

ELIZABETH CITY, NC	
Sun 7:00PM	Over & Beyond , Saint Phillips Chapel, West side of Street, 201 S McMorrine St (O, DISC) <i>Linda T 252-333-7983</i>
Tue 7:00PM	Over & Beyond , Saint Phillips Chapel, 201 S McMorrine St (O, DISC) <i>Linda T 252-333-7983</i>
FRISCO, NC	
Fri 7:30PM	Serenity in the Sand , Cape Hatteras Baptist Church, 50195 Buccaneer Drive (O, DISC)
KILL DEVIL HILLS, NC	
Mon 7:30PM	Freedom to Live , Liberty Christian Fellowship, 244 Williams Drive (C, DISC, WC &) <i>Rana D 252-423-0755</i>
Tue 7:30PM	Stick & Stay , Colington Methodist Church, 1949 Colington Rd (O, DISC, WC &) <i>Clare D 252-944-6971</i>
Sat 7:30PM	Freedom to Live , Liberty Christian Fellowship, 244 Williams Drive (O) <i>Kim K 252-753-0822</i>
MANTEO, NC	
Thu 7:30PM	Surrender to Win , Manteo Baptist Church, 406 US Highway 64 (O, DISC) <i>Keith B 252-573-9615, Jim 252-489-9895</i>
NAGS HEAD, NC	
Wed 7:30PM	Miracles Happen , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O, DISC, STEP, TW) <i>Kim K 252-573-0822, Jim H 252-489-9895</i>
Fri 7:30PM	Miracles Happen , St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O)
CARROLLTON, VA	
Fri 7:30PM	Running On Faith , Carrollton Church of God, 16144 Carrollton Boulevard (O)
CHESAPEAKE, VA	
Sun 3:00PM	Wecovery , Great Bridge United Methodist Church, 201 Stadium Drive (O, DISC) <i>Chris 757-377-9236</i>
Mon 7:30PM	The Winding Road , Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd (C) <i>Jacob M 757-831-8249, Rich B 757-288-0650</i>
Tue 7:00PM	Count Your Blessings , Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr (O, DISC, JFT) <i>Daniel A 757-418-1690</i>
Tue 7:30PM	Awesome Life , Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive (O, CAN, DISC, IP) <i>Carrie L 757-560-8177</i>
Wed 7:30PM	Change We Must , Oak Grove UMC, across from water tower, 472 North Battlefield Blvd. (O, C, BT) <i>Katie K 757-405-8464</i>
Thu NOON	Reason To Believe , Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd (O, BT, DISC) <i>Johnny D 757-287-4430</i>
Thu 7:00PM	Second Chance , Great Bridge United Methodist Church, corner of S. Battlefield Blvd and Stadium Dr, 201 Stadium Drive (O, DISC, STEP, TW) <i>Bernard 757-778-1755, Louie L 757-560-8172</i>
Thu 8:00PM	Branching Out , Aldersgate United Methodist Church, western branch, 4320 Bruce Rd (O, BT, STEP) <i>Joe B 757-397-6279</i>
Fri 7:00PM	Agape , St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd (O, DISC, IP, STEP, TW) <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>
Fri 7:30PM	Better Days , Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd (O, CAN, DISC, AB) <i>1st-AB, Liz S 757-681-0711</i>
COURTLAND, VA	
Fri 7:30PM	Thank God I'm Free (T.G.I.F.) , Courtland United Methodist Church, 22416 Main Street (O) <i>Scott C 434-594-5819</i>
FRANKLIN, VA	
Mon 7:00PM	Beyond Our Wildest Dreams , First Baptist Church, 318 Hall Street (O, SPK, WC &) <i>Charlene J 434-632-1972</i>
Tue 7:00PM	Earthbound Group , Fellowship Around The World, 400 N. High St. (O, DISC) <i>Stephen B 757-613-5531</i>
Wed 7:30PM	Bright New Life , Franklin Baptist Church, 208 N High Street (O) <i>DeWayne L 757-641-8022</i>
Thu 5:30PM	We Do Recover , Franklin District Building, 161 Steward Drive (O) <i>Keith J 757-344-3189</i>

