

**Meeting Format Legend**

AB	Ask-It-Basket	BL	Bi-Lingual
BT	Basic Text	C	Closed
CAN	Candlelight	DISC	Discussion
IP	IP Study	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	O	Open
SPK	Speaker	STEP	Step
SWG	Step Working Guide Study	TOP	Topic
TRAD	Tradition	TW	Traditions Workshop
VAR	Format Varies	W	Women
WC &	Wheelchair		

# HAMPTON ROADS METRO



## MEETING LIST

Metropolitan Hampton Roads Meetings Served by the Metro Hampton Roads Narcotics Anonymous Public Relations Committee including: Carrollton, Chesapeake, Courtland, Franklin, Gloucester Courthouse, Gloucester, Hampton, Newport News, Norfolk, Poquoson, Portsmouth, Suffolk, Virginia Beach, West Point, Williamsburg and Yorktown. With North Carolina meetings in Elizabeth City, Kill Devil Hills, Manteo, Nags Head and Winfall.

### MAY 2018

**REGIONAL HELPLINE: 800-777-1515**

**TIDEWATER HELPLINE: 866-972-5055**

Name	Phone Number

<p><b>Beach Area Service</b>                  P.O. Box 1377 Virginia Beach, VA 23451</p>	<p><a href="http://virginiabeachna.org">http://virginiabeachna.org</a></p>
<p><b>Outerlimits Area Service</b>                  P.O. Box 1164, Franklin, Va. 23851</p>	<p><a href="http://outerlimitsareana.org/">http://outerlimitsareana.org/</a></p>
<p><b>Peninsula Area Service</b>                  P.O. Box 16009, Newport News, VA 23608</p>	<p><a href="http://peninsulaareana.org">http://peninsulaareana.org</a></p>
<p><b>Tidewater Area Service</b>                  1112 Norview Ave, Norfolk, VA</p>	<p><a href="http://tidewaterareana.org">http://tidewaterareana.org</a></p>
<p><b>Central Atlantic Regional Service</b>                  P. O. Box 1959, Chesterfield, VA 23832</p>	<p><a href="http://www.car-na.org">http://www.car-na.org</a></p>
<p><b>Narcotics Anonymous World Service</b></p>	<p><a href="http://www.na.org">http://www.na.org</a></p>

SUNDAY		
9:00AM	<b>Hope Ignited (O, DISC, WC &amp;)</b> Virginia Beach Recovery Club, 1900 Baltic Avenue, Dale 757-202-9693, Chuck K 757-469-9365	Virginia Beach
9:00AM	<b>Men's Rap (O, DISC, M, WC &amp;)</b> Maryview Behavioral Center, First Floor side entrance, 3636 High Street, Joe B 757-397-6279	Portsmouth
9:30AM	<b>Surrender To Live (O, WC &amp;)</b> C. Waldo Scott Center, 3100 Wickham Avenue, Dee W. 757-503-0739 - Tony H. 757-696-6654	Newport News
11:00AM	<b>We Need A Meeting (O, BT, DISC, JFT, SPK, STEP, WC &amp;)</b> Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street, Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT)	Portsmouth
NOON	<b>Faith (O, WC &amp;)</b> Riverside Behavioral Health Center, 2244 Executive Drive	Hampton
3:00PM	<b>Wecovery (O, DISC)</b> Great Bridge United Methodist Church, 201 Stadium Drive, Chris 757-377-9236	Chesapeake
5:00PM	<b>The Journey Continues (C, LIT)</b> St. Francis Episcopal Church, 509 S Rosemont Road, Lucinda W 757-502-5176 (Living Clean Study)	Virginia Beach
6:00PM	<b>It's About Time (O, SPK, WC &amp;)</b> Norview United Methodist Church, 1112 Norview Avenue, Jerome F 757-202-6163	Norfolk
7:00PM	<b>A Clear Message (O, BT, DISC, SPK, AB)</b> Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard, Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK)	Suffolk
7:00PM	<b>A Gift Called Life (O, WC &amp;)</b> Warwick United Church of Christ, 10 Matoaka Lane	Newport News
7:00PM	<b>New Phase Four (O, DISC, SPK, TOP)</b> Saint John's Episcopal Church, 424 Washington Street, Ron E 757-582-1070, Lloyd P 757-638-7157	Portsmouth
7:00PM	<b>The Lie Is Dead (O, WC &amp;)</b> North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane	Hampton
7:30PM	<b>Recovery Group (O, WC &amp;)</b> Riverside Behavioral Health Center, 2244 Executive Drive	Hampton
8:00PM	<b>Mixed Group (O, DISC)</b> First Lutheran Church, 1301 Colley Ave, Mike J 757-409-1676	Norfolk
8:00PM	<b>Nature Of Recovery (O, WC &amp;)</b> 5477 Mooretown Road	Williamsburg
8:00PM	<b>Sunday Sanity (O, DISC)</b> VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Karla W 757-434-6446, Pat O 757-633-2820	Virginia Beach

