

SUNDAY	
<b>9:00AM</b>	<b>Hope Ignited</b> , Virginia Beach Recovery Club, 1900 Baltic Avenue (O, DISC, WC &) <i>Dale 757-202-9693, Chuck K 757-469-9365</i>
<b>9:00AM</b>	<b>Men's Rap</b> , Maryview Behavioral Center, First Floor side entrance, 3636 High Street (O, DISC, M, WC &) <i>Joe B 757-397-6279</i>
<b>9:30AM</b>	<b>Surrender To Live</b> , C. Waldo Scott Center, 3100 Wickham Avenue (O, WC &) <i>Dee W. 757-503-0739 - Tony H. 757-696-6654</i>
<b>11:00AM</b>	<b>We Need A Meeting</b> , Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street (O, BT, DISC, JFT, SPK, STEP, WC &) <i>Donna E 757-353-5895 1-DSC, 2-STP, 3-BT, 4-SPK, 5-JFT</i>
<b>NOON</b>	<b>Faith</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) <i>Malcolm 757-593-6581 Henry 757-532-8814</i>
<b>1:00PM</b>	<b>Dopeless Hopefiends</b> , GHR Center, Suite B, 850 Tidewater Dr (O) <i>William M 757-851-8395</i>
<b>3:00PM</b>	<b>Wecovery</b> , Great Bridge United Methodist Church, 201 Stadium Drive (O, DISC) <i>Chris 757-377-9236</i>
<b>3:00PM</b>	<b>Write to Recover</b> , Mary Immaculate Hospital, Community Health and Resource Center, 2 Bernardine Drive (C, NC, WR) <i>Craig W. 845-642-5043</i>
<b>5:00PM</b>	<b>The Journey Continues</b> , St. Francis Episcopal Church, 509 S Rosemont Road (C, LIT) <i>Lucinda W 757-502-5176 (Living Clean Study)</i>
<b>6:00PM</b>	<b>It's About Time</b> , Norview United Methodist Church, 1112 Norview Avenue (O, SPK, WC &) <i>Jerome F 757-202-6163</i>
<b>7:00PM</b>	<b>A Clear Message</b> , Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard (O, BT, DISC, SPK, AB)
<b>7:00PM</b>	<b>A Gift Called Life</b> , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Johnnie 757-869-4890 Nadine 757-751-4680</i>
<b>7:00PM</b>	<b>New Phase Four</b> , Saint John's Episcopal Church, 424 Washington Street (O, DISC, SPK, TOP) <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>
<b>7:00PM</b>	<b>The Lie Is Dead</b> , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &) <i>Ed P. 757-303-8609</i>
<b>7:30PM</b>	<b>Recovery Group</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) <i>William S. 757-236-6170 Dave R. 757-218-2595</i>
<b>8:00PM</b>	<b>Mixed Group</b> , First Lutheran Church, 1301 Colley Ave (O, DISC) <i>Mike J 757-409-1676</i>
<b>8:00PM</b>	<b>Nature Of Recovery</b> , 5477 Mooretown Road (O, WC &) <i>Ron L. 757-880-3826 Terry W. 757-719-6392</i>
<b>8:00PM</b>	<b>Sunday Sanity</b> , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, DISC) <i>Karla W 757-434-6446, Pat O 757-633-2820</i>
MONDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, WC &) <i>Rick K 757-753-0048</i>
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O, VAR, WC &) <i>Deborah R. 757-238-0330 Eugene 757-243-6845</i>
<b>NOON</b>	<b>Help Me Think</b> , Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd. (O, BT, JFT, STEP, TOP) <i>1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, Carlton J 757-589-3564</i>
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>3:00PM</b>	<b>Change I Must Or Die I Will</b> , Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd (O, WC &) <i>Kathy A. 757-897-7699 Jimmy W. 757-257-0843</i>
<b>6:00PM</b>	<b>I Can't We Can</b> , C. Waldo Scott Center, 3100 Wickham Avenue (O, IP, SPK, AB)
<b>7:00PM</b>	<b>Beyond Our Wildest Dreams</b> , First Baptist Church, 318 Hall Street (O, SPK, WC &) <i>Keith J 757-344-3189</i>
<b>7:00PM</b>	<b>Honesty Group</b> , Ivy Memorial Baptist Church, 2200 Coliseum Dr. (O, WC &) <i>Marc 919-332-1415 Ernest 908-494-2383</i>
<b>7:00PM</b>	<b>Monday Night Candlelight</b> , Haygood United Methodist Church, 4713 Haygood Rd (O, BT, CAN, WC &) <i>Eric D 757-580-2849</i>
<b>7:00PM</b>	<b>New Attitude</b> , 3509 Chestnut Avenue (O, WC &) <i>Vet 747-849-8808 Rose F. 757-593-0104</i>
<b>7:00PM</b>	<b>New Beginnings</b> , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane (O, IW, WC &) <i>Greg C 757-636-3745. Kathy K 757-403-7409</i>
<b>7:00PM</b>	<b>The Winding Road</b> , Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd (C) <i>Jacob M 757-831-8249, Rich B 757-288-0650</i>

