

**CARROLLTON****Fri 7:30PM** **Running On Faith**, Carrollton Church of God, 16144 Carrollton Boulevard (O) *Tim A. 757-434-7178 Ken H. 757-535-5151***CHESAPEAKE****Sun 3:00PM** **Wecovery**, Great Bridge United Methodist Church, 201 Stadium Drive (O, DISC) *Chris 757-377-9236***Mon 7:00PM** **The Winding Road**, Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd (C) *Jacob M 757-831-8249, Rich B 757-288-0650***Tue 7:00PM** **Count Your Blessings**, Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr (O, DISC, JFT) *Daniel A 757-418-1690***Tue 7:30PM** **Awesome Life**, Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive (O, CAN, DISC, IP) *Carrie L 757-560-8177***Wed 7:30PM** **Change We Must**, Oak Grove UMC, across from water tower, 472 North Battlefield Blvd. (O, C, BT) *Katie K 757-405-8464***Thu NOON** **Reason To Believe**, Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd (O, BT, DISC) *Johnny D 757-287-4430***Thu 7:00PM** **Second Chance**, Great Bridge United Methodist Church, corner of South Battlefield Blvd and Stadium Dr, 201 Stadium Drive (O, DISC, STEP, TW) *Bernard 757-778-1755, Louie L 757-560-8172***Thu 8:00PM** **Branching Out**, Aldersgate United Methodist Church, Western Branch, 4320 Bruce Rd (O, BT, STEP) *Joe B 757-397-6279***Fri 7:00PM** **Agape**, St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd (O, DISC, IP, STEP, TW) *1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494***Fri 7:30PM** **Better Days**, Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd (O, CAN, DISC, AB) *1st-AB, Liz S 757-681-0711***COURTLAND****Fri 7:00PM** **Thank God I'm Free (T.G.I.F.)**, Courtland United Methodist Church, 22416 Main Street (O) *Scott C 434-594-5819***ELIZABETH CITY****Sun 7:00PM** **Over & Beyond**, Saint Phillips Chapel, West side of Street, 201 S McMorrine St (O, LIT) *Michael S 757-359-8841***Mon NOON** **More Will be Revealed**, Serenity House, 300 Pearl Street (O, DISC) *Michael S 757-359-8841***Mon 7:00PM** **Clean & Serene**, Riverside United Methodist Church, 1400 Edgewood Drive (O, BT)**Mon 7:00PM** **Keeping it Simple**, Serenity House, 300 Pearl Street (O, DISC) *Tim C 252-548-8863***Tue 7:00PM** **Over & Beyond**, Saint Phillips Chapel, 201 S McMorrine St (O, VAR) *Michael S 757-359-8841***Thu 7:00PM** **Over & Beyond**, Saint Phillips Chapel, 201 S McMorrine St (O, DISC) *Michael S 757-359-8841***Fri 7:00PM** **Keeping it Simple**, Serenity House, 300 Pearl Street (O, DISC) *Neal W 252-202-2754***FRANKLIN****Mon 7:00PM** **Beyond Our Wildest Dreams**, First Baptist Church, 318 Hall Street (O, SPK, WC &) *Keith J 757-344-3189***Tue 7:00PM** **Earthbound Group**, Emmanuel Episcopal Church, 400 N High Street (O, DISC) *Stephen B 757-613-5531***Wed 7:00PM** **Bright New Life**, Franklin Baptist Church, 208 N High Street (O, STEP) *DeWayne L 757-641-8022***Thu 5:30PM** **We Do Recover**, Franklin District Building, 161 Steward Drive (O) *Keith J 757-344-3189***FRISCO****Fri 7:30PM** **Serenity in the Sand**, Cape Hatteras Baptist Church, 50195 Buccaneer Drive (O, DISC)**GLOUCESTER****Mon 7:30PM** **The Out of Ordinary Meeting**, White Marsh Baptist Church, 5123 George Washington Memorial Highway (O, IW, WC &, LIT) *Dan G. 804-815-7699 Sam B. 804-296-8592***Tue 7:00PM** **A New Way of Life**, 7603 Hospital Drive (O, JFT) *Dan G. 804-815-7699 Sam B. 804-296-8592***Thu 8:00PM** **Living the Dream**, 7603 Hospital Drive, 7603 Hospital Drive (BT)**Fri 7:30PM** **Closer To Home**, Riverside Walter Reed Hospital, 7515 Hospital Drive (O, DISC, WC &) *Sam B. 804-296-8592***HAMPTON****Sun NOON** **Faith**, Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) *Malcolm 757-593-6581 Henry 757-532-8814***Sun 7:00PM** **The Lie Is Dead**, North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &) *Ed P. 757-303-8609***Sun 7:30PM** **Recovery Group**, Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) *William