MONDAY		
6:45AM	<b>Jump Start the Day (O)</b> First Lutheran Church, Washington & King, 600 King Street, Teresa D 757-724-3685	Portsmouth
9:30AM	<b>Morning Meditation (O, WC &amp;)</b> EZ Does It Service Center, 1153 Harmony Road, Rick K 757-753-0048	Norfolk
9:30AM	<b>Trust The Process (O, WC &amp;)</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue	Newport News
NOON	<b>A Meeting at Lunch (O, VAR, WC &amp;)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	Hampton
NOON	<b>Help Me Think (O, BT, JFT, STEP, TOP)</b> Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd., 1st-Step, 2nd-Top, 3rd-BT, 4th-JFT, Carlton J 757-589-3564	Norfolk
NOON	<b>High Noon (O, WC &amp;)</b> Recovery Baptist Church, 303 Blair Avenue	Newport News
3:00PM	<b>Change I Must Or Die I Will (O, WC &amp;)</b> Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd	Hampton
6:45PM	<b>Honesty Group (O, WC &amp;)</b> Ivy Memorial Baptist Church, 2200 Coliseum Dr.	Hampton
7:00PM	<b>Beyond Our Wildest Dreams (O, SPK, WC &amp;)</b> First Baptist Church, 318 Hall Street, Charlene J 434-632-1972	Franklin
7:00PM	<b>Monday Night Candlelight (O, BT)</b> Haygood United Methodist Church, 4713 Haygood Rd, Eric D 757-580-2849	Virginia Beach
7:00PM	<b>New Attitude (O, WC &amp;)</b> 3509 Chestnut Avenue	Newport News
7:00PM	<b>New Beginnings (O, IW, WC &amp;)</b> Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane, Greg C 757-636-3745, Kathy K 757-403-7409	Portsmouth
7:00PM	<b>The Winding Road (C)</b> Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd, Jacob M 757-831-8249, Rich B 757-288-0650	Chesapeake
7:00PM	<b>Women in Recovery (O)</b> St. Martin's Church, 3279 Lake Powell Rd	Williamsburg
7:30PM	<b>In Step (O)</b> Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy	Yorktown