MONDAY (CONT)	
<b>7:00PM</b>	<b>Women in Recovery</b> , St. Martin's Church, 3279 Lake Powell Rd (O) <i>Erin 571-224-6615</i>
<b>7:30PM</b>	<b>In Step</b> , Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy (O) <i>Brendan R. 757-802-5695</i>
<b>7:30PM</b>	<b>Living The Program</b> , Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road (O, BT, DISC) <i>Lance G 757-692-7864, Steve K 757-715-1075</i>
<b>7:30PM</b>	<b>The Out of Ordinary Meeting</b> , White Marsh Baptist Church, 5123 George Washington Memorial Highway (O, IW, WC &, LIT) <i>Dan G. 804-815-7699 Sam B. 804-296-8592</i>
<b>8:00PM</b>	<b>Raw Recovery</b> , Judeo-Christian Outreach Center - Homeless Shelter, East of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) <i>April M 757-323-7038</i>
<b>8:00PM</b>	<b>Recovery on the Hill</b> , Ocean View Christian Reformed Church, 1241 Hillside Avenue (O, BT, CAN, SPK, STEP, WC &) <i>Fred R 757-695-6500</i>
<b>8:30PM</b>	<b>Who is an Addict?</b> , 3279 Lake Powell Road (O) <i>Lindsey V. 757-291-2530 Greg M. 757-645-6381</i>
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Episcopal Church, 4449 N Witchduck Road (O, WC &, LIT) <i>Living Clean Study Ann V 757-270-1141</i>
TUESDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048, Mike M 757-305-2212</i>
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>NOON</b>	<b>The Emergency Unit</b> , United Congregational Christian Church, Hodges Ferry Rd & Charlotte St, 5900 Portsmouth Blvd (O, BT, DISC) <i>Dora H 757-735-7615</i>
<b>5:30PM</b>	<b>Just For Today</b> , First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue (O, DISC, IP, SPK, STEP, TOP) <i>Bill A 757-647-7707</i>
<b>5:30PM</b>	<b>Serenity Group</b> , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) <i>Beverly A. 757-753-6868 Jeanette 757-594-3414</i>
<b>7:00PM</b>	<b>A New Way of Life</b> , 7603 Hospital Drive (O, JFT) <i>Dan G. 804-815-7699 Sam B. 804-296-8592</i>
<b>7:00PM</b>	<b>A Proven Program</b> , York River Baptist Church, 8201 Croaker Road (O) <i>Dave H. 757-207-1154 John P. 757-235-9300</i>
<b>7:00PM</b>	<b>Count Your Blessings</b> , Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr (O, DISC, JFT) <i>Daniel A 757-418-1690</i>
<b>7:00PM</b>	<b>Earthbound Group</b> , Emmanuel Episcopal Church, 400 N High Street (O, DISC) <i>Stephen B 757-613-5531</i>
<b>7:00PM</b>	<b>Keep Coming Back</b> , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road (O, BT, DISC, SPK, STEP, TOP) <i>Francis P 757-679-1151</i>
<b>7:00PM</b>	<b>Let It Be</b> , Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave (O, DISC) <i>Brandi M 757-581-3178</i>
<b>7:00PM</b>	<b>We Can Change</b> , First Church of Newport News, 2300 Wickham Avenue (O) <i>Harvey 757-926-9138 Plummer 757-696-3416</i>
<b>7:00PM</b>	<b>We Can Change</b> , Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd. (O, BT, DISC, IW, SPK) <i>Olena P 757-359-5580</i>
<b>7:00PM</b>	<b>Women Do Recover</b> , Hilton Christian Church, Entrance In The Rear, 100 James River Drive (O, WC &) <i>Erin 571-224-6615 Beth P. 757-327-2667</i>
<b>7:30PM</b>	<b>Awesome Life</b> , Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive (O, CAN, DISC, IP) <i>Carrie L 757-560-8177</i>
<b>7:30PM</b>	<b>Freedom Group</b> , Nicholas Greek Church, Fellowship Hall, 621 First Colonial Road (O, DISC) <i>Living Clean Study, Kristina D 757-270-9509</i>
<b>7:30PM</b>	<b>In Times of Illness</b> , VA Beach Psych Center, next to hospital, those with illness in recovery are welcome, 1100 First Colonial Rd (O, DISC) <i>Bill S 757-717-1815</i>

