

HAMPTON ROADS METRO



MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

JANUARY 2019

REGIONAL HELPLINE

800-777-1515

TIDEWATER HELPLINE

866-972-5055

Meeting Format Legend			
AB	Ask-It-Basket	BL	Bi-Lingual
BT	Basic Text	C	Closed
CAN	Candlelight	DISC	Discussion
GL	LGBT	IP	IP Study
IW	It Works Study	JFT	Just for Today Study
LIT	Literature Study	M	Men
ME	Meditation	NC	No Children
O	Open	Pi	Pitch
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	W	Women
WC &	Wheelchair	WR	Writing Meeting

Meetings Weekly: 179

FRIDAY	
6:45AM	Jump Start the Day , First Lutheran Church, King & Washington, 600 King Street (O) <i>Teresa D 757-724-3685</i>
9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>
9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
NOON	The Continuing Quest , First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue (O, DISC, SPK, SWG) <i>Dave E 757-663-2723</i>
NOON	Write Now , Providence Presbyterian Church, 5497 Providence Rd (C, JFT, SWG, ME) <i>Writing during meeting, Fred R 757-695-6500</i>
6:00PM	How & Why , Riverside Behavioral Health Center, 2244 Executive Drive (C, WC &) <i>Te J. 757-788-9475</i>
6:00PM	The Happy Hour , Faith Community Church, 100 East 30th Street (C, O, JFT) <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>
6:00PM	Wounded Healers , Great Awakening United Church of Christ, 1520 High St (O)
6:30PM	Change We Must , Living Faith Christian Center, 14901 Warwick Blvd (O, WC &) <i>Danny A. 757-696-2318 Darlene A. 757-998-1177</i>
7:00PM	Agape , St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd (O, DISC, IP, STEP, TW) <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>
7:00PM	Keep Coming Back , Newport News Community Center, 605 South Avenue (O, WC &) <i>Lorenzo 757-320-6224</i>
7:00PM	Life & Hopedine , Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) <i>Diane W 717-887-0279</i>
7:00PM	Thank God I'm Free (T.G.I.F.) , Courtland United Methodist Church, 22416 Main Street (O) <i>Scott C 434-594-5819</i>
7:30PM	Better Days , Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd (O, CAN, DISC, AB) <i>1st-AB, Liz S 757-681-0711</i>
7:30PM	Closer To Home , Riverside Walter Reed Hospital, 7515 Hospital Drive (O, DISC, WC &) <i>Sam B. 804-296-8592</i>
7:30PM	Good Orderly Direction , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Jeff H. 757-630-3806</i>
7:30PM	Running On Faith , Carrollton Church of God, 16144 Carrollton Boulevard (O) <i>Tim A. 757-434-7178 Ken H. 757-535-5151</i>
8:00PM	Kempville Crossroads , Providence Presbyterian Church, 5497 Providence Road (O, DISC, TRAD, WC &) <i>Mark N 757-478-1839</i>
8:00PM	Miracle On 9th Bay , East Ocean View Baptist Church, 9609 9th Bay Street (O, SPK, STEP) <i>Larry W 757-701-0446</i>
8:00PM	NOTHING TO FEAR , Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle (O, IP, SPK, TOP, WC &, AB) <i>Ryan D. 804-240-9100</i>
8:00PM	Wave of Recovery , Virginia Beach Christian Church, 2225 Rose Hall Drive (O, DISC) <i>Pat C 757-735-8934</i>
8:30PM	HOW Group , Good Shepherd Lutheran Church, 1489 Laskin Road (C, DISC) <i>Lance G 757-692-7864, Neal G 757-328-6485</i>
11:00PM	The Road Less Traveled , Old Donation Episcopal Church, 4449 N. Witchduck Road (O, DISC, WC &) <i>Teresa D 757-724-3685</i>
SATURDAY	
9:00AM	Fresh Start , Foundry United Methodist Church, 2801 Virginia Beach Blvd. (O) <i>Madison B 757-506-6986 Pat C 757-735-8934</i>
9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>
10:00AM	Living Life On Life's Terms , Wesley Foundation, 526 Jamestown Road (O, WC &) <i>Thayne F. 757-603-2131 Brian G. 757-879-2344 Don S.804-413-4222</i>
10:00AM	No More Excuses , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Deborah R. 757-238-0330</i>
11:00AM	The Phoenix Group , Maryview Hospital, 2nd floor Conf Room A, 3636 High Street (O, BT) <i>Sam D 757-353-2094</i>
NOON	Basic Math 12 & 12 , First Baptist Church, across from the Scope, 418 E Bute Street (O, SPK, STEP, TRAD) <i>Carlton D 757-515-3331</i>

