

SUNDAY	
9:00AM	B Hope Ignited (O, DISC, WC &) Virginia Beach Recovery Club, 1900 Baltic Avenue, Virginia Beach, VA <i>(Dale 757-202-9693, Christine D 757-374-1348)</i>
9:00AM	T Men's Rap (O, DISC, M, WC &) Maryview Behavioral Center, First Floor side entrance, 3636 High Street, Portsmouth, VA <i>(Joe B 757-397-6279)</i>
11:00AM	T We Need A Meeting (O, BT, DISC, JFT, SPK, STEP, WC &) Maryview Hospital, 2nd Floor, Conference Room B, 3636 High Street, Portsmouth, VA <i>(Donna E 757-353-5895 (1-DISC, 2-STEP, 3-BT, 4-SPK, 5-JFT))</i>
3:00PM	T Wecovery (O, DISC) Great Bridge United Methodist Church, 201 Stadium Drive, Chesapeake, VA <i>(Chris 757-377-9236)</i>
5:00PM	B The Journey Continues (C, LIT) St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, VA <i>(Donna V 757-619-3737 (Living Clean Study))</i>
6:00PM	T It's About Time (O, SPK, WC &) Norview United Methodist Church, 1112 Norview Avenue, Norfolk, VA <i>(Jerome F 757-202-6163)</i>
7:00PM	T A Clear Message (O, BT, DISC, SPK, AB) Obici Hospital, Conf. Rm. C - Basement, 2800 Godwin Boulevard, Suffolk, VA <i>(Robyn T 954-822-9026 (1-BT, 2-AB, 3-DISC, 4-SPK))</i>
7:00PM	T New Phase Four (O, DISC, SPK, TOP) Saint John's Episcopal Church, 424 Washington Street, Portsmouth, VA <i>(Ron E 757-582-1070, Lloyd P 757-638-7157)</i>
8:00PM	T Mixed Group (O, DISC) First Lutheran Church, 1301 Colley Ave, Norfolk, VA <i>(Mike J 757-409-1676)</i>
8:00PM	B Sunday Sanity (O, DISC) VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, VA <i>(Karla W 757-434-6446, Pat O 757-633-2820)</i>
MONDAY	
6:45AM	T Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA <i>(Teresa D 757-724-3685)</i>
9:30AM	T Morning Meditation (O, WC &) EZ Does It Service Center, 1153 Harmony Road, Norfolk, VA <i>(Rick K 757-753-0048)</i>
NOON	T Help Me Think (O) Ingleside Baptist Church, corner of Gatling Ave, 925 Ingleside Rd., Norfolk, VA <i>(Carlton J 757-589-3564)</i>
7:00PM	T Monday Night Candlelight (O, BT) Haygood United Methodist Church, 4713 Haygood Rd, Virginia Beach, VA <i>(Eric D 757-580-2849)</i>
7:00PM	T New Beginnings (O, WC &) Church of the Resurrection, @ Midfield Pkwy, 3501 Cedar Lane, Portsmouth, VA <i>(Greg C 757-636-3745)</i>
7:30PM	T How It Works (O) Mt. Sinai United Holy Church, Off Watts Avenue, 2710 Columbus Avenue, Portsmouth, VA <i>(Tommy M 757-537-5186)</i>
7:30PM	B Living The Program (O) Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Virginia Beach, VA <i>(Lance G 757-692-7864, Steve K 757-715-1075)</i>
7:30PM	T The Winding Road (C) Oak Grove United Methodist Church, across from water tower, 472 N. Battlefield Blvd, Chesapeake, VA <i>(Justin K 757-773-4403, Rich B 757-737-4267)</i>

MONDAY (CONT)	
8:00PM	T Raw Recovery (O) Homeless Shelter (Judeo-Christian Outreach Ctr.), E of Birdneck Rd, 1053 Virginia Beach Blvd, Virginia Beach, VA <i>(Earl H 757-235-4877)</i>
8:00PM	T Recovery on the Hill (O) Ocean View Christian Reformed Church, 1241 Hillside Avenue, Norfolk, VA <i>(Fred R 757-695-6500)</i>
10:30PM	T End of the Night (O) Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA <i>(Ann V 757-270-1141)</i>
TUESDAY	
6:45AM	T Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA <i>(Teresa D 757-724-3685)</i>
9:30AM	T Morning Meditation (O, WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Norfolk, VA <i>(Rick K 757-753-0048)</i>
NOON	T The Emergency Unit (O) Holy Communion Lutheran Church, Hodges Ferry Rd & Bob White St, 6220 Portsmouth Blvd, Portsmouth, VA <i>(Dora H 757-735-7615)</i>
5:30PM	T Just For Today (O) First Lutheran Church, Corner of Colley Ave. & Baldwin Ave., 1301 Colley Avenue, Norfolk, VA <i>(Bill A 757-647-7707)</i>