S. 757-236-6170 Dave R. 757-218-2595***Mon NOON** **A Meeting at Lunch**, First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O, VAR, WC &) *Deborah R. 757-238-0330 Eugene 757-243-6845***Mon 3:00PM** **Change I Must Or Die I Will**, Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd (O, WC &) *Kathy A. 757-897-7699 Jimmy W. 757-257-0843***Mon 7:00PM** **Honesty Group**, Ivy Memorial Baptist Church, 2200 Coliseum Dr. (O, WC &) *Marc 919-332-1415 Ernest 908-494-2383***Tue NOON** **A Meeting at Lunch**, First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) *Deborah 757-238-0330 Eugene 757-243-6845***Tue 5:30PM** **Serenity Group**, Riverside Behavioral Health Center, 2244 Executive Drive (O, WC &) *Beverly A. 757-753-6868 Jeanette 757-594-3414***Tue 7:30PM** **New Genesis Group**, Weslley United Methodist Church, 2510 N. Armistead Avenue (O) *Gayle B. 757-597-1531 Cameron 757-561-3343***Tue 7:30PM** **Young, Clean & Living**, North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane (O) *Chris L. 757-592-2170***Tue 8:15PM** **Let's Recover Together**, Hampton Christian Church, 151 East Mercury Boulevard (O, WC &) *Tim E. 757-725-4636 Chris G. 760-984-4914***Wed NOON** **A Meeting at Lunch**, First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) *Deborah 757-238-0330 Eugene 757-243-6845***Wed 6:00PM** **Becoming A Winner**, Loving Kindness Worship Center, 2007 N. Armisted Ave. (O) *Jacqueline G. 757-528-7041***Wed 7:00PM** **Hugs Not Drugs**, Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road (O, DISC) *Sarah 757-727-3582 Jeff M. 912-414-3258***Thu NOON** **A Meeting at Lunch**, First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) *Deborah 757-238-0330 Eugene 757-243-6845***Thu 5:30PM** **The Warriors**, Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd (O, WC &) *Renee D. 757-593-4323***Thu 8:00PM** **Time To Surrender**, North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane (O, WC &) *Eddie H. 757-268-7903***Fri NOON** **A Meeting at Lunch**, First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue (O) *Deborah 757-238-0330 Eugene 757-243-6845***Fri 6:00PM** **How & Why**, Riverside Behavioral Health Center, 2244 Executive Drive (C, WC &) *Tee J. 757-788-9475***Sat 6:00PM** **Saturday Night Alternative**, First Presbyterian Church, 514 S. Armistead Avenue (O, WC &) *Jimmy R. 757-335-0921 Hawk 757-289-7663***Sat 7:30PM** **A New Approach to Life**, North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane (O) *Josh 757-284-9367***KILL DEVIL HILLS****Mon 7:30PM** **Freedom to Live**, Liberty Christian Fellowship, 244 Williams Drive (C, DISC, WC &) *Rana D 252-423-0755***Tue 7:30PM** **Stick & Stay**, Colington Methodist Church, 1949 Colington Rd (O, DISC, WC &) *Clare D 252-944-6971***Sat 7:30PM** **Freedom to Live**, Liberty Christian Fellowship, 244 Williams Drive (O) *Kim K 252-753-0822***MANTEO****Thu 7:30PM** **Surrender to Win**, Manteo Baptist Church, 406 US Highway 64 (O, DISC) *Keith B 252-573-9615, Jim 252-489-9895***NAGS HEAD****Wed 7:30PM** **Miracles Happen**, St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O, DISC, STEP, TW) *Kim K 252-573-0822, Jim H 252-489-9895***Fri 7:30PM** **Miracles Happen**, St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail (O)**NEWPORT NEWS****Sun 9:30AM** **Surrender To Live**, C. Waldo Scott Center, 3100 Wickham Avenue (O, WC &) *Dee W. 757-503-0739 - Tony H. 757-696-6654***Sun 3:00PM** **Write to Recover**, Mary Immaculate Hospital, Community Health and Resource Center, 2 Bernardine Drive (C, NC, WR) *Craig W. 845-642-5043***Sun 7:00PM** **A Gift Called Life**, Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) *Johnnie 757-869-4890 Nadine 757-751-4680***NEWPORT NEWS (CONT)****Mon 9:30AM** **Trust The Process**, St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) *Qadeer 