FRANKLIN, VA (CONT)	
Sat 1:00PM	New Beginnings , Martin Luther King Center, 683 Oak Street (C)
GLOUCESTER, VA	
Mon 7:30PM	The Out of Ordinary Meeting , White Marsh Baptist Church, 5123 George Washington Memorial Highway (O, WC &)
Tue 7:00PM	A New Way of Life , 9228 George Washington Memorial Highway (O)
Fri 7:30PM	Closer To Home , Riverside Walter Reed Hospital, 7515 Hospital Drive (O, WC &)
HAMPTON, VA	
Sun NOON	Faith , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
Sun 7:00PM	The Lie Is Dead , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &)
Sun 7:30PM	Recovery Group , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
Mon NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O, VAR, WC &)
Mon 3:00PM	Change I Must Or Die I Will , Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd (O, WC &)
Mon 6:45PM	Honesty Group , Ivy Memorial Baptist Church, 2200 Coliseum Dr. (O, WC &)
Tue NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
Tue 5:30PM	Serenity Group , Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &)
Tue 7:30PM	New Genesis Group , Weslley United Methodist Church, 2510 N. Armistead Avenue (O)
Tue 7:30PM	Young, Clean & Living , North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane (O)
Tue 8:15PM	Let's Recover Together , Hampton Christian Church, 151 East Mercury Boulevard (O, WC &)
Wed NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
Wed 7:00PM	Hugs Not Drugs , Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O)
Thu NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
Thu 5:30PM	The Warriors , Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd (O, WC &)
Thu 8:00PM	Time To Surrender , North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &)
Fri NOON	A Meeting at Lunch , First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O)
Fri 6:00PM	How & Why , Riverside Behavioral Health Center, 2244 Executive Drive (C, WC &)
Sat 6:00PM	Saturday Night Alternative , First Presbyterian Church, 514 S. Armistead Avenue (O, WC &)
Sat 7:30PM	A New Approach to Life , North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane (O)
NEWPORT NEWS, VA	
Sun 9:30AM	Surrender To Live , C. Waldo Scott Center, 3100 Wickham Avenue (O, WC &) <i>Dee W. 757-503-0739 - Tony H. 757-696-6654</i>
Sun 7:00PM	A Gift Called Life , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &)
Mon NOON	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
Mon NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
Mon 7:00PM	New Attitude , 3509 Chestnut Avenue (O, WC &)
Tue 9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
Tue NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
Tue 6:00PM	I Can't We Can , YWCA, 2702 Orcutt Avenue (O, WC &)

NEWPORT NEWS, VA (CONT)	
Tue 7:00PM	We Can Change , First Church of Newport News, 2300 Wickham Avenue (O)
Tue 7:00PM	Women Do Recover , Hilton Christian Church, Entrance In The Rear, 100James River Dr. (O, WC &)
Wed 9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
Wed NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
Wed 7:00PM	End Of The Road , 1707 Jefferson Avenue (O, WC &)
Wed 7:00PM	Hope , Warwick Conference Center, Building #6, 12420 Warwick Blvd (O)
Wed 7:30PM	Living The Program , Warwick United Church of Christ, 10 Matoaka Lane (C, WC &)
Thu 9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
Thu NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
Thu 7:00PM	Let's Get Spiritual , St. Paul AME Church, 2500 Chestnut Avenue (O, WC &)
Thu 7:00PM	We Do Recover , Reformation Lutheran Church, 13100 Warwick Blvd (O, WC &, LIT)
Fri 9:30AM	Trust The Process , St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &)
Fri NOON	High Noon , Recovery Baptist Church, 303 Blair Avenue (O, WC &)
Fri 6:30PM	Change We Must , Living Faith Christian Center, 14901 Warwick Blvd (O, WC &)
Fri 7:00PM	Keep Coming Back , Newport News Community Center, 605 South Avenue (O, WC &)
Fri 7:30PM	Good Orderly Direction , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &)
Sat 10:00AM	No More Excuses , Warwick United Church of Christ, 10 Matoaka Lane (O, WC &)
Sat NOON	Women & Men In Recovery , Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St (O)
Sat 5:30PM	Saturday Night Live , First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St. (O, WC &)
Sat 7:30PM	Never Alone , Hillton Christian Church, 100 James River Drive (O, WC &)
NORFOLK, VA	
Sun 6:00PM	It's About Time , Norview United Methodist Church, 1112 Norview Avenue (O, SPK, WC &) <i>Jerome F 757-202-6163</i>
Sun 8:00PM	Mixed Group , First Lutheran Church, 1301 Colley Ave (O, DISC) <i>Mike J 757-409-1676</i>
Mon 9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road (O, WC &) <i>Rick K 757-753-0048</i>
Mon NOON	Help Me Think , Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd. (O, BT, JFT, STEP, TOP) <i>1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, Carlton J 757-589-3564</i>
Mon 8:00PM	Recovery on the Hill , Ocean View Christian Reformed Church, 1241 Hillside Avenue (O, BT, CAN, SPK, STEP, WC &) <i>Fred R 757-695-6500</i>
Tue 9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048, Mike M 757-305-2212</i>
Tue 5:30PM	Just For Today , First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue (O, DISC, IP, SPK, STEP, TOP) <i>Bill A 757-647-7707</i>
Tue 7:00PM	Let It Be , Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave (O, DISC) <i>Brandi M 757-581-3178</i>
Tue 7:00PM	Serenity In The Sand , On the Beach, at the end of 3rd Bay Street, East Ocean View and 3rd Bay Street (O, DISC) <i>Seasonal - May through September Only, April 757-322-7038</i>
Tue 7:00PM	We Can Change , Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd. (O, BT, DISC, IW, SPK) <i>Olena P 757-359-5580</i>
Wed 9:30AM	Morning Meditation , EZ Does It Service Center, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-7530048</i>

