature, Policy, Public Relations, Phoneline, Special Events Subcommittees**  
2nd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk

### PENINSULA AREA SERVICE COMMITTEES

**Peninsula Area Service Committee**  
P.O. Box 16009, Newport News, VA 23608 - <http://peninsulaareana.org>  
1st Saturday - 4:00 pm, 10 Matoaka Lane, Newport News

**Activities Subcommittee**  
1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News

**Literature**  
1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News

**Public Relations**  
1st Saturday - 2:30 pm, 10 Matoaka Lane, Newport News

**Area Inventory**  
Sunday following Area - 1:00 pm, 2244 Executive Drive, Hampton

**Hospitals & Institutions Subcommittee**  
Sunday following Area - 2:00 pm, 2244 Executive Drive, Hampton

### OUTER LIMITS AREA SERVICE COMMITTEES

**Outer Limits Area Service Committee**  
P.O. Box 1164, Franklin, Va. 23851 - <http://outerlimitsareana.org/>  
TBD

**Hospitals and Institutions Subcommittee**  
TBD

**Activities Subcommittee**  
TBD

**Public Relations**  
TBD

<b>Central Atlantic Regional Service</b> P. O. Box 1959, Chesterfield, VA 23832	<a href="http://www.car-na.org">http://www.car-na.org</a>
<b>Narcotics Anonymous World Service</b>	<a href="http://www.na.org">http://www.na.org</a>

### Phone Numbers

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