757-344-1284 Lilly 757-236-8921***Mon NOON** **High Noon**, Recovery Baptist Church, 303 Blair Avenue (O, WC &) *Teresa F. 757-269-1707 Mildred D. 757-236-9021***Mon 6:00PM** **I Can't We Can**, C. Waldo Scott Center, 3100 Wickham Avenue (O, IP, SPK, AB)**Mon 7:00PM** **New Attitude**, 3509 Chestnut Avenue (O, WC &) *Vet 747-849-8808 Rose F. 757-593-0104***Tue 9:30AM** **Trust The Process**, St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) *Qadeer 757-344-1284 Lilly 757-236-8921***Tue NOON** **High Noon**, Recovery Baptist Church, 303 Blair Avenue (O, WC &) *Teresa F. 757-269-1707 Mildred D. 757-236-9021***Tue 7:00PM** **We Can Change**, First Church of Newport News, 2300 Wickham Avenue (O) *Harvey 757-926-9138 Plummer 757-696-3416***Tue 7:00PM** **Women Do Recover**, Hilton Christian Church, Entrance In The Rear, 100 James River Drive (O, WC &) *Erin 571-224-6615 Beth P. 757-327-2667***Wed 9:30AM** **Trust The Process**, St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) *Qadeer 757-344-1284 Lilly 757-236-8921***Wed NOON** **High Noon**, Recovery Baptist Church, 303 Blair Avenue (O, WC &) *Teresa F. 757-269-1707 Mildred D. 757-236-9021***Wed 7:00PM** **End Of The Road**, 1707 Jefferson Avenue (O, WC &) *Glen N. 757-268-9318 Sherri W. 757-768-1392***Wed 7:00PM** **Hope**, Warwick Conference Center, Building #6, 12420 Warwick Blvd (O) *Will D. 757-768-7954 David B. 757-342-2510***Wed 7:30PM** **Living The Program**, Warwick United Church of Christ, 10 Matoaka Lane (C, WC &) *Ray D. 757-303-4533 Jen 757-876-7194***Thu 9:30AM** **Trust The Process**, St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) *Qadeer 757-344-1284 Lilly 757-236-8921***Thu NOON** **High Noon**, Recovery Baptist Church, 303 Blair Avenue (O, WC &) *Teresa F. 757-269-1707 Mildred D. 757-236-9021***Thu 7:00PM** **Let's Get Spiritual**, St. Paul AME Church, 2500 Chestnut Avenue (O, WC &) *Debbie 757-310-2914 Teddie 757-503-0528***Thu 7:00PM** **We Do Recover**, Reformation Lutheran Church, 13100 Warwick Blvd (O, WC &, LIT) *Paula M. 757-506-9294 Craig W. 845-642-5043***Fri 9:30AM** **Trust The Process**, St. Augustine's Episcopal Church, 2515 Marshall Avenue (O, WC &) *Qadeer 757-344-1284 Lilly 757-236-8921***Fri NOON** **High Noon**, Recovery Baptist Church, 303 Blair Avenue (O, WC &) *Teresa F. 757-269-1707 Mildred D. 757-236-9021***Fri 6:30PM** **Change We Must**, Living Faith Christian Center, 14901 Warwick Blvd (O, WC &) *Danny A. 757-696-2318 Darlene A. 757-998-1177***Fri 7:00PM** **Keep Coming Back**, Newport News Community Center, 605 South Avenue (O, WC &) *Lorenzo 757-320-6224***Fri 7:30PM** **Good Orderly Direction**, Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) *Jeff H. 757-630-3806***Sat 10:00AM** **No More Excuses**, Warwick United Church of Christ, 10 Matoaka Lane (O, WC &) *Debra R. 757-238-0330***Sat NOON** **Women & Men In Recovery**, Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St (O) *Pamela H. 732-670-5887 Al W. 757-541-9218***Sat 5:30PM** **Saturday Night Live**, First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St. (O, WC &)**Sat 7:30PM** **Never Alone**, Hillton Christian Church, 100 James River Drive (O, WC &) *Butch L. 757-320-3221***NORFOLK****Sun 1:00PM** **Dopeless Hopefiends**, GHR Center, Suite B, 850 Tidewater Dr (O) *William M 757-851-8395***Sun 6:00PM** **It's About Time**, Norview United Methodist Church, 1112 Norview Avenue (O, SPK, WC &) *Jerome F 757-202-6163***Sun 8:00PM** **Mixed Group**, First Lutheran Church, 1301 Colley Ave (O, DISC) *Mike J 757-409-1676***Mon 9:30AM** **Morning Meditation**, EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, WC &) *Rick K 757-753-0048***Mon NOON** **Help Me Think**, Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd. (O, BT, JFT, STEP, TOP) *1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, Carlton J 757-589-3564***Mon 