7:00PM	T Awesome Life (O) Great Bridge United Methodist Church, Corner of S. Battlefield & Stadium, 201 Stadium Drive, Chesapeake, VA <i>(Carrie L 757-560-8177)</i>
7:00PM	T Count Your Blessings (O) Oaklette United Methodist, Park in Rear, Corner Indian River & Oaklett, 520 Oaklette Dr, Chesapeake, VA <i>(Daniel A 757-418-1690)</i>
7:00PM	T Keep Coming Back (O) New First Baptist Church of Taylorsville, By Fredrick Blvd, 2720 Turnpike Road, Portsmouth, VA <i>(Francis P 757-679-1151)</i>
7:00PM	T Let It Be (O) Ocean View Christian Reformed Church, 1 block from Ocean View & Beach View, 1241 Hillside Ave, Norfolk, VA <i>(Jessica P 757-822-4559)</i>
7:00PM	T We Can Change (O) Oakdale Presbyterian Church, West of Tidewater Dr. between Harriet & Van Patten Rd., 550 East Little Creek Rd., Norfolk, VA <i>(Edward A 757-818-2737)</i>
7:30PM	T Freedom Group (O) St. Nicholas Fellowship Hall, 621 First Colonial Road, Virginia Beach, VA <i>(Kristina D 757-270-9509)</i>
7:30PM	B In Times of Illness (O) VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, VA <i>(Bill S 757-717-1815)</i>
7:30PM	B There's A Light (O) Ocean Lakes Church of Christ, 1200 Dam Neck Road, Virginia Beach, VA <i>(Ian B 757-717-7900, Geoff L 757-641-3159)</i>
8:00PM	T A Gift Called Life (O) United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Portsmouth, VA <i>(Brian L 757-619-7375, Sean H 757-438-1688)</i>
8:00PM	B Enjoying the Journey (O) Water's Edge Church of God, Near South Plaza Trail, 4141 Holland Road, Virginia Beach, VA <i>(Billy B 757-681-4341)</i>
10:30PM	T End of the Night (O) Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA <i>(Ann V 757-270-1141)</i>

WEDNESDAY	
6:45AM	T Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA <i>(Julia S 804-614-6603)</i>
9:30AM	T Morning Meditation (O, WC &) EZ Does It Service Center, 1153 Harmony Road, Norfolk, VA
NOON	B Visible Changes (O) Emmanuel Episcopal Church, Off S Witchduck, 5181 Princess Anne Road, Virginia Beach, VA
5:00PM	T In Recovery (O, VAR) Christ & St. Luke Church, In Basement, 560 W. Olney Rd, Norfolk, VA
7:00PM	T Daily Recovery (O, VAR) Mount Gilead Church, 1057 Kennedy St, Norfolk, VA
7:00PM	T Surrender and Recovery (O) United Congregational Christian Church, between Hodges Ferry & Charlotte, 5900 Portsmouth Blvd, Portsmouth, VA <i>(Thomas G 757-647-1481)</i>
7:00PM	T The Stand (O) New Calvary Baptist Church, 800 E Virginia Beach Blvd, Norfolk, VA <i>(Doris T 757-961-7325)</i>
7:15PM	B Straight Ahead (O) Christ Presbyterian, 709 Aragona Blvd, Virginia Beach, VA <i>(Chris P 757-535-7227)</i>
7:30PM	T Change We Must (C) Great Bridge Evangelical Free Church, across from old high school, 173 Mt. Pleasant Road, Chesapeake, VA <i>(Katie K 757-405-8464)</i>
7:30PM	T Life & Hopeline (O) Suffolk Christian Church, by courthouse, 216 North Main St., Suffolk, VA <i>(Rob T 757-923-5461)</i>
7:30PM	T What Can I Do (O) Holy Communion Lutheran Church, Hodges Ferry, 6220 Portsmouth Blvd, Portsmouth, VA <i>(Sabrina P 757-228-0730)</i>
8:00PM	T Better by the Bay (O, WC &) Miles Memorial United Methodist Church, @Government Street (rear entrance), 9450 Granby Street, Norfolk, VA <i>(Ryan D 757-651-5316)</i>
8:00PM	B Trusted Servants (O) St. Francis Episcopal Church, 509 S Rosemont Road, Virginia Beach, VA <i>(Kevin F 757-777-2363)</i>
8:00PM	T Where's Lot 14? (O) Sentara Norfolk General Hospital, Dining Room #1, 600 Gresham Drive, Norfolk, VA <i>(Gary 757-237-4507, Juanita 757-685-8848)</i>
8:30PM	T Stepping into Recovery (O) Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA <i>(Mary P 757-739-1726)</i>
