

HAMPTON ROADS METRO



MEETING LIST

Metropolitan Hampton Roads Meetings including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

JANUARY 2019

REGIONAL HELPLINE

800-777-1515

TIDEWATER HELPLINE

866-972-5055

| Meeting Format Legend | | | |
|-----------------------|--------------------------|------|----------------------|
| AB | Ask-It-Basket | BL | Bi-Lingual |
| BT | Basic Text | C | Closed |
| CAN | Candlelight | DISC | Discussion |
| GL | LGBT | IP | IP Study |
| IW | It Works Study | JFT | Just for Today Study |
| LIT | Literature Study | M | Men |
| ME | Meditation | NC | No Children |
| O | Open | Pi | Pitch |
| SPK | Speaker | STEP | Step |
| SWG | Step Working Guide Study | TOP | Topic |
| TRAD | Tradition | TW | Traditions Workshop |
| VAR | Format Varies | W | Women |
| WC & | Wheelchair | WR | Writing Meeting |

Meetings Weekly: 179

| PORTSMOUTH (CONT) | |
|--------------------|---|
| Tue 7:00PM | Keep Coming Back , New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road (O, BT, DISC, SPK, STEP, TOP) <i>Francis P 757-679-1151</i> |
| Tue 8:00PM | A Gift Called Life , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Brian L 757-619-7375, Sean H 757-438-1688</i> |
| Wed 6:45AM | Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O) <i>Theresa D 757-724-3685</i> |
| Wed 7:00PM | Surrender and Recovery , United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd (O, BT) <i>Thomas G 757-647-1481</i> |
| Wed 7:00PM | What Can I Do , Wesley Community Service Center, 1701 Elm St (O, VAR) <i>Sabrina P 757-228-0730</i> |
| Thu 6:45AM | Jump Start the Day , First Lutheran Church, Washington & King, 600 King Street (O) <i>Teresa D 757-724-3685</i> |
| Thu 7:00PM | Freebird , Craddock Baptist Church, and Harris Road, 96 Afton Parkway (O, BL, BT) <i>Roland C 757-328-2243, Jen J 757-582-4947</i> |
| Thu 7:00PM | Girls Nite Out , First Friends Church, 5307 Portsmouth Blvd. (O, IP, JFT, SWG, STEP, W) <i>Vickie 757-375-0067, Kat 757-359-3793, Missy 757-753-6223</i> |
| Fri 6:45AM | Jump Start the Day , First Lutheran Church, King & Washington, 600 King Street (O) <i>Teresa D 757-724-3685</i> |
| Fri 6:00PM | Wounded Healers , Great Awakening United Church of Christ, 1520 High St (O) |
| Sat 11:00AM | The Phoenix Group , Maryview Hospital, 2nd floor Conf Room A, 3636 High Street (O, BT) <i>Sam D 757-353-2094</i> |
| Sat 8:00PM | Back to Basics , Port Norfolk Baptist Church, 401 Broad Street (O, BT, DISC) <i>Ty H 757-235-3175</i> |

| SUFFOLK | |
|-------------------|--|
| Sun 7:00PM | A Clear Message , Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard (O, BT, DISC, SPK, AB) |
| Wed 7:30PM | Life & Hopeline , Suffolk Christian Church, by courthouse, 216 North Main St. (O, DISC, STEP, WC &) <i>Rob B 757-923-5461</i> |
| Fri 7:00PM | Life & Hopeline , Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) <i>Diane W 717-887-0279</i> |
| Sat 7:00PM | Life & Hopeline , Sentara Obici Hospital, 2800 Godwin Boulevard (O, DISC, STEP) <i>Marvin C 757-729-4089</i> |

| VIRGINIA BEACH | |
|--------------------|---|
| Sun 9:00AM | Hope Ignited , Virginia Beach Recovery Club, 1900 Baltic Avenue (O, DISC, WC &) <i>Dale 757-202-9693, Chuck K 757-469-9365</i> |
| Sun 5:00PM | The Journey Continues , St. Francis Episcopal Church, 509 S Rosemont Road (C, LIT) <i>Lucinda W 757-502-5176 (Living Clean Study)</i> |
| Sun 8:00PM | Sunday Sanity , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, DISC) <i>Karla W 757-434-6446, Pat O 757-633-2820</i> |
| Mon 7:00PM | Monday Night Candlelight , Haygood United Methodist Church, 4713 Haygood Rd (O, BT, CAN, WC &) <i>Eric D 757-580-2849</i> |
| Mon 7:30PM | Living The Program , Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road (O, BT, DISC) <i>Lance G 757-692-7864, Steve K 757-715-1075</i> |
| Mon 8:00PM | Raw Recovery , Judeo-Christian Outreach Center - Homeless Shelter, East of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) <i>April M 757-323-7038</i> |
| Mon 10:30PM | End of the Night , Old Donation Episcopal Church, 4449 N Witchduck Road (O, WC &, LIT) <i>Living Clean Study Ann V 757-270-1141</i> |
| Tue 7:30PM | Freedom Group , Nicholas Greek Church, Fellowship Hall, 621 First Colonial Road (O, DISC) <i>Living Clean Study, Kristina D 757-270-9509</i> |
| Tue 7:30PM | In Times of Illness , VA Beach Psych Center, next to hospital, those with illness in recovery are welcome, 1100 First Colonial Rd (O, DISC) <i>Bill S 757-717-1815</i> |
| Tue 7:30PM | There's A Light , Ocean Lakes Church of Christ, 1200 Dam Neck Road (O, DISC) <i>Ian B 757-717-7900, Geoff L 757-641-3159</i> |
| Tue 8:00PM | Enjoying the Journey , Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road (O, DISC, SPK, STEP, TOP) <i>Billy B 757-681-4341</i> |
| Tue 10:30PM | End of the Night , Old Donation Episcopal Church, 4449 N Witchduck Road (O, IW) <i>Ann V 757-270-1141</i> |
| Wed NOON | Visible Changes , Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road (O, DISC) <i>Charles D 757-729-6176, Deborah J 757-320-6341</i> |
| Wed 5:30PM | Midweek Peak , Thalia Lynn Baptist Church, 4392 Virginia Beach Blvd (O, DISC) <i>John B 7576354318 Sarah H 7572988224</i> |
| Wed 7:15PM | Straight Ahead , Christ Presbyterian, 709 Aragona Blvd (O, DISC, STEP) <i>Chris P 757-535-7227</i> |