8:00PM** **Recovery on the Hill**, Ocean View Christian Reformed Church, 1241 Hillside Avenue (O, BT, CAN, SPK, STEP, WC &) *Fred R 757-695-6500***Tue 9:30AM** **Morning Meditation**, EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) *Rick K 757-753-0048, Mike M 757-305-2212***Tue 5:30PM** **Just For Today**, First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue (O, DISC, IP, SPK, STEP, TOP) *Bill A 757-647-7707***NORFOLK (CONT)****Tue 7:00PM** **Let It Be**, Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave (O, DISC) *Brandi M 757-581-3178***Tue 7:00PM** **We Can Change**, Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd. (O, BT, DISC, IW, SPK) *Olena P 757-359-5580***Wed 9:30AM** **Morning Meditation**, EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) *Rick K 757-7530048***Wed NOON** **High Noon**, New Life Providence Church, 1420 Colonial Ave (O) *Lafayette 757-696-7534, Michelle M 757-381-5881***Wed 6:30PM** **Last House on the Block**, Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave (O, DISC) *Lafayette R 757-696-7534, Rudolph S 757-714-0783***Wed 8:00PM** **Better by the Bay**, Miles Memorial United Methodist Church, Park off Selby Pl (rear entrance), 9450 Granby Street (O, BT, DISC, WC &) *Ryan D 757-651-5316***Wed 8:00PM** **Where's Lot 14?**, Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive (O, DISC) *Gary 757-237-4507, Juanita 757-685-8848***Thu 9:30AM** **Morning Meditation**, EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road (O, DISC, VAR, WC &) *Rick K 757-753-0048***Thu NOON** **Recovery 'N' EO**V, Ocean View Reformed Christian Church, block in for Ocean View Ave at Beach St, 1241 Hillside Ave (O, BT, DISC, IP, SPK) *LaTrisha 757-285-7964, Jerome F 757-202-6163***Thu 6:30PM** **Got to Have It**, Queen Street Baptist Church, 413 E. Brambleton Avenue (O, BT, IP, SPK, STEP, WC &) *Frederick J 757-374-1577, Juanita S 757-685-8848***Thu 8:00PM** **Junks & Drunks**, Ocean View Reformed Church, 1241 Hillside Ave (O, STEP) *Amber O 856-340-0091 Mark B 757-581-0800***Fri 9:30AM** **Morning Meditation**, EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) *Mike M 757-305-2212, Rick K 757-753-0048***Fri NOON** **The Continuing Quest**, First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue (O, DISC, SPK, SWG) *Dave E 757-663-2723***Fri 6:00PM** **The Happy Hour**, Faith Community Church, 100 East 30th Street (C, O, JFT) *Lafayette R 757-696-7534, Jerome F 757-202-6163***Fri 8:00PM** **Miracle On 9th Bay**, East Ocean View Baptist Church, 9609 9th Bay Street (O, SPK, STEP) *Larry W 757-701-0446***Sat 9:30AM** **Morning Meditation**, EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road (O, DISC, VAR, WC &) *Mike M 757-305-2212, Rick K 757-753-0048***Sat NOON** **Basic Math 12 & 12**, First Baptist Church, across from the Scope, 418 E Bute Street (O, SPK, STEP, TRAD) *Carlton D 757-515-3331***Sat 5:30PM** **Back to Life**, First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue (O, BT, DISC, SPK, TRAD) *Cornell W 757-729-4089***Sat 8:00PM** **Surrender to Live**, Norview United Methodist Church, park behind church, 1112 Norview Avenue (O, BT, DISC, WC &) *Fred R 757-695-6500 We split into 3 mtg rooms & alternate in 1.***POQUOSON****Thu 7:30PM** **Fresh Start for Open Hearts**, Poquoson Baptist Church, 283 Wythe Creek Road (O) *Mike B. 757-593-9377 Sammy 757-778-2361***PORTSMOUTH****Sun 9:00AM** **Men's Rap**, Maryview Behavioral Center, First Floor side entrance, 3636 High Street (O, DISC, M, WC &) *Joe B 757-397-6279***Sun 11:00AM** **We Need A Meeting**, Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street (O, BT, DISC, JFT, SPK, STEP, WC &) *Donna E 757-353-5895 1-DSC, 2-STP, 3-BT, 4-SPK, 5-JFT***Sun 7:00PM** **New Phase Four**, Saint John's Episcopal Church, 424 Washington Street (O, DISC, SPK, TOP) *Ron E 757-582-1070, Lloyd P 757-638-7157*