NORFOLK, VA (CONT)	
Wed 8:00PM	Better by the Bay , Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street (O, BT, DISC, WC &) <i>Ryan D 757-651-5316</i>
Wed 8:00PM	Where's Lot 14? , Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive (O, DISC) <i>Gary 757-237-4507, Juanita 757-685-8848</i>
Thu 9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Rick K 757-753-0048</i>
Thu 6:30PM	Got to Have It , Queen Street Baptist Church, 413 E. Brambleton Avenue (O, BT, IP, SPK, STEP, WC &) <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>
Thu 8:00PM	Junks & Drunks , Ocean View Reformed Church, 1241 Hillside Ave (O, STEP) <i>Marsha N 757-470-6128</i>
Fri 9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>
Fri NOON	The Continuing Quest , First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue (O, DISC, SPK, SWG) <i>Dave E 757-663-2723</i>
Fri 6:00PM	The Happy Hour , Faith Community Church, 100 East 30th Street (C, O, JFT) <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>
Fri 8:00PM	Miracle On 9th Bay , East Ocean View Baptist Church, 9609 9th Bay Street (O, SPK, STEP) <i>Larry W 757-701-0446</i>
Fri 8:00PM	We Do Recover , Sacred Heart Church, 520 Graydon Ave (O, DISC, STEP) <i>Troy B 757-395-7376, Wanda P 757-324-9170</i>
Sat 9:30AM	Morning Meditation , EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) <i>Mike M 757-305-2212, Rick K 757-753-0048</i>
Sat NOON	Basic Math 12 & 12 , First Baptist Church, across from the Scope, 418 E Bute Street (O, SPK, STEP, TRAD) <i>Carlton D 757-515-3331</i>
Sat 5:30PM	Back to Life , First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue (O, BT, DISC, SPK, TRAD) <i>Cornell W 757-729-4089</i>
Sat 8:00PM	Surrender to Live , Norview United Methodist Church, park behind church, 1112 Norview Avenue (O, BT, DISC, WC &) <i>Fred R 757-695-6500. We break up into 3 meeting rooms, and alternate in 1.</i>
Wed 6:30PM	Last House on the Block , Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave (O, DISC) <i>Lafayette R 757-696-7534, Rudolph S 757-714-0783</i>
Thu NOON	Recovery 'N' EOv , Ocean View Reformed Christian Church, block in for Ocean View Ave at Beach St, 1241 Hillside Ave (O, BT, DISC, IP, SPK) <i>LaTrisha 757-285-7964, Jerome F 757-202-6163</i>
POQUOSON, VA	
Thu 7:30PM	Fresh Start for Open Hearts , Poquoson Baptist Church, 283 Wythe Creek Road (O)
PORTSMOUTH, VA	
Sun 9:00AM	Men's Rap , Maryview Behavioral Center, First Floor side entrance, 3636 High Street (O, DISC, M, WC &) <i>Joe B 757-397-6279</i>
Sun 11:00AM	We Need A Meeting , Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street (O, BT, DISC, JFT, SPK, STEP, WC &) <i>Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)</i>
Sun 7:00PM	New Phase Four , Saint John's Episcopal Church, 424 Washington Street (O, DISC, SPK, TOP) <i>Ron E 757-582-1070, Lloyd P 757-638-7157</i>
Mon 6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i>
Mon 7:00PM	New Beginnings , Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane (O, IW, WC &) <i>Greg C 757-636-3745. Kathy K 757-403-7409</i>
Tue 6:45AM	Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O, DISC) <i>Teresa D 757-724-3685</i>
Tue NOON	The Emergency Unit , Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd (O, BT, DISC) <i>Dora H 757-735-7615</i>
Tue 7:00PM	Keep Coming Back , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road (O, BT, DISC, SPK, STEP, TOP) <i>Francis P 757-679-1151</i>
Tue 8:00PM	A Gift Called Life , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Brian L 757-619-7375, Sean H 757-438-1688</i>