SATURDAY (CONT)		
5:30PM	<b>Saturday Night Live (O, WC &amp;)</b> First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St.	Newport News
6:00PM	<b>Saturday Night Alternative (O, WC &amp;)</b> First Presbyterian Church, 514 S. Armistead Avenue	Hampton
6:00PM	<b>Saturday Night Men's Meeting (C, DISC)</b> Virginia Beach Christian Church, 2225 Rose Hall Drive, Robert D 757-343-3423	Virginia Beach
7:00PM	<b>Life and Hopeline (O, DISC, STEP)</b> Sentara Obici Hospital, 2800 Godwin Boulevard, Marvin C 757-729-4089	Suffolk
7:00PM	<b>Saturday Night Live (O)</b> St. Nicholas Fellowship Hall, 621 First Colonial Road, Ted L 757-717-2669	Virginia Beach
7:30PM	<b>A New Approach to Life (O)</b> North Hampton Presbyterian Church (behind the firehouse), 1217 Todds Lane	Hampton
7:30PM	<b>Never Alone (O, WC &amp;)</b> Hillton Christian Church, 100 James River Drive	Newport News
8:00PM	<b>Back to Basics (O, BT, DISC)</b> Broad Street United Methodist Church, corner of Wesley St, 300 Broad Street, Ty H 757-235-3175	Portsmouth
8:00PM	<b>Freedom of Choice (O, DISC, STEP)</b> Church of the Accension, 4853 Princess Anne Road, James P 757-619-2273	Virginia Beach
8:00PM	<b>Surrender to Live (O, BT, DISC, WC &amp;)</b> Norview United Methodist Church, park behind church, 1112 Norview Avenue, Fred R 757-695-6500. We break up into 3 meeting rooms, and alternate in 1.	Norfolk
NORTH CAROLINA MEETINGS		
Sun 7:00PM	<b>Over &amp; Beyond (O, DISC)</b> Saint Phillips Chapel, West side of Street, 201 S McMorrine St, Linda T 252-333-7983	Elizabeth City
Mon 7:30PM	<b>Freedom to Live (C, DISC, WC &amp;)</b> Liberty Christian Fellowship, 244 Williams Drive, Rana D 252-423-0755	Kill Devil Hills
Tue 7:00PM	<b>Over &amp; Beyond (O, DISC)</b> Saint Phillips Chapel, 201 S McMorrine St, Linda T 252-333-7983	Elizabeth City
Tue 7:30PM	<b>Stick &amp; Stay (O, DISC, WC &amp;)</b> Colington Methodist Church, 1949 Colington Rd, Clare D 252-944-6971	Kill Devil Hills
Wed 7:30PM	<b>Miracles Happen (O, DISC, STEP, TW)</b> St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail, Kim K 252-573-0822, Jim H 252-489-9895	Nags Head
Thu 7:30PM	<b>Surrender to Win (O, DISC)</b> Manteo Baptist Church, 406 US Highway 64, Keith B 252-573-9615, Jim 252-489-9895	Manteo
Fri 7:30PM	<b>Miracles Happen (O)</b> St. Andrews by the Sea, Mile Post 13, 4212 S Virginia Dare Trail	Nags Head
Fri 7:30PM	<b>Serenity in the Sand (O, DISC)</b> Cape Hatteras Baptist Church, 50195 Buccaneer Drive	Frisco
Sat 7:30PM	<b>Freedom to Live (O)</b> Liberty Christian Fellowship, 244 Williams Drive, Kim K 252-753-0822	Kill Devil Hills