TUESDAY (CONT)	
<b>7:30PM</b>	<b>New Genesis Group</b> , Weslley United Methodist Church, 2510 N. Armistead Avenue (O) <i>Gayle B. 757-597-1531 Cameron 757-561-3343</i>
<b>7:30PM</b>	<b>There's A Light</b> , Ocean Lakes Church of Christ, 1200 Dam Neck Road (O, DISC) <i>Ian B 757-717-7900, Geoff L 757-641-3159</i>
<b>7:30PM</b>	<b>Young, Clean &amp; Living</b> , North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane (O) <i>Chris L. 757-592-2170</i>
<b>8:00PM</b>	<b>A Gift Called Life</b> , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>
<b>8:00PM</b>	<b>Enjoying the Journey</b> , Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road (O, DISC, SPK, STEP, TOP) <i>Billy B 757-681-4341</i>
<b>8:15PM</b>	<b>Let's Recover Together</b> , Hampton Christian Church, 151 East Mercury Boulevard (O, WC &) <i>Tim E. 757-725-4636 Chris G. 760-984-4914</i>
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Episcopal Church, 4449 N Witchduck Road (O, IW) <i>Ann V 757-270-1141</i>
WEDNESDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Theresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-7530048</i>
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
<b>NOON</b>	<b>High Noon</b> , New Life Providence Church, 1420 Colonial Ave (O) <i>Lafayette 757-696-7534, Michelle M 757-381-5881</i>
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>NOON</b>	<b>Recovery At Noon</b> , 3279 Lake Powell Rd (O)
<b>NOON</b>	<b>Visible Changes</b> , Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road (O, DISC) <i>Charles D 757-729-6176, Deborah J 757-320-6341</i>
<b>5:30PM</b>	<b>Midweek Peak</b> , Thalia Lynn Baptist Church, 4392 Virginia Beach Blvd (O, DISC) <i>John B 7576354318 Sarah H 7572988224</i>
<b>6:00PM</b>	<b>Becoming A Winner</b> , Loving Kindness Worship Center, 2007 N. Armisted Ave. (O) <i>Jacqueline G. 757-528-7041</i>
<b>6:30PM</b>	<b>Last House on the Block</b> , Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave (O, DISC) <i>Lafayette R 757-696-7534, Rudolph S 757-714-0783</i>
<b>7:00PM</b>	<b>Bright New Life</b> , Franklin Baptist Church, 208 N High Street (O, STEP) <i>DeWayne L 757-641-8022</i>
<b>7:00PM</b>	<b>End Of The Road</b> , 1707 Jefferson Avenue (O, WC &) <i>Glen N. 757-268-9318 Sherri W. 757-768-1392</i>
<b>7:00PM</b>	<b>Hope</b> , Warwick Conference Center, Building #6, 12420 Warwick Blvd (O) <i>Will D. 757-768-7954 David B. 757-342-2510</i>
<b>7:00PM</b>	<b>Hugs Not Drugs</b> , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O, DISC) <i>Sarah 757-727-3582 Jeff M. 912-414-3258</i>
<b>7:00PM</b>	<b>Surrender and Recovery</b> , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Thomas G 757-647-1481</i>
<b>7:00PM</b>	<b>What Can I Do</b> , Wesley Community Service Center, 1701 Elm St (O, VAR) <i>Sabrina P 757-228-0730</i>
<b>7:15PM</b>	<b>Straight Ahead</b> , Christ Presbyterian, 709 Aragona Blvd (O, DISC, STEP) <i>Chris P 757-535-7227</i>
<b>7:30PM</b>	<b>Change We Must</b> , Oak Grove UMC, across from water tower, 472 North Battlefield Blvd. (O, C, BT) <i>Katie K 757-405-8464</i>
<b>7:30PM</b>	<b>Life &amp; Hopeline</b> , Suffolk Christian Church, by courthouse, 216 North Main St. (O, DISC, STEP, WC &) <i>Rob B 757-923-5461</i>
<b>7:30PM</b>	<b>Living The Program</b> , Warwick United Church of Christ, 10 Matoaka Lane (C, WC &) <i>Ray D. 757-303-4533 Jen 757-876-7194</i>
<b>8:00PM</b>	<b>Better by the Bay</b> , Miles Memorial United Methodist Church, Park off Selby Pl (rear entrance), 9450 Granby Street (O, BT, DISC, WC &) <i>Ryan D 757-651-5316</i>
<b>8:00PM</b>	<b>Trusted Servants</b> , St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC, WC &) <i>Barbara H 845-905-9126</i>
<b>8:00PM</b>	<b>Where's Lot 14?</b> , Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive (O, DISC) <i>Gary 757-237-4507, Juanita 757-685-8848</i>