PORTSMOUTH, VA (CONT)

Wed 6:45AM **Jump Start the Day**, First Lutheran Church, Washington & King, 600 King Street (O, DISC) *Theresa D 757-724-3685*

Wed 7:00PM **Surrender and Recovery**, United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) *Thomas G 757-647-1481*

Wed 7:30PM **What Can I Do**, Wesley Community Service Center, 1701 Elm St (O, BT, IP, STEP, TW) *Sabrina P 757-228-0730*

Thu 6:45AM **Jump Start the Day**, First Lutheran Church, Washington & King, 600 King Street (O, DISC) *Teresa D 757-724-3685*

Thu 7:00PM **Freebird**, Craddock Baptist Church, and Harris Road, 96 Afton Parkway (O, BL, BT) *Roland C 757-328-2243, Jen J. 757-582-4947*

Thu 7:00PM **Girls Nite Out**, First Friends Church, 5307 Portsmouth Blvd. (O, IP, JFT, SWG, STEP, W) *Vickie 757-375-0067, Kat 757-359-3793, Missy 757-753-6223*

Fri 6:45AM **Jump Start the Day**, First Lutheran Church, King & Washington, 600 King Street (O, DISC) *Teresa D 757-724-3685*

Sat 11:00AM **The Phoenix Group**, Maryview Hospital, 2nd floor Conference Room A, 3636 High Street (O, BT) *Sam D 757-353-2094*

Sat 2:00PM **A New Way of Life**, 208 Mimosa Rd, 208 Mimosa Rd (O, DISC) *Paul B 757-613-4199*

Sat 8:00PM **Back to Basics**, Broad Street United Methodist Church, corner of Wesley St, 300 Broad Street (O, BT, DISC) *Ty H 757-235-3175*

SUFFOLK, VA

Sun 7:00PM **A Clear Message**, Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard (O, BT, DISC, SPK, AB) *Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK)*

Wed 7:30PM **Life & Hopeline**, Suffolk Christian Church, by courthouse, 216 North Main St. (O, DISC, STEP, WC &) *Rob T 757-923-5461*

Fri 7:00PM **Life and Hopeline**, Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) *Diane W 717-887-0279*

Sat 7:00PM **Life and Hopeline**, Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) *Marvin C 757-729-4089*

VIRGINIA BEACH, VA

Sun 9:00AM **Hope Ignited**, Virginia Beach Recovery Club, 1900 Baltic Avenue (O, DISC, WC &) *Dale 757-202-9693, Christine D 757-374-1348*

Sun 5:00PM **The Journey Continues**, St. Francis Episcopal Church, 509 S Rosemont Road (C, LIT) *Lucinda W 757-502-5176 (Living Clean Study)*

Sun 8:00PM **Sunday Sanity**, VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, DISC) *Karla W 757-434-6446, Pat O 757-633-2820*

Mon 7:00PM **Monday Night Candlelight**, Haygood United Methodist Church, 4713 Haygood Rd (O, BT) *Eric D 757-580-2849*