FRIDAY (CONT)		
<b>NOON</b>	<b>The Continuing Quest (O, DISC, SPK, SWG)</b> First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue, <i>Dave E 757-663-2723</i>	<b>Norfolk</b>
<b>NOON</b>	<b>Write Now (C, JFT, SWG)</b> Providence Presbyterian Church, 5497 Providence Rd, <i>writing during meeting, Christine O 757-729-3282</i>	<b>Virginia Beach</b>
<b>6:00PM</b>	<b>How &amp; Why (C, WC &amp;)</b> Riverside Behavioral Health Center, 2244 Executive Drive	<b>Hampton</b>
<b>6:00PM</b>	<b>The Happy Hour (C, O, JFT)</b> Faith Community Church, 100 East 30th Street, <i>Lafayette R 757-696-7534, Jerome F 757-202-6163</i>	<b>Norfolk</b>
<b>6:30PM</b>	<b>Change We Must (O, WC &amp;)</b> Living Faith Christian Center, 14901 Warwick Blvd	<b>Newport News</b>
<b>7:00PM</b>	<b>Agape (O, DISC, IP, STEP, TW)</b> St. Paul's United Methodist Church, @ Dunbarton, 437 Providence Rd, <i>1st-Step, 2nd-TW, 3rd-IP, 4th-Disc, 5th-Symbol, Julius K 757-470-7494</i>	<b>Chesapeake</b>
<b>7:00PM</b>	<b>Keep Coming Back (O, WC &amp;)</b> Newport News Community Center, 605 South Avenue	<b>Newport News</b>
<b>7:00PM</b>	<b>Life and Hopeline (O, DISC, STEP)</b> Sentara Obici Hospital, 2800 Godwin Boulevard, <i>Diane W 717-887-0279</i>	<b>Suffolk</b>
<b>7:30PM</b>	<b>Better Days (O, CAN, DISC, AB)</b> Church Of Saint Therese, across from Chesapeake Square Mall, Enter Front, Rooms 10-11, 4137 Portsmouth Blvd, <i>1st-AB, Liz S 757-681-0711</i>	<b>Chesapeake</b>
<b>7:30PM</b>	<b>Closer To Home (O, WC &amp;)</b> Riverside Walter Reed Hospital, 7515 Hospital Drive	<b>Gloucester</b>
<b>7:30PM</b>	<b>Good Orderly Direction (O, WC &amp;)</b> Warwick United Church of Christ, 10 Matoaka Lane	<b>Newport News</b>
<b>7:30PM</b>	<b>Running On Faith (O)</b> Carrollton Church of God, 16144 Carrollton Boulevard	<b>Carrollton</b>
<b>7:30PM</b>	<b>Thank God I'm Free (T.G.I.F.) (O)</b> Courtland United Methodist Church, 22416 Main Street, <i>Scott C 434-594-5819</i>	<b>Courtland</b>
<b>8:00PM</b>	<b>Kempsville Crossroads (O, DISC, TRAD, WC &amp;)</b> Providence Presbyterian Church, 5497 Providence Road, <i>Mark N 757-478-1839</i>	<b>Virginia Beach</b>
<b>8:00PM</b>	<b>Miracle On 9th Bay (O, SPK, STEP)</b> East Ocean View Baptist Church, 9609 9th Bay Street, <i>Larry W 757-701-0446</i>	<b>Norfolk</b>