WEDNESDAY (CONT)	
<b>8:30PM</b>	<b>Stepping into Recovery</b> , Old Donation Episcopal Church, 4449 N. Witchduck Road (O, DISC, WC &, LIT) <i>Guiding Traditions, Mary P 757-739-1726</i>
<b>8:30PM</b>	<b>Who is an Addict?</b> , 3279 Lake Powell Road (O) <i>Lindsey V. 757-291-2530 Greg M. 757-645-6381</i>
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Episcopal Church, 4449 N Witchduck Road (O, BT) <i>Ann V 757-270-1141</i>
THURSDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048</i>
<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
<b>NOON</b>	<b>Reason To Believe</b> , Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd (O, BT, DISC) <i>Johnny D 757-287-4430</i>
<b>NOON</b>	<b>Recovery 'N' EOV</b> , Ocean View Reformed Christian Church, block in for Ocean View Ave at Beach St, 1241 Hillside Ave (O, BT, DISC, IP, SPK) <i>LaTrisha 757-285-7964, Jerome F 757-202-6163</i>
<b>5:30PM</b>	<b>The Warriors</b> , Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd (O, WC &) <i>Renee D. 757-593-4323</i>
<b>5:30PM</b>	<b>We Do Recover</b> , Franklin District Building, 161 Steward Drive (O) <i>Keith J 757-344-3189</i>
<b>6:30PM</b>	<b>Got to Have It</b> , Queen Street Baptist Church, 413 E. Brambleton Avenue (O, BT, IP, SPK, STEP, WC &) <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>
<b>7:00PM</b>	<b>Freebird</b> , Craddock Baptist Church, and Harris Road, 96 Afton Parkway (O, BL, BT) <i>Roland C 757-328-2243, Jen J 757-582-4947</i>
<b>7:00PM</b>	<b>Girls Nite Out</b> , First Friends Church, 5307 Portsmouth Blvd. (O, IP, JFT, SWG, STEP, W) <i>Vickie 757-375-0067, Kat 757-359-3793, Missy 757-753-6223</i>
<b>7:00PM</b>	<b>Let's Get Spiritual</b> , St. Paul AME Church, 2500 Chestnut Avenue (O, WC &) <i>Debbie 757-310-2914 Teddie 757-503-0528</i>
<b>7:00PM</b>	<b>Second Chance</b> , Great Bridge United Methodist Church, corner of South Battlefield Blvd and Stadium Dr, 201 Stadium Drive (O, DISC, STEP, TW) <i>Bernard 757-778-1755, Louie L 757-560-8172</i>
<b>7:00PM</b>	<b>Shattering the Illusion</b> , St. Michaels Lutheran Church, 2208 Princess Anne Rd (O, BT) <i>Kristine A 757-202-2702</i>
<b>7:00PM</b>	<b>We Do Recover</b> , Reformation Lutheran Church, 13100 Warwick Blvd (O, WC &, LIT) <i>Paula M. 757-506-9294 Craig W. 845-642-5043</i>
<b>7:30PM</b>	<b>12 + 12 = Change!!</b> , Wesley Foundation (across from W&M soccer field), 526 Jamestown Road (O, WC &) <i>Mary H. 757-412-9599</i>
<b>7:30PM</b>	<b>Fresh Start for Open Hearts</b> , Poquoson Baptist Church, 283 Wythe Creek Road (O) <i>Mike B. 757-593-9377 Sammy 757-778-2361</i>
<b>7:30PM</b>	<b>Serenity Circle</b> , Haygood United Methodist Church, 4713 Haygood Road (O, DISC, WC &, ME) <i>Entrance at Northwest Corner Ann 757-270-1141 Trish 757-575-9350</i>
<b>8:00PM</b>	<b>Branching Out</b> , Aldersgate United Methodist Church, Western Branch, 4320 Bruce Rd (O, BT, STEP) <i>Joe B 757-397-6279</i>
<b>8:00PM</b>	<b>Choose Life</b> , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, BT, IP, SPK) <i>Candace J 7575856609 Dickie B 7574125029</i>
<b>8:00PM</b>	<b>Junks &amp; Drunks</b> , Ocean View Reformed Church, 1241 Hillside Ave (O, STEP) <i>Amber O 856-340-0091 Mark B 757-581-0800</i>
<b>8:00PM</b>	<b>Living the Dream</b> , 7603 Hospital Drive, 7603 Hospital Drive (BT)
<b>8:00PM</b>	<b>Raw Recovery</b> , Judeo-Christian Outreach Center - Homeless Shelter, East of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) <i>April M 757-322-7038</i>
<b>8:00PM</b>	<b>Time To Surrender</b> , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &) <i>Eddie H. 757-268-7903</i>
<b>10:30PM</b>	<b>End of the Night</b> , Old Donation Episcopal Church, 4449 N Witchduck Road (O, DISC) <i>Ann V 757-270-1141</i>
FRIDAY	
<b>6:45AM</b>	<b>Jump Start the Day</b> , First Lutheran Church, King & Washington, 600 King Street (O) <i>Teresa D 757-724-3685</i>