10:30PM	T End of the Night (O) Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA <i>(Ann V 757-270-1142)</i>
THURSDAY	
6:45AM	T Jump Start the Day (O) First Lutheran Church, Washington & King, 600 King Street, Portsmouth, VA <i>(Teresa D 757-724-3685)</i>
9:30AM	T Morning Meditation (O, WC &) EZ Does It Service Center, Off N. Military Hwy. & Raby Rd, 1153 Harmony Road, Norfolk, VA <i>(Rick K 757-753-0048)</i>
NOON	T Lunch Time Recovery (O) Ocean View Christian Reformed Church, 1 Block from Ocean View Avenue & Beach View Street, 1241 Hillside Avenue, Norfolk, VA <i>(LaTrisha 757-285-1964, Jerome F 757-202-6163)</i>
NOON	T Reason To Believe (O) Church Of Saint Therese, Across from Chesapeake Square Mall@ Coffman Blvd, Enter front, Rooms 10 & 11, 4137 Portsmouth Blvd, Chesapeake, VA <i>(Johnny D 757-287-4430)</i>

THURSDAY (CONT)	
6:30PM	T Got to Have It (O) Queen Street Baptist Church, 413 E. Brambleton Avenue, Norfolk, VA <i>(Frederick J 757-374-1577, Juanita S 757-685-8848)</i>
7:00PM	T Freebird (O) Craddock Baptist Church, and Harris Road, 96 Afton Parkway, Portsmouth, VA <i>(Roland C 757-328-2243, Jen J. 757-582-4947)</i>
7:00PM	T Second Chance (O) Great Bridge United Methodist Church, @S. Battlefield, 201 Stadium Drive, Chesapeake, VA <i>(Bernard 757-778-1755, Louie L 757-560-8172)</i>
7:00PM	B Shattering the Illusion (O) St. Michaels Lutheran Church, 2208 Princess Anne Road, Virginia Beach, VA <i>(Bryan M 757-635-7414, Tim B 714-3132)</i>
7:00PM	T Show Me How To Live (C) Sacred Heart Church, 520 Graydon Avenue, Norfolk, VA
7:30PM	T Caring and Sharing (O) Unity Renaissance Church, behind Greenbriar Mall, 1120 Eden Way N, Chesapeake, VA
7:30PM	T Girls Nite Out (O) First Friends Church, 5307 Portsmouth Blvd., Portsmouth, VA <i>(Kat 757-359-3793, Missy 757-753-6223)</i>
7:30PM	B Serenity Circle (O) Haygood United Methodist Church, 4713 Haygood Road, Virginia Beach, VA <i>(Pam 757-636-2364, Trish 757-575-9350)</i>
8:00PM	T Branching Out (O) Aldersgate United Methodist Church, western branch, 4320 Bruce Rd, Chesapeake, VA <i>(Joe B 757-397-6279)</i>
8:00PM	B Choose Life (O) VA Beach Psych Center, next to hospital, 1100 First Colonial Rd, Virginia Beach, VA <i>(Phil S 757-771-6763)</i>
8:00PM	T Junks & Drunks (O) East Ocean View Baptist Church, Social Hall, 9609 9th Bay Street, Norfolk, VA <i>(Marsha N 757-470-6128)</i>
8:00PM	T Raw Recovery (O) Judeo-Christian Outreach Center - Homeless Shelter, E of Birdneck Rd, 1053 Virginia Beach Blvd, Virginia Beach, VA <i>(April M 757-322-7038)</i>
10:30PM	T End of the Night (O) Old Donation Church, 4449 N. Witchduck Road, Virginia Beach, VA <i>(Ann V 757-270-1141)</i>
FRIDAY	
6:45AM	T Jump Start the Day (O) First Lutheran Church, King & Washington, 600 King Street, Portsmouth, VA <i>(Teresa D 757-724-3685)</i>
9:30AM	T Morning Meditation (O) EZ Does It Service Center, Off N. Military Highway & Raby Road, 1153 Harmony Road, Norfolk, VA <i>(Mike M 757-305-2212, Rick K 757-753-0048)</i>
NOON	T The Continuing Quest (O) First Lutheran Church, Corner Colley Ave & Baldwin Ave, 1301 Colley Avenue, Norfolk, VA <i>(Dave E 757-663-2723)</i>
NOON	B Write Now Meeting (C) Providence Presbyterian Church, 5497 Providence Rd, Virginia Beach, VA <i>(Christine O 757-729-3282)</i>
6:00PM	T The Happy Hour (C) Faith Community Church, 100 East 30th Street, Norfolk, VA <i>(Lafayette R 757-696-7534, Jerome F 757-202-6163)</i>
7:00PM	T Agape (O) St. Paul, @ Dunbarton, 437 Providence Rd, Chesapeake, VA <i>(Julius K 757-470-7494)</i>
7:00PM	T Life and Hopeline (O) Sentara Obici Hospital, 2800 Godwin Boulevard, Suffolk, VA <i>(Benjamin B 757-537-5055)</i>