<b>8:00PM</b>	<b>NOTHING TO FEAR (O, IP, SPK, TOP, WC &amp;, AB)</b> Williamsburg Sentara Hospital, Williamsburg Rm., 100 Sentara Circle	<b>Williamsburg</b>
<b>8:00PM</b>	<b>Wave of Recovery (O, DISC)</b> Virginia Beach Christian Church, 2225 Rose Hall Drive, <i>Pat C 757-735-8934</i>	<b>Virginia Beach</b>
<b>8:00PM</b>	<b>We Do Recover (O, DISC, STEP)</b> Sacred Heart Church, 520 Graydon Ave, <i>Troy B 757-395-7376, Wanda P 757-324-9170</i>	<b>Norfolk</b>
<b>8:30PM</b>	<b>HOW Group (C, DISC)</b> Good Shepherd Lutheran Church, 1489 Laskin Road, <i>Lance G 757-692-7864, Neal G 757-328-6485</i>	<b>Virginia Beach</b>
<b>11:00PM</b>	<b>The Road Less Traveled (O, DISC)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Teresa D 757-724-3685</i>	<b>Virginia Beach</b>
SATURDAY		
<b>9:00AM</b>	<b>Fresh Start (O)</b> Foundry United Methodist Church, 2801 Virginia Beach Blvd., <i>Madison B 757-506-6986 Pat C 757-735-8934</i>	<b>Virginia Beach</b>
<b>9:30AM</b>	<b>Morning Meditation (O, DISC, VAR, WC &amp;)</b> EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, <i>Mike M 757-305-2212, Rick K 757-753-0048</i>	<b>Norfolk</b>
<b>10:00AM</b>	<b>No More Excuses (O, WC &amp;)</b> Warwick United Church of Christ, 10 Matoaka Lane	<b>Newport News</b>
<b>10:30AM</b>	<b>Living Life On Life's Terms (O, WC &amp;)</b> Wesley Foundation, 526 Jamestown Road	<b>Williamsburg</b>
<b>11:00AM</b>	<b>The Phoenix Group (O, BT)</b> Maryview Hospital, 2nd floor Conference Room A, 3636 High Street, <i>Sam D 757-353-2094</i>	<b>Portsmouth</b>
<b>NOON</b>	<b>Basic Math 12 &amp; 12 (O, SPK, STEP, TRAD)</b> First Baptist Church, across from the Scope, 418 E Bute Street, <i>Carlton D 757-515-3331</i>	<b>Norfolk</b>
<b>NOON</b>	<b>Women &amp; Men In Recovery (O)</b> Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St	<b>Newport News</b>
<b>1:00PM</b>	<b>New Beginnings (C)</b> Martin Luther King Center, 683 Oak Street	<b>Franklin</b>
<b>2:00PM</b>	<b>A New Way of Life (O, DISC)</b> 208 Mimosa Rd, 208 Mimosa Rd, <i>Paul B 757-613-4199</i>	<b>Portsmouth</b>
<b>5:00PM</b>	<b>When at the End of the Road (O, DISC)</b> St. Francis Episcopal Church, 509 S Rosemont Road, <i>Romaine P 757-513-9004, Dana S 757-831-1701</i>	<b>Virginia Beach</b>
<b>5:30PM</b>	<b>Back to Life (O, BT, DISC, SPK, TRAD)</b> First Lutheran Church, Corner of Colley and Baldwin, 1301 Colley Avenue, <i>Cornell W 757-729-4089</i>	<b>Norfolk</b>