# HAMPTON ROADS METRO



## MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

## OCTOBER 2018

### REGIONAL HELPLINE

**800-777-1515**

### TIDEWATER HELPLINE

**866-972-5055**

Meeting Format Legend			
AB	Ask-It-Basket	BL	Bi-Lingual
BT	Basic Text	C	Closed
CAN	Candlelight	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	ME	Meditation
NC	No Children	O	Open
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	W	Women
WC &	Wheelchair	WR	Writing Meeting

Meetings Weekly: 178

FRIDAY (CONT)	
<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>

<b>9:30AM</b>	<b>Trust The Process</b> , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) <i>Qadeer 757-344-1284 Lilly 757-236-8921</i>
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<b>NOON</b>	<b>A Meeting at Lunch</b> , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) <i>Deborah 757-238-0330 Eugene 757-243-6845</i>
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<b>NOON</b>	<b>High Noon</b> , Recovery Baptist Church, 303 Blair Avenue (O, WC &) <i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>
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<b>NOON</b>	<b>The Continuing Quest</b> , First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue (O, DISC, SPK, SWG) <i>Dave E 757-663-2723</i>
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<b>NOON</b>	<b>Write Now</b> , Providence Presbyterian Church, 5497 Providence Rd (C, JFT, SWG, ME) <i>Writing during meeting, Fred R 757-695-6500</i>
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<b>6:00PM</b>	<b>How &amp; Why</b> , Riverside Behavioral Health Center, 2244 Executive Drive (C, WC &) <i>Tej J. 757-788-9475</i>
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<b>6:00PM</b>	<b>The Happy Hour</b> , Faith Community Church, 100 East 30th Street (C, O, JFT) <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>
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<b>6:00PM</b>	<b>Wounded Healers</b> , Great Awakening United Church of Christ, 1520 High St (O)
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<b>6:30PM</b>	<b>Change We Must</b> , Living Faith Christian Center, 14901 Warwick Blvd (O, WC &) <i>Danny A. 757-696-2318 Darlene A. 757-998-1177</i>
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<b>7:00PM</b>	<b>Agape</b> , St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd (O, DISC, IP, STEP, TW) <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>
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<b>7:00PM</b>	<b>Keep Coming Back</b> , Newport News Community Center, 605 South Avenue (O, WC &) <i>Lorenzo 757-320-6224</i>
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<b>7:00PM</b>	<b>Life &amp; Hopeline</b> , Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) <i>Diane W 717-887-0279</i>
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<b>7:00PM</b>	<b>Thank God I'm Free (T.G.I.F.)</b> , Courtland United Methodist Church, 22416 Main Street (O) <i>Scott C 434-594-5819</i>
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<b>7:30PM</b>	<b>Better Days</b> , Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd (O, CAN, DISC, AB) <i>1st-AB, Liz S 757-681-0711</i>
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<b>7:30PM</b>	<b>Closer To Home</b> , Riverside Walter Reed Hospital, 7515 Hospital Drive (O, DISC, WC &) <i>Sam B. 804-296-8592</i>
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<b>7:30PM</b>	<b>Good Orderly Direction</b> , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Jeff H. 757-630-3806</i>
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<b>7:30PM</b>	<b>Running On Faith</b> , Carrollton Church of God, 16144 Carrollton Boulevard (O) <i>Tim A. 757-434-7178 Ken H. 757-535-5151</i>