Mon 7:30PM **Living The Program**, Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road (O, BT, DISC) *Lance G 757-692-7864, Steve K 757-715-1075*

Mon 8:00PM **Raw Recovery**, Homeless Shelter, Judeo-Christian Outreach Ctr, E of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) *April M 757-323-7038*

Mon 10:30PM **End of the Night**, Old Donation Church, 4449 N. Witchduck Road (O, DISC, VAR) *Ann L 757-270-1141*

Tue 7:30PM **Freedom Group**, Nicholas Greek Church, Fellowship Hall, 621 First Colonial Road (O, DISC) *Living Clean Study, Kristina D 757-270-9509, Mary K 757-650-0783*

Tue 7:30PM **In Times of Illness**, VA Beach Psych Center, next to hospital, those with illness in recovery, 1100 First Colonial Rd (O, DISC) *Bill S 757-717-1815*

Tue 7:30PM **There's A Light**, Ocean Lakes Church of Christ, 1200 Dam Neck Road (O, DISC) *Ian B 757-717-7900, Geoff L 757-641-3159*

Tue 8:00PM **Enjoying the Journey**, Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road (O, DISC, SPK, STEP, TOP) *Billy B 757-681-4341*

Tue 10:30PM **End of the Night**, Old Donation Church, 4449 N. Witchduck Road (O, DISC, WC &) *Ann L 757-270-1141*

Wed NOON **Visible Changes**, Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road (O, DISC) *Julia S 804-614-6603*

Wed 7:15PM **Straight Ahead**, Christ Presbyterian, 709 Aragona Blvd (O, DISC, STEP) *Chris P 757-535-7227*

Wed 8:00PM **Trusted Servants**, St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC, WC &) *Kevin F 757-777-2363*

VIRGINIA BEACH, VA (CONT)

Wed 8:30PM **Stepping into Recovery**, Old Donation Church, 4449 N. Witchduck Road (O, BT, DISC) *Living Clean Study, Mary P 757-739-1726*

Wed 10:30PM **End of the Night**, Old Donation Church, 4449 N. Witchduck Road (O, BT, DISC) *Ann L 757-270-1142*

Thu 7:00PM **Shattering the Illusion**, St. Michaels Lutheran Church, 2208 Princess Anne Road (O, BT) *Bryan M 757-635-7414, Tim B 714-3132*

Thu 7:30PM **Serenity Circle**, Haygood United Methodist Church, 4713 Haygood Road (O, DISC) *Pam 757-636-2364, Trish 757-575-9350*

Thu 8:00PM **Choose Life**, VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, BT, IP, SPK) *Shelly G 757-748-5364*

Thu 8:00PM **Raw Recovery**, Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) *April M 757-322-7038*

Thu 10:30PM **End of the Night**, Old Donation Church, 4449 N. Witchduck Road (O, DISC) *Ann L 757-270-1141*

Fri NOON **Write Now**, Providence Presbyterian Church, 5497 Providence Rd (C, JFT, SWG) *writing during meeting, Christine O 757-729-3282*

Fri 8:00PM **Kempsville Crossroads**, Providence Presbyterian Church, 5497 Providence Road (O, DISC, TRAD, WC &) *Mark N 757-478-1839*

Fri 8:00PM **Wave of Recovery**, Virginia Beach Christian Church, 2225 Rose Hall Drive (O, DISC) *Pat C 757-735-8934*

Fri 8:30PM **HOW Group**, Good Shepherd Lutheran Church, 1489 Laskin Road (C, DISC) *Lance G 757-692-7864, Neal G 757-328-6485*

Fri 11:00PM **The Road Less Traveled**, Old Donation Church, 4449 N. Witchduck Road (O, DISC) *Teresa D 757-724-3685*

Sat 9:00AM **Fresh Start**, Foundry United Methodist Church, 2801 Virginia Beach Blvd. (O) *Madison B 757-506-6986 Pat C 757-735-8934*

Sat 5:00PM **When at the End of the Road**, St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC) *Romaine P 757-513-9004, Dana S 757-831-1701*

Sat 6:00PM **Saturday Night Men's Meeting**, Virginia Beach Christian Church, 2225 Rose Hall Drive (C, DISC) *Robert D 757-343-3423*