MONDAY (CONT)		
<b>7:30PM</b>	<b>Living The Program (O, BT, DISC)</b> Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, <i>Lance G 757-692-7864, Steve K 757-715-1075</i>	<b>Virginia Beach</b>
<b>7:30PM</b>	<b>The Out of Ordinary Meeting (O, WC &amp;)</b> White Marsh Baptist Church, 5123 George Washington Memorial Highway	<b>Gloucester</b>
<b>8:00PM</b>	<b>Raw Recovery (O, DISC)</b> Homeless Shelter, Judeo-Christian Outreach Ctr, E of Birdneck Rd, 1053 Virginia Beach Blvd, <i>April M 757-323-7038</i>	<b>Virginia Beach</b>
<b>8:00PM</b>	<b>Recovery on the Hill (O, BT, CAN, SPK, STEP, WC &amp;)</b> Ocean View Christian Reformed Church, 1241 Hillside Avenue, <i>Fred R 757-695-6500</i>	<b>Norfolk</b>
<b>8:30PM</b>	<b>Who is an Addict? (O)</b> 3279 Lake Powell Road	<b>Williamsburg</b>
<b>10:30PM</b>	<b>End of the Night (O, DISC, VAR)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Ann L 757-270-1141</i>	<b>Virginia Beach</b>
TUESDAY		
<b>6:45AM</b>	<b>Jump Start the Day (O, DISC)</b> First Lutheran Church, Washington & King, 600 King Street, <i>Teresa D 757-724-3685</i>	<b>Portsmouth</b>
<b>9:30AM</b>	<b>Morning Meditation (O, DISC, VAR, WC &amp;)</b> EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, <i>Rick K 757-753-0048, Mike M 757-305-2212</i>	<b>Norfolk</b>
<b>9:30AM</b>	<b>Trust The Process (O, WC &amp;)</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue	<b>Newport News</b>
<b>NOON</b>	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue	<b>Hampton</b>
<b>NOON</b>	<b>High Noon (O, WC &amp;)</b> Recovery Baptist Church, 303 Blair Avenue	<b>Newport News</b>
<b>NOON</b>	<b>The Emergency Unit (O, BT, DISC)</b> Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd, <i>Dora H 757-735-7615</i>	<b>Portsmouth</b>
<b>5:30PM</b>	<b>Just For Today (O, DISC, IP, SPK, STEP, TOP)</b> First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue, <i>Bill A 757-647-7707</i>	<b>Norfolk</b>
<b>5:30PM</b>	<b>Serenity Group (O, WC &amp;)</b> Riverside Behavioral Health Center, 2244 Executive Drive	<b>Hampton</b>
<b>6:00PM</b>	<b>I Can't We Can (O, WC &amp;)</b> YWCA, 2702 Orcutt Avenue	<b>Newport News</b>
<b>6:30PM</b>	<b>Serenity In The Sand (O, DISC)</b> On the Beach, at the end of 3rd Bay Street, East Ocean View and 3rd Bay Street, <i>Seasonal - May through September Only, April 757-322-7038</i>	<b>Norfolk</b>
<b>7:00PM</b>	<b>A New Way of Life (O)</b> 9228 George Washington Memorial Highway	<b>Gloucester</b>
<b>7:00PM</b>	<b>A Proven Program (O)</b> York River Baptist Church, 8201 Croaker Road	<b>Williamsburg</b>
<b>7:00PM</b>	<b>Count Your Blessings (O, DISC, JFT)</b> Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr, <i>Daniel A 757-418-1690</i>	<b>Chesapeake</b>
<b>7:00PM</b>	<b>Earthbound Group (O, DISC)</b> Fellowship Around The World, 400 N. High St., <i>Stephen B 757-613-5531</i>	<b>Franklin</b>
<b>7:00PM</b>	<b>Keep Coming Back (O, BT, DISC, SPK, STEP, TOP)</b> New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road, <i>Francis P 757-679-1151</i>	<b>Portsmouth</b>
<b>7:00PM</b>	<b>Let It Be (O, DISC)</b> Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave, <i>Brandi M 757-581-3178</i>	<b>Norfolk</b>
<b>7:00PM</b>	<b>We Can Change (O)</b> First Church of Newport News, 2300 Wickham Avenue	<b>Newport News</b>
<b>7:00PM</b>	<b>We Can Change (O, BT, DISC, IW, SPK)</b> Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd., <i>Olena P 757-359-5580</i>	<b>Norfolk</b>
<b>7:00PM</b>	<b>Women Do Recover (O, WC &amp;)</b> Hilton Christian Church, Entrance In The Rear, 100James River Dr.	<b>Newport News</b>
<b>7:30PM</b>	<b>Awesome Life (O, CAN, DISC, IP)</b> Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive, <i>Carrie L 757-560-8177</i>	<b>Chesapeake</b>
<b>7:30PM</b>	<b>Freedom Group (O, DISC)</b> Nicholas Greek Church, Fellowship Hall, 621 First Colonial Road, <i>Living Clean Study, Kristina D 757-270-9509, Mary K 757-650-0783</i>	<b>Virginia Beach</b>
<b>7:30PM</b>	<b>In Times of Illness (O, DISC)</b> VA Beach Psych Center, next to hospital, those with illness in recovery are welcome, 1100 First Colonial Rd, <i>Bill S 757-717-1815</i>	<b>Virginia Beach</b>
<b>7:30PM</b>	<b>New Genesis Group (O)</b> Weslley United Methodist Church, 2510 N. Armistead Avenue	<b>Hampton</b>
<b>7:30PM</b>	<b>There's A Light (O, DISC)</b> Ocean Lakes Church of Christ, 1200 Dam Neck Road, <i>Ian B 757-717-7900, Geoff L 757-641-3159</i>	<b>Virginia Beach</b>
<b>7:30PM</b>	<b>Young, Clean &amp; Living (O)</b> North Hampton Presbyterian Church (behind the Fire Department), 1217 Todds Lane	<b>Hampton</b>