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<b>8:00PM</b>	<b>Kempsville Crossroads</b> , Providence Presbyterian Church, 5497 Providence Road (O, DISC, TRAD, WC &) <i>Mark N 757-478-1839</i>
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<b>8:00PM</b>	<b>Miracle On 9th Bay</b> , East Ocean View Baptist Church, 9609 9th Bay Street (O, SPK, STEP) <i>Larry W 757-701-0446</i>
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<b>8:00PM</b>	<b>NOTHING TO FEAR</b> , Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle (O, IP, SPK, TOP, WC &, AB) <i>Ryan D. 804-240-9100</i>
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<b>8:00PM</b>	<b>Wave of Recovery</b> , Virginia Beach Christian Church, 2225 Rose Hall Drive (O, DISC) <i>Pat C 757-735-8934</i>
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<b>8:30PM</b>	<b>HOW Group</b> , Good Shepherd Lutheran Church, 1489 Laskin Road (C, DISC) <i>Lance G 757-692-7864, Neal G 757-328-6485</i>
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<b>11:00PM</b>	<b>The Road Less Traveled</b> , Old Donation Episcopal Church, 4449 N. Witchduck Road (O, DISC, WC &) <i>Teresa D 757-724-3685</i>
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SATURDAY	
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<b>9:00AM</b>	<b>Fresh Start</b> , Foundry United Methodist Church, 2801 Virginia Beach Blvd. (O) <i>Madison B 757-506-6986 Pat C 757-735-8934</i>
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<b>9:30AM</b>	<b>Morning Meditation</b> , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>
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<b>10:00AM</b>	<b>Living Life On Life's Terms</b> , Wesley Foundation, 526 Jamestown Road (O, WC &) <i>Thayne F. 757-603-2131 Brian G. 757-879-2344 Don 804-413-4222</i>
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<b>10:00AM</b>	<b>No More Excuses</b> , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) <i>Debra R. 757-238-0330</i>
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<b>11:00AM</b>	<b>The Phoenix Group</b> , Maryview Hospital, 2nd floor Conf Room A, 3636 High Street (O, BT) <i>Sam D 757-353-2094</i>
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<b>NOON</b>	<b>Basic Math 12 &amp; 12</b> , First Baptist Church, across from the Scope, 418 E Bute Street (O, SPK, STEP, TRAD) <i>Carlton D 757-515-3331</i>
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<b>NOON</b>	<b>Women &amp; Men In Recovery</b> , Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St (O) <i>Pamela H. 732-670-5887 Al W. 757-541-9218</i>
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SATURDAY (CONT)	
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<b>5:00PM</b>	<b>When at the End of the Road</b> , St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC) <i>Romaine P 757-513-9004, Dana S 757-831-1701</i>
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<b>5:30PM</b>	<b>Back to Life</b> , First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue (O, BT, DISC, SPK, TRAD) <i>Cornell W 757-729-4089</i>
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<b>5:30PM</b>	<b>Saturday Night Live</b> , First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St. (O, WC &)
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<b>6:00PM</b>	<b>Saturday Night Alternative</b> , First Presbyterian Church, 514 S. Armistead Avenue (O, WC &) <i>Jimmy R. 757-335-0921 Hawk 757-289-7663</i>
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<b>6:00PM</b>	<b>Saturday Night Men's Meeting</b> , Virginia Beach Christian Church, 2225 Rose Hall Drive (C, DISC) <i>Robert D 757-343-3423</i>