SATURDAY (CONT)	
NOON	Women & Men In Recovery , Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St (O) <i>Pamela H. 732-670-5887 Al W. 757-541-9218</i>
5:00PM	When at the End of the Road , St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC) <i>Romaine P 757-513-9004, Dana S 757-831-1701</i>
5:30PM	Back to Life , First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue (O, BT, DISC, SPK, TRAD) <i>Cornell W 757-729-4089</i>
5:30PM	Saturday Night Live , First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St. (O, WC &)
6:00PM	Saturday Night Alternative , First Presbyterian Church, 514 S. Armistead Avenue (O, WC &) <i>Jimmy R. 757-335-0921 Hawk 757-289-7663</i>
6:00PM	Saturday Night Men's Meeting , Virginia Beach Christian Church, 2225 Rose Hall Drive (C, DISC) <i>Robert D 757-343-3423</i>
7:00PM	Life & Hopedine , Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) <i>Marvin C 757-729-4089</i>
7:00PM	Saturday Night Live , St. Nicholas Fellowship Hall, 621 First Colonial Road (O) <i>Ted L 757-717-2669</i>
7:30PM	A New Approach to Life , North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane (O) <i>Josh 757-284-9367</i>
7:30PM	Never Alone , Hillton Christian Church, 100 James River Drive (O, WC &) <i>Butch L. 757-320-3221</i>
8:00PM	Back to Basics , Port Norfolk Baptist Church, 401 Broad Street (O, BT, DISC) <i>Ty H 757-235-3175</i>
8:00PM	Freedom of Choice , Church of the Accension, 4853 Princess Anne Road (O, DISC, STEP) <i>James P 757-619-2273</i>
8:00PM	Surrender to Live , Norview United Methodist Church, park behind church, 1112 Norview Avenue (O, BT, DISC, WC &) <i>Fred R 757-695-6500 We split into 3 mtg rooms & alternate in 1.</i>

NORTH CAROLINA MEETINGS	
Sun	Over & Beyond , Saint Phillips Chapel, West side of Street, 201 S McMorrine St (O, LIT) <i>Michael S 757-359-8841</i>
7:00PM	Mon
NOON	More Will be Revealed , Serenity House, 300 Pearl Street (O, DISC) <i>Michael S 757-359-8841</i>
Mon	Clean & Serene , Riverside United Methodist Church, 1400 Edgewood Drive (O, BT)
7:00PM	Mon
7:00PM	Keeping it Simple , Serenity House, 300 Pearl Street (O, DISC) <i>Tim C 252-548-8863</i>
Mon	Freedom to Live , Liberty Christian Fellowship, 244 Williams Drive (C, DISC, WC &) <i>Rana D 252-423-0755</i>
7:30PM	Tue
7:00PM	Over & Beyond , Saint Phillips Chapel, 201 S McMorrine St (O, VAR) <i>Michael S 757-359-8841</i>
Tue	Stick & Stay , Colington Methodist Church, 1949 Colington Rd (O, DISC, WC &) <i>Clare D 252-944-6971</i>
7:30PM	Wed
6:00PM	Miracles in Progress , Melton Grove Baptist Church, Winfall, NC, 163 Melton Grove Rd (O) <i>Lavern B 252-619-9988 Willie M 252-698-2240</i>
Wed	Miracles Happen , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O, DISC, STEP, TW) <i>Kim K 252-573-0822, Jim H 252-489-9895</i>
7:30PM	Thu
7:00PM	Over & Beyond , Saint Phillips Chapel, 201 S McMorrine St (O, DISC) <i>Michael S 757-359-8841</i>
Thu	Surrender to Win , Manteo Baptist Church, 406 US Highway 64 (O, DISC) <i>Keith B 252-573-9615, Jim 252-489-9895</i>
7:30PM	Fri
7:00PM	Keeping it Simple , Serenity House, 300 Pearl Street (O, DISC) <i>Neal W 252-202-2754</i>
Fri	Miracles Happen , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O)
7:30PM	Fri
7:30PM	Serenity in the Sand , Cape Hatteras Baptist Church, 50195 Buccaneer Drive (O, DISC)
Sat	Freedom to Live , Liberty Christian Fellowship, 244 Williams Drive (O)
7:30PM	<i>Kim K 252-753-0822</i>

BEACH AREA SERVICE COMMITTEES
Beach Area Service Committee P.O. Box 1377 Virginia Beach, VA 23451 - http://virginiabeachna.org 1st Saturday - 1:00 PM, 1200 Dam Neck Rd, Virginia Beach
Hospitals and Institutions Subcommittee 1st Saturday - 11:00 AM, 1200 Dam Neck Rd, Virginia Beach
Emergent Needs Subcommittee 1st Saturday - 12:00 PM, 1200 Dam Neck Rd, Virginia Beach

TIDEWATER AREA SERVICE COMMITTEES
Tidewater Area Service Committee 1112 Norview Ave, Norfolk, VA - http://tidewaterareana.org 2nd Sunday - 2:00 pm, 1112 Norview Ave, Norfolk

Hospitals and Institutions Subcommittee 3rd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk
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Literature, Policy, Public Relations, Phonline, Special Events Subcommittees 2nd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk

PENINSULA AREA SERVICE COMMITTEES
Peninsula Area Service Committee P.O. Box 16009, Newport News, VA 23608 - http://peninsulaareana.org 1st Saturday - 4:00 pm, 10 Matoaka Lane, Newport News

Activities Subcommittee 1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News

Literature 1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News
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Public Relations 1st Saturday - 2:30 pm, 10 Matoaka Lane, Newport News
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Area Inventory Sunday following Area - 1:00 pm, 2244 Executive Drive, Hampton

Hospitals & Institutions Subcommittee Sunday following Area - 2:00 pm, 2244 Executive Drive, Hampton
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OUTER LIMITS AREA SERVICE COMMITTEES
Outer Limits Area Service Committee P.O. Box 1164, Franklin, Va. 23851 - http://outerlimitsareana.org/ TBD

Hospitals and Institutions Subcommittee TBD

Activities Subcommittee TBD

Public Relations TBD

Central Atlantic Regional Service P. O. Box 1959, Chesterfield, VA 23832	http://www.car-na.org
Narcotics Anonymous World Service	http://www.na.org

Phone Numbers