TUESDAY (CONT)			
<b>8:00PM</b>	<b>A Gift Called Life (O, BT)</b> United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, <i>Brian L 757-619-7375, Sean H 757-438-1688</i>		<b>Portsmouth</b>
<b>8:00PM</b>	<b>Enjoying the Journey (O, DISC, SPK, STEP, TOP)</b> Water's Edge Church of God, Near South Plaza Trial, 4141 Holland Road, <i>Billy B 757-681-4341</i>		<b>Virginia Beach</b>
<b>8:15PM</b>	<b>Let's Recover Together (O, WC &amp;)</b> Hampton Christian Church, 151 East Mercury Boulevard		<b>Hampton</b>
<b>10:30PM</b>	<b>End of the Night (O, DISC, WC &amp;)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Ann L 757-270-1141</i>		<b>Virginia Beach</b>

WEDNESDAY			
<b>6:45AM</b>	<b>Jump Start the Day (O, DISC)</b> First Lutheran Church, Washington & King, 600 King Street, <i>Theresa D 757-724-3685</i>		<b>Portsmouth</b>
<b>9:30AM</b>	<b>Morning Meditation (O, DISC, VAR, WC &amp;)</b> EZ Does It Service Center, 1153 Harmony Road, <i>Rick K 757-7530048</i>		<b>Norfolk</b>
<b>9:30AM</b>	<b>Trust The Process (O, WC &amp;)</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue		<b>Newport News</b>
<b>NOON</b>	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue		<b>Hampton</b>
<b>NOON</b>	<b>High Noon (O, WC &amp;)</b> Recovery Baptist Church, 303 Blair Avenue		<b>Newport News</b>
<b>NOON</b>	<b>Visible Changes (O, DISC)</b> Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road, <i>Julia S 804-614-6603</i>		<b>Virginia Beach</b>
<b>5:30PM</b>	<b>Midweek Peak (O, DISC)</b> Thalia Lynn Baptist Church, 4392 Virginia Beach Blvd, <i>John B 7576354318 Sarah H 7572988224</i>		<b>Virginia Beach</b>
<b>6:00PM</b>	<b>Becoming A Winner (O)</b> Loving Kindness Worship Center, 2002 N. Armisted Ave.		<b>Hampton</b>
<b>6:30PM</b>	<b>Last House on the Block (O, DISC)</b> Chesterfield Heights Community Center, 1st floor, 2715 Stanhope Ave, <i>Lafayette R 757-696-7534, Rudolph S 757-714-0783</i>		<b>Norfolk</b>
<b>7:00PM</b>	<b>End Of The Road (O, WC &amp;)</b> 1707 Jefferson Avenue		<b>Newport News</b>
<b>7:00PM</b>	<b>Hope (O)</b> Warwick Conference Center, Building #6, 12420 Warwick Blvd		<b>Newport News</b>
<b>7:00PM</b>	<b>Hugs Not Drugs (O)</b> Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road		<b>Hampton</b>
<b>7:00PM</b>	<b>Surrender and Recovery (O, BT)</b> United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, <i>Thomas G 757-647-1481</i>		<b>Portsmouth</b>
<b>7:15PM</b>	<b>Straight Ahead (O, DISC, STEP)</b> Christ Presbyterian, 709 Aragona Blvd, <i>Chris P 757-535-7227</i>		<b>Virginia Beach</b>
<b>7:30PM</b>	<b>Bright New Life (O)</b> Franklin Baptist Church, 208 N High Street, <i>DeWayne L 757-641-8022</i>		<b>Franklin</b>
<b>7:30PM</b>	<b>Change We Must (O, C, BT)</b> Oak Grove UMC, across from water tower, 472 North Battlefield Blvd., <i>Katie K 757-405-8464</i>		<b>Chesapeake</b>
<b>7:30PM</b>	<b>Life &amp; Hopeline (O, DISC, STEP, WC &amp;)</b> Suffolk Christian Church, by courthouse, 216 North Main St., <i>Rob T 757-923-5461</i>		<b>Suffolk</b>
<b>7:30PM</b>	<b>Living The Program (C, WC &amp;)</b> Warwick United Church of Christ, 10 Matoaka Lane		<b>Newport News</b>
<b>7:30PM</b>	<b>What Can I Do (O, BT, IP, STEP, TW)</b> Wesley Community Service Center, 1701 Elm St, <i>Sabrina P 757-228-0730</i>		<b>Portsmouth</b>
<b>8:00PM</b>	<b>Better by the Bay (O, BT, DISC, WC &amp;)</b> Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street, <i>Ryan D 757-651-5316</i>		<b>Norfolk</b>
<b>8:00PM</b>	<b>Trusted Servants (O, DISC, WC &amp;)</b> St. Francis Episcopal Church, 509 S Rosemont Road, <i>Barbara H 845-905-9126</i>		<b>Virginia Beach</b>
<b>8:00PM</b>	<b>Where's Lot 14? (O, DISC)</b> Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive, <i>Gary 757-237-4507, Juanita 757-685-8848</i>		<b>Norfolk</b>
<b>8:30PM</b>	<b>Stepping into Recovery (O, BT, DISC)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Living Clean Study, Mary P 757-739-1726</i>		<b>Virginia Beach</b>
<b>8:30PM</b>	<b>Who is an Addict? (O)</b> 3279 Lake Powell Road		<b>Williamsburg</b>
<b>10:30PM</b>	<b>End of the Night (O, BT, DISC)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Ann L 757-270-1142</i>		<b>Virginia Beach</b>

THURSDAY			
<b>6:45AM</b>	<b>Jump Start the Day (O, DISC)</b> First Lutheran Church, Washington & King, 600 King Street, <i>Teresa D 757-724-3685</i>		<b>Portsmouth</b>