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<b>7:00PM</b>	<b>Life &amp; Hopeline</b> , Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) <i>Marvin C 757-729-4089</i>
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<b>7:00PM</b>	<b>Saturday Night Live</b> , St. Nicholas Fellowship Hall, 621 First Colonial Road (O) <i>Ted L 757-717-2669</i>
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<b>7:30PM</b>	<b>A New Approach to Life</b> , North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane (O) <i>Josh 757-284-9367</i>
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<b>7:30PM</b>	<b>Never Alone</b> , Hillton Christian Church, 100 James River Drive (O, WC &) <i>Butch L. 757-320-3221</i>
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<b>8:00PM</b>	<b>Back to Basics</b> , Port Norfolk Baptist Church, 401 Broad Street (O, BT, DISC) <i>Ty H 757-235-3175</i>
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<b>8:00PM</b>	<b>Freedom of Choice</b> , Church of the Accension, 4853 Princess Anne Road (O, DISC, STEP) <i>James P 757-619-2273</i>
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<b>8:00PM</b>	<b>Surrender to Live</b> , Norview United Methodist Church, park behind church, 1112 Norview Avenue (O, BT, DISC, WC &) <i>Fred R 757-695-6500 We split into 3 mtg rooms &amp; alternate in 1.</i>
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NORTH CAROLINA MEETINGS	
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<b>Sun</b>	<b>Over &amp; Beyond</b> , Saint Phillips Chapel, West side of Street, 201 S McMorrine St (O, LIT) <i>Michael S 757-359-8841</i>
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<b>Mon</b>	<b>More Will be Revealed</b> , Serenity House, 300 Pearl Street (O, DISC) <i>Michael S 757-359-8841</i>
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<b>Mon</b>	<b>Clean &amp; Serene</b> , Riverside United Methodist Church, 1400 Edgewood Drive (O, BT)
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<b>Mon</b>	<b>Keeping it Simple</b> , Serenity House, 300 Pearl Street (O, DISC) <i>Tim C 252-548-8863</i>
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<b>Mon</b>	<b>Freedom to Live</b> , Liberty Christian Fellowship, 244 Williams Drive (C, DISC, WC &) <i>Rana D 252-423-0755</i>
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<b>7:30PM</b>	<b>Over &amp; Beyond</b> , Saint Phillips Chapel, 201 S McMorrine St (O, VAR) <i>Michael S 757-359-8841</i>
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<b>Tue</b>	<b>Stick &amp; Stay</b> , Colington Methodist Church, 1949 Colington Rd (O, DISC, WC &) <i>Clare D 252-944-6971</i>
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<b>Wed</b>	<b>Miracles Happen</b> , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O, DISC, STEP, TW) <i>Kim K 252-573-0822, Jim H 252-489-9895</i>
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<b>Thu</b>	<b>Over &amp; Beyond</b> , Saint Phillips Chapel, 201 S McMorrine St (O, DISC) <i>Michael S 757-359-8841</i>
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<b>Thu</b>	<b>Surrender to Win</b> , Manteo Baptist Church, 406 US Highway 64 (O, DISC) <i>Keith B 252-573-9615, Jim 252-489-9895</i>
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<b>Fri</b>	<b>Keeping it Simple</b> , Serenity House, 300 Pearl Street (O, DISC) <i>Neal W 252-202-2754</i>
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<b>Fri</b>	<b>Miracles Happen</b> , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O)
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<b>Fri</b>	<b>Serenity in the Sand</b> , Cape Hatteras Baptist Church, 50195 Buccaneer Drive (O, DISC)