Sat 7:00PM **Saturday Night Live**, St. Nicholas Fellowship Hall, 621 First Colonial Road (O) *Ted L 757-717-2669*

Sat 8:00PM **Freedom of Choice**, Church of the Accension, 4853 Princess Anne Road (O, DISC, STEP) *James P 757-619-2273*

WILLIAMSBURG, VA

Sun 8:00PM **Nature Of Recovery**, 5477 Mooretown Road (O, WC &)

Mon 7:00PM **Women in Recovery**, St. Martin's Church, 3279 Lake Powell Rd (O)

Mon 8:30PM **Who is an Addict?**, 3279 Lake Powell Road (O)

Tue 7:00PM **A Proven Program**, York River Baptist Church, 8201 Croaker Road (O)

Wed 8:30PM **Who is an Addict?**, 3279 Lake Powell Road (O)

Thu 7:30PM **12 + 12 = Change!!**, Wesley Foundation (across from W&M soccer field), 526 Jamestown Road (O, WC &)

Fri 8:00PM **NOTHING TO FEAR**, Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle (O, IP, SPK, TOP, WC &, AB)

Sat 10:30AM **Living Life On Life's Terms**, Wesley Foundation, 526 Jamestown Road (O, WC &)

YORKTOWN, VA

Mon 7:30PM **In Step**, Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy (O)

BEACH AREA SERVICE COMMITTEES

Beach Area Service Committee
P.O. Box 1377 Virginia Beach, VA 23451 - <http://viriniabeachna.org>
1st Saturday - 1:00 PM, 1200 Dam Neck Rd, Virginia Beach

Hospitals and Institutions Subcommittee
1st Saturday - 11:00 AM, 1200 Dam Neck Rd, Virginia Beach

Emergent Needs Subcommittee
1st Saturday - 12:00 PM, 1200 Dam Neck Rd, Virginia Beach

Serenity on the Shore Subcommittee
1st Sunday - Subcommittees: 5:00PM, Main: 6:00PM, 1100 First Colonial Rd Virginia Beach

TIDEWATER AREA SERVICE COMMITTEES

Tidewater Area Service Committee
1112 Norview Ave, Norfolk, VA - <http://tidewaterareana.org>
2nd Sunday - 2:00 pm, 1112 Norview Ave, Norfolk

Hospitals and Institutions Subcommittee
3rd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk

Literature, Policy, Public Relations, PhoneLine, Special Events Subcommittees
2nd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk

PENINSULA AREA SERVICE COMMITTEES

Peninsula Area Service Committee
P.O. Box 16009, Newport News, VA 23608 - <http://peninsulaareana.org>
1st Saturday - 4:00 pm, 10 Matoaka Lane, Newport News

Activities Subcommittee
1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News

Literature
1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News

Public Relations
1st Saturday - 2:30 pm, 10 Matoaka Lane, Newport News

Area Inventory
Sunday following Area - 1:00 pm, 2244 Executive Drive, Hampton

Hospitals & Institutions Subcommittee
Sunday following Area - 2:00 pm, 2244 Executive Drive, Hampton

OUTER LIMITS AREA SERVICE COMMITTEES

Outer Limits Area Service Committee
P.O. Box 1164, Franklin, Va. 23851 - <http://outerlimitsareana.org/>
TBD

Hospitals and Institutions Subcommittee
TBD

Activities Subcommittee
TBD

Public Relations
TBD

Central Atlantic Regional Service
P. O. Box 1959, Chesterfield, VA 23832 <http://www.car-na.org>

Narcotics Anonymous World Service
<http://www.na.org>

Phone Numbers

HAMPTON ROADS METRO



MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

APRIL 2018

REGIONAL HELPLINE

800-777-1515

TIDEWATER HELPLINE

866-972-5055

Meeting Format Legend		
AB	Ask-It-Basket	BL Bi-Lingual
BT	Basic Text	C Closed
CAN	Candlelight	DISC Discussion
IP	IP Study	IW It Works Study
JFT	Just for Today Study	LIT Literature Study
M	Men	O Open
SPK	Speaker	STEP Step
SWG	Step Working Guide Study	TOP Topic
TRAD	Tradition	TW Traditions Workshop
VAR	Format Varies	W Women
WC &	Wheelchair	

Meetings Weekly: 169