| VIRGINIA BEACH (CONT) | |
|-----------------------|---|
| Wed 8:00PM | Trusted Servants , St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC, WC &) <i>Barbara H 845-905-9126</i> |
| Wed 8:30PM | Stepping into Recovery , Old Donation Episcopal Church, 4449 N. Witchduck Road (O, DISC, WC &, LIT) <i>Guiding Traditions, Mary P 757-739-1726</i> |
| Wed 10:30PM | End of the Night , Old Donation Episcopal Church, 4449 N Witchduck Road (O, BT) <i>Ann V 757-270-1141</i> |
| Thu 7:00PM | Shattering the Illusion , St. Michaels Lutheran Church, 2208 Princess Anne Rd (O, BT) <i>Kristine A 757-202-2702</i> |
| Thu 7:30PM | Serenity Circle , Haygood United Methodist Church, 4713 Haygood Road (O, DISC, WC &, ME) <i>Entrance at Northwest Corner Trish 757-985-0948</i> |
| Thu 8:00PM | Choose Life , VA Beach Psych Center, next to hospital, 1100 First Colonial Rd (O, BT, IP, SPK) <i>Candace J 7575856609 Dickie B 7574125029</i> |
| Thu 8:00PM | Raw Recovery , Judeo-Christian Outreach Center - Homeless Shelter, East of Birdneck Rd, 1053 Virginia Beach Blvd (O, DISC) <i>April M 757-322-7038</i> |
| Thu 10:30PM | End of the Night , Old Donation Episcopal Church, 4449 N Witchduck Road (O, DISC) <i>Ann V 757-270-1141</i> |
| Fri NOON | Write Now , Providence Presbyterian Church, 5497 Providence Rd (C, JFT, SWG, ME) <i>Writing during meeting, Fred R 757-695-6500</i> |
| Fri 8:00PM | Kempsville Crossroads , Providence Presbyterian Church, 5497 Providence Road (O, DISC, TRAD, WC &) <i>Mark N 757-478-1839</i> |
| Fri 8:00PM | Wave of Recovery , Virginia Beach Christian Church, 2225 Rose Hall Drive (O, DISC) <i>Pat C 757-735-8934</i> |
| Fri 8:30PM | HOW Group , Good Shepherd Lutheran Church, 1489 Laskin Road (C, DISC) <i>Lance G 757-692-7864, Neal G 757-328-6485</i> |
| Fri 11:00PM | The Road Less Traveled , Old Donation Episcopal Church, 4449 N. Witchduck Road (O, DISC, WC &) <i>Teresa D 757-724-3685</i> |
| Sat 9:00AM | Fresh Start , Foundry United Methodist Church, 2801 Virginia Beach Blvd. (O) <i>Madison B 757-506-6986 Pat C 757-735-8934</i> |
| Sat 5:00PM | When at the End of the Road , St. Francis Episcopal Church, 509 S Rosemont Road (O, DISC) <i>Romaine P 757-513-9004, Dana S 757-831-1701</i> |
| Sat 6:00PM | Saturday Night Men's Meeting , Virginia Beach Christian Church, 2225 Rose Hall Drive (C, DISC) <i>Robert D 757-343-3423</i> |
| Sat 7:00PM | Saturday Night Live , St. Nicholas Fellowship Hall, 621 First Colonial Road (O) <i>Ted L 757-717-2669</i> |
| Sat 8:00PM | Freedom of Choice , Church of the Accension, 4853 Princess Anne Road (O, DISC, STEP) <i>James P 757-619-2273</i> |

| WILLIAMSBURG | |
|--------------------|---|
| Sun 8:00PM | Nature Of Recovery , 5477 Mooretown Road (O, WC &) <i>Ron L. 757-880-3826 Terry W. 757-719-6392</i> |
| Mon 7:00PM | Women in Recovery , St, Martin's Church, 3279 Lake Powell Rd (O) <i>Erin 571-224-6615</i> |
| Mon 8:30PM | Who is an Addict? , 3279 Lake Powell Road (O) <i>Lindsey V. 757-291-2530</i> |
| Tue 7:00PM | A Proven Program , York River Baptist Church, 8201 Croaker Road (O) <i>Dave H. 757-207-1154 John P. 757-235-9300</i> |
| Wed NOON | Recovery At Noon , 3279 Lake Powell Rd (O) <i>Erin T. 571-224-6615</i> |
| Wed 8:30PM | Who is an Addict? , 3279 Lake Powell Road (O) <i>Lindsey V. 757-291-2530 Greg M. 757-645-6381</i> |
| Thu 7:30PM | 12 + 12 = Change!! , Wesley Foundation (across from W&M soccer field), 526 Jamestown Road (O, WC &) <i>Mary H. 757-412-9599</i> |
| Fri 8:00PM | NOTHING TO FEAR , Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle (O, IP, SPK, TOP, WC &, AB) <i>Ryan D. 804-240-9100</i> |
| Sat 10:00AM | Living Life On Life's Terms , Wesley Foundation, 526 Jamestown Road (O, WC &) <i>Thayne F. 757-603-2131 Brian G. 757-879-2344 Don S.804-413-4222</i> |

| YORKTOWN | |
|-------------------|--|
| Mon 7:30PM | In Step , Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy (O) <i>Brendan R. 757-802-5695</i> |

| BEACH AREA SERVICE COMMITTEES | |
|--|--|
| Beach Area Service Committee | P.O. Box 1377 Virginia Beach, VA 23451 - http://virginiabeachna.org 1st Saturday - 1:00 PM, 1200 Dam Neck Rd, Virginia Beach |
| Hospitals and Institutions Subcommittee | 1st Saturday - 11:00 AM, 1200 Dam Neck Rd, Virginia Beach |
| Emergent Needs Subcommittee | 1st Saturday - 12:00 PM, 1200 Dam Neck Rd, Virginia Beach |

| | |
|---|---|
| Serenity on the Shore Subcommittee | 1st Sunday - Subcommittees: 5:00PM, Main: 6:00PM, 1100 First Colonial Rd Virginia Beach |
|---|---|

| TIDEWATER AREA SERVICE COMMITTEES | |
|---|--|
| Tidewater Area Service Committee | 1112 Norview Ave, Norfolk, VA - http://tidewaterareana.org 2nd Sunday - 2:00 pm, 1112 Norview Ave, Norfolk |

| | |
|--|--|
| Hospitals and Institutions Subcommittee | 3rd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk |
|--|--|

| | |
|---|--|
| Literature, Policy, Public Relations, Phonline, Special Events Subcommittees | 2nd Sunday - 12:30 pm, 1112 Norview Ave, Norfolk |
|---|--|

| PENINSULA AREA SERVICE COMMITTEES | |
|---|---|
| Peninsula Area Service Committee | P.O. Box 16009, Newport News, VA 23608 - http://peninsulaareana.org 1st Saturday - 4:00 pm, 10 Matoaka Lane, Newport News |

| | |
|--------------------------------|---|
| Activities Subcommittee | 1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News |
|--------------------------------|---|

| | |
|-------------------|---|
| Literature | 1st Saturday - 2:00 pm, 10 Matoaka Lane, Newport News |
|-------------------|---|

| | |
|-------------------------|---|
| Public Relations | 1st Saturday - 2:30 pm, 10 Matoaka Lane, Newport News |
|-------------------------|---|

| | |
|-----------------------|--|
| Area Inventory | Sunday following Area - 1:00 pm, 2244 Executive Drive, Hampton |
|-----------------------|--|

| | |
|--|--|
| Hospitals & Institutions Subcommittee | Sunday following Area - 2:00 pm, 2244 Executive Drive, Hampton |
|--|--|

| OUTER LIMITS AREA SERVICE COMMITTEES | |
|--|---|
| Outer Limits Area Service Committee | P.O. Box 1164, Franklin, Va. 23851 - http://outerlimitsareana.org/ TBD |

| | |
|--|-----|
| Hospitals and Institutions Subcommittee | TBD |
|--|-----|

| | |
|--------------------------------|-----|
| Activities Subcommittee | TBD |
|--------------------------------|-----|

| | |
|-------------------------|-----|
| Public Relations | TBD |
|-------------------------|-----|

| | |
|--|---|
| Central Atlantic Regional Service | http://www.car-na.org |
|--|---|

| | |
|--|---|
| Narcotics Anonymous World Service | http://www.na.org |
|--|---|

| | |
|----------------------|--|
| Phone Numbers | |
|----------------------|--|

| | |
|--|--|
| | |
|--|--|

| | |
|--|--|
| | |
|--|--|

| | |
|--|--|
| | |
|--|--|

| | |
|--|--|
| | |
|--|--|

| | |
|--|--|
| | |
|--|--|

| | |
|--|--|
| | |
|--|--|