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<b>Sat</b>	<b>Freedom to Live</b> , Liberty Christian Fellowship, 244 Williams Drive (O) <i>Kim K 252-753-0822</i>
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<b>7:30PM</b>	
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BEACH AREA SERVICE COMMITTEES	
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<b>Beach Area Service Committee</b>	P.O. Box 1377 Virginia Beach, VA 23451 - <a href="http://virginiabeachna.org">http://virginiabeachna.org</a> 1st Saturday - 1:00 PM, 1200 Dam Neck Rd, Virginia Beach
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<b>Hospitals and Institutions Subcommittee</b>	1st Saturday - 11:00 AM, 1200 Dam Neck Rd, Virginia Beach
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<b>Emergent Needs Subcommittee</b>	1st Saturday - 12:00 PM, 1200 Dam Neck Rd, Virginia Beach
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<b>Serenity on the Shore Subcommittee</b>	1st Sunday - Subcommittees: 5:00PM, Main: 6:00PM, 1100 First Colonial Rd Virginia Beach
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TIDEWATER AREA SERVICE COMMITTEES	
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<b>Tidewater Area Service Committee</b>	1112 Norview Ave, Norfolk, VA - <a href="http://tidewaterareana.org">http://tidewaterareana.org</a> 2nd Sunday - 2:00 pm, 1112 Norview Ave, Norfolk
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<b>Hospitals and Institutions Subcommittee</b>	3rd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk
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<b>Literature, Policy, Public Relations, Phonline, Special Events Subcommittees</b>	2nd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk
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PENINSULA AREA SERVICE COMMITTEES	
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<b>Peninsula Area Service Committee</b>	P.O. Box 16009, Newport News, VA 23608 - <a href="http://peninsulaareana.org">http://peninsulaareana.org</a> 1st Saturday - 4:00 pm, 10 Matoaka Lane, Newport News
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<b>Activities Subcommittee</b>	1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News
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<b>Literature</b>	1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News
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<b>Public Relations</b>	1st Saturday - 2:30 pm, 10 Matoaka Lane, Newport News
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<b>Area Inventory</b>	Sunday following Area - 1:00 pm, 2244 Executive Drive, Hampton
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<b>Hospitals &amp; Institutions Subcommittee</b>	Sunday following Area - 2:00 pm, 2244 Executive Drive, Hampton
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OUTER LIMITS AREA SERVICE COMMITTEES	
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<b>Outer Limits Area Service Committee</b>	P.O. Box 1164, Franklin, Va. 23851 - <a href="http://outerlimitsareana.org/">http://outerlimitsareana.org/</a> TBD
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<b>Hospitals and Institutions Subcommittee</b>	TBD
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<b>Activities Subcommittee</b>	TBD
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<b>Public Relations</b>	TBD
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<b>Central Atlantic Regional Service</b>	<a href="http://www.car-na.org">http://www.car-na.org</a>
P. O. Box 1959, Chesterfield, VA 23832	
<b>Narcotics Anonymous World Service</b>	<a href="http://www.na.org">http://www.na.org</a>

Phone Numbers	
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