THURSDAY (CONT)			
<b>9:30AM</b>	<b>Morning Meditation (O, DISC, VAR, WC &amp;)</b> EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, <i>Rick K 757-753-0048</i>		<b>Norfolk</b>
<b>9:30AM</b>	<b>Trust The Process (O, WC &amp;)</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue		<b>Newport News</b>
<b>NOON</b>	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue		<b>Hampton</b>
<b>NOON</b>	<b>High Noon (O, WC &amp;)</b> Recovery Baptist Church, 303 Blair Avenue		<b>Newport News</b>
<b>NOON</b>	<b>Reason To Believe (O, BT, DISC)</b> Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd, <i>Johnny D 757-287-4430</i>		<b>Chesapeake</b>
<b>NOON</b>	<b>Recovery 'N' EOY (O, BT, DISC, IP, SPK)</b> Ocean View Reformed Christian Church, block in for Ocean View Ave at Beach St, 1241 Hillside Ave, <i>LaTrisha 757-285-7964, Jerome F 757-202-6163</i>		<b>Norfolk</b>
<b>5:30PM</b>	<b>The Warriors (O, WC &amp;)</b> Agape Foundations, INC, Entrance and Parking in the Rear, 3217 Commander Shepard Blvd		<b>Hampton</b>
<b>5:30PM</b>	<b>We Do Recover (O)</b> Franklin District Building, 161 Steward Drive, <i>Keith J 757-344-3189</i>		<b>Franklin</b>
<b>6:30PM</b>	<b>Got to Have It (O, BT, IP, SPK, STEP, WC &amp;)</b> Queen Street Baptist Church, 413 E. Brambleton Avenue, <i>Frederick J 757-374-1577, Juanita S 757-685-8848</i>		<b>Norfolk</b>
<b>7:00PM</b>	<b>Freebird (O, BL, BT)</b> Craddock Baptist Church, and Harris Road, 96 Afton Parkway, <i>Roland C 757-328-2243, Jen J. 757-582-4947</i>		<b>Portsmouth</b>
<b>7:00PM</b>	<b>Girls Nite Out (O, IP, JFT, SWG, STEP, W)</b> First Friends Church, 5307 Portsmouth Blvd., <i>Vickie 757-375-0067, Kat 757-359-3793, Missy 757-753-6223</i>		<b>Portsmouth</b>
<b>7:00PM</b>	<b>Let's Get Spiritual (O, WC &amp;)</b> St. Paul AME Church, 2500 Chestnut Avenue		<b>Newport News</b>
<b>7:00PM</b>	<b>Second Chance (O, DISC, STEP, TW)</b> Great Bridge United Methodist Church, corner of S. Battlefield Blvd and Stadium Dr, 201 Stadium Drive, <i>Bernard 757-778-1755, Louie L 757-560-8172</i>		<b>Chesapeake</b>
<b>7:00PM</b>	<b>Shattering the Illusion (O, BT)</b> St. Michaels Lutheran Church, 2208 Princess Anne Road, <i>Bryan M 757-635-7414, Tim B 714-3132</i>		<b>Virginia Beach</b>
<b>7:00PM</b>	<b>We Do Recover (O, WC &amp;, LIT)</b> Reformation Lutheran Church, 13100 Warwick Blvd		<b>Newport News</b>
<b>7:30PM</b>	<b>12 + 12 = Change!! (O, WC &amp;)</b> Wesley Foundation (across from W&M soccer field), 526 Jamestown Road		<b>Williamsburg</b>
<b>7:30PM</b>	<b>Fresh Start for Open Hearts (O)</b> Poquoson Baptist Church, 283 Wythe Creek Road		<b>Poquoson</b>
<b>7:30PM</b>	<b>Serenity Circle (O, DISC)</b> Haygood United Methodist Church, 4713 Haygood Road, <i>Pam 757-636-2364, Trish 757-575-9350</i>		<b>Virginia Beach</b>
<b>8:00PM</b>	<b>Branching Out (O, BT, STEP)</b> Aldersgate United Methodist Church, western branch, 4320 Bruce Rd, <i>Joe B 757-397-6279</i>		<b>Chesapeake</b>
<b>8:00PM</b>	<b>Choose Life (O, BT, IP, SPK)</b> VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, <i>Candace J 7575856609 Dickie B 7574125029</i>		<b>Virginia Beach</b>
<b>8:00PM</b>	<b>Junks &amp; Drunks (O, STEP)</b> Ocean View Reformed Church, 1241 Hillside Ave, <i>Marsha N 757-470-6128</i>		<b>Norfolk</b>
<b>8:00PM</b>	<b>Raw Recovery (O, DISC)</b> Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd, <i>April M 757-322-7038</i>		<b>Virginia Beach</b>
<b>8:00PM</b>	<b>Time To Surrender (O, WC &amp;)</b> North Hampton Presbyterian Church (behind fire station), 1217 Todds Lane		<b>Hampton</b>
<b>10:30PM</b>	<b>End of the Night (O, DISC)</b> Old Donation Church, 4449 N. Witchduck Road, <i>Ann L 757-270-1141</i>		<b>Virginia Beach</b>

FRIDAY			
<b>6:45AM</b>	<b>Jump Start the Day (O, DISC)</b> First Lutheran Church, King & Washington, 600 King Street, <i>Teresa D 757-724-3685</i>		<b>Portsmouth</b>
<b>9:30AM</b>	<b>Morning Meditation (O, DISC, VAR, WC &amp;)</b> EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, <i>Mike M 757-305-2212, Rick K 757-753-0048</i>		<b>Norfolk</b>
<b>9:30AM</b>	<b>Trust The Process (O, WC &amp;)</b> St. Augustine's Episcopal Church, 2515 Marshall Avenue		<b>Newport News</b>
<b>NOON</b>	<b>A Meeting at Lunch (O)</b> First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue		<b>Hampton</b>
<b>NOON</b>	<b>High Noon (O, WC &amp;)</b> Recovery Baptist Church, 303 Blair Avenue		<b>